

# carenews

together we are transforming the future of health care

june 1, 2015  
volume 5 | issue 22



This week, we round the bend on our commitment to the American Heart Association Providence Heart Walk which will be held Sunday, June 7, starting at Station Park in Providence.

Good Day!

This week, we honor Dr. Patricia Recupero at a special event on the Butler campus on June 3. The president and CEO of Butler Hospital for 15 years, Pat set the course for psychiatric medicine at Butler, Brown and Care New England. Under her leadership, the hospital's research programs flourished, bringing in millions of dollars in grant funding. Her tireless efforts enabled the hospital to expand in response to Rhode Island's growing need for acute psychiatric care.

Pat is a true innovator in her field. She is board-certified in forensic, addiction, and general adult psychiatry, applying the science of psychiatry in determining the biological underpinnings of mental illness, while also identifying and providing the most effective treatment for patients. As a practicing psychiatrist holding both an MD and JD, Pat helped shape the delivery of mental health care from both a clinical and a policy perspective.

Pat is a teacher and a mentor. She is a clinical professor of psychiatry at the Alpert Medical School. Prior to becoming president of Butler, she served as a residency training director in both Rhode Island and Boston, guiding the development and education of hundreds of physicians-in-training. As president of Butler, she developed and mentored the team that today is leading the hospital.

Pat is a tireless advocate. She has lent her expertise to advocacy organizations, professional associations and through a variety of public policy platforms, and she became the go-to expert for the Rhode Island General Assembly leadership in working toward fair and enlightened treatment for those with mental health issues. Her deep concern for those who struggle earned her the Community Champion Award from

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## In this issue:



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Northern Rhode Island Community Services and the Exemplary Psychiatrist Award from the National Alliance for the Mentally Ill.

Pat brings passion to all she touches. Outside of mental health, she has worked diligently to advance academics. While she has left her position as president of Butler in the able hands of Dr. Larry Price, she has not retired and has turned her attention to furthering academics across Care New England. We are fortunate that Pat will continue to lead and innovate as the senior vice president for academics and training for Care New England.

How do we honor such a legacy? We assure it lives on. Through the generosity of many of Pat's colleagues and friends, we have established The Dr. Patricia Recupero Psychiatry Resident Fund for Excellence in Clinical Education as a living tribute to what Pat has devoted so much of her professional life to.

Dr. Jane Eisen, head of the residency program at Butler and Brown, helped to sharpen the focus of this fund that will provide support for second through fourth year psychiatry residents at Butler Hospital and the Alpert Medical School. Grants will be made to residents with an interest in developing and implementing new clinical methods or administrative models used for training residents and medical students.

We are all profoundly grateful to Pat for the tremendous contributions she has made to the field of psychiatry and the outstanding leadership she brought to Butler Hospital, and we look forward to working alongside her as she builds academics across the system with the same passion and leadership she brought to mental health. Congratulations, Pat, on this milestone in your professional career!

Also this week, we round the bend on our commitment to the American Heart Association Providence Heart Walk being held Sunday, June 7, starting at Station Park in Providence. The day starts early with registration at 7 a.m., the walk kicking off at 8 a.m., and closing festivities wrapping up by 10:30 a.m., so there is plenty of time to enjoy a beautiful Sunday!

In response to last week's incentive, I congratulate Rosemary Marzilli for winning the Fitbit. Thank you for your support!

For any CNE employee who gives a personal gift of \$250 and/or fundraises \$250 in new dollars this week, you will be entered into a drawing to win an Apple iWatch! You can give by going to the Care New England fundraising page and choose to give to the company, a team or a specific walker. You can also sign up to be a walker on any team and give your personal gift. If you are a registered walker, sign in to your Heart Walk website and choose to give a gift from your My HQ page. For any questions, please contact Amanda at [Amanda.Komorek@heart.org](mailto:Amanda.Komorek@heart.org) or (401) 228-2325.

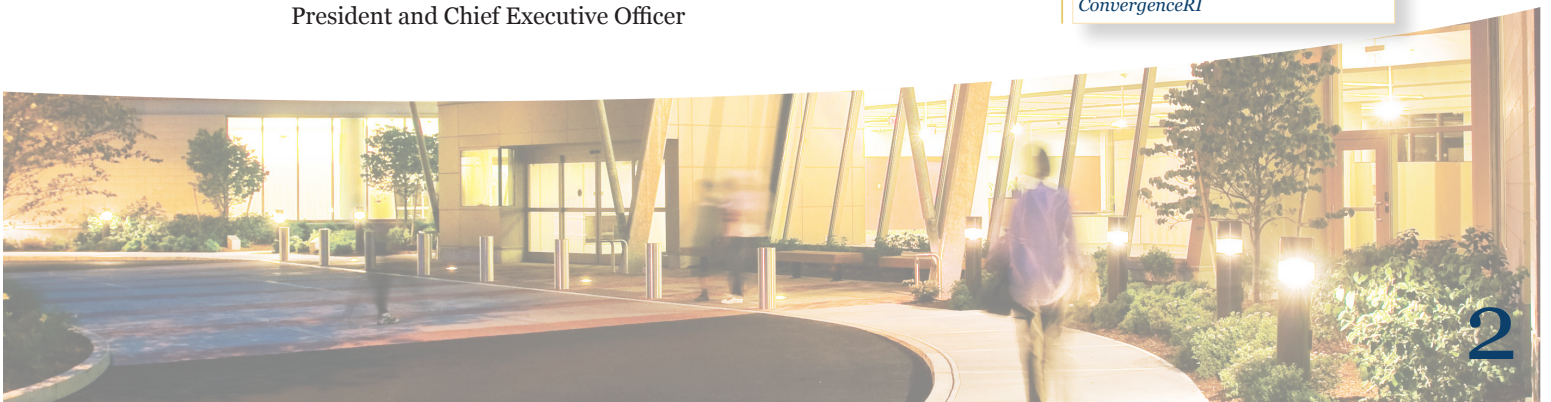
We're almost there, give for someone you love, give for the health of it!

Sincerely,

*Dennis D. Keefe*

Dennis D. Keefe  
President and Chief Executive Officer

**ConvergenceRI**  
Click [here](#) to view this week's  
*ConvergenceRI*





## Dr. Gary Frishman authors editorial in *Journal of Minimally Invasive Gynecology*

As school children, we were always taught to check and double check our work. So it should come as no surprise that some of the best and brightest surgeons often perform a second-look surgery after a procedure or course of treatment to determine if their patient is free from adhesions (scar tissue.) If adhesions are still found during a second-look laparoscopy (SLL), additional procedures may or may not be performed at that time. There are, however, risks to second-look surgery, as well as the cost associated with any surgery.



Gary N. Frishman, MD, associate director of the Division of Reproductive Endocrinology and Infertility and Residency Program director at Women & Infants Hospital and The Alpert Medical School of Brown University, where he is also a professor of obstetrics and gynecology, recently published an editorial entitled “Is it Time to Take a Second Look at Second-Look Laparoscopy?” in *The Journal of Minimally Invasive Gynecology* (<http://jmig.org>), a professional journal for which he is the deputy editor.

“Given both the costs and risks associated with second-look laparoscopy, AAGL (formerly the American Association of Gynecologic Laparoscopists) and our membership should strive to have SLL serve as a model for responsible health care,” said Dr. Frishman. “This should include a prospective determination of who is the best and, ideally, most cost effective and low-risk candidate alongside capturing outcome data which can be periodically reviewed to confirm any emerging standard of care.”

Laparoscopy is a minimally invasive surgical procedure that involves several small cuts, each measuring less than 1/2 inch, which are made on the stomach. A tiny camera is put through one cut so the surgeon can see the internal organs on a video screen. The surgeon puts surgical instruments through the other cuts to operate. Laparoscopy gives the surgeon a view that is similar to an open stomach cut but decreases the pain and recovery time.

In discussing SLL, Dr. Frishman concludes that “... it is, indeed, time to take a second look at second-look laparoscopy” to ensure that the procedure is done in a way that balances the benefits to the patient with the costs and frequency of the procedure.

Dr. Frishman said, “Women & Infants Hospital is fortunate to have many experts in minimally invasive gynecologic surgery such as laparoscopy, and our surgeons are recognized thought leaders on these procedures, the technology, and the best options for our patients.”

## Memorial’s Dr. Magee interviewed for *Ob.Gyn. News* on Gentle Cesareans

Susanna Magee, MD, MPH, director of Maternal Child Health at Memorial Hospital, was recently interviewed for an article in *Ob.Gyn. News*, entitled “Cesareans following shift toward patient-centered care.”

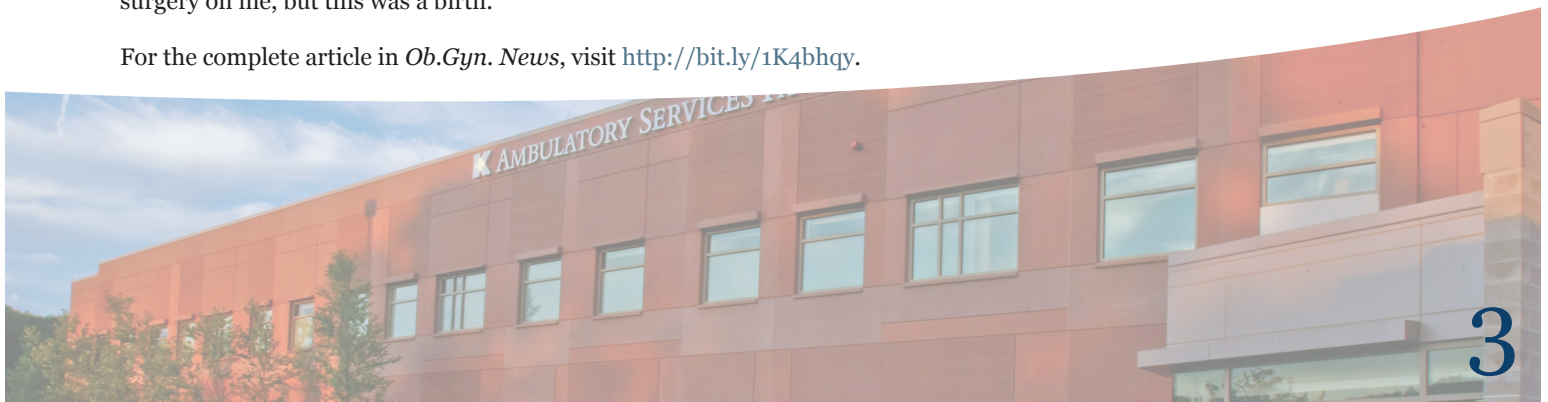
Memorial implemented gentle cesarean in 2011 as a more natural, patient-centered approach to childbirth even for patients with unscheduled or urgent cesareans. Dr. Magee says, “Despite the often inherent challenging nature of change, those who have been involved in this paradigm shift at Memorial Hospital have grown to appreciate what gentle cesarean offers for families.”



She and other Memorial physicians recently published about their experience with 144 gentle cesarean births from 2009 to 2013 in the *Journal of The American Board of Family Medicine*, reporting no increase in complications, operating room times or infection rates.

“It was truly patients that brought (gentle cesarean) to our attention, and I think that’s important. It’s a patient-centered technique,” Dr. Magee said, adding that the highest compliment came from a mother who remarked, “I know you did surgery on me, but this was a birth.”

For the complete article in *Ob.Gyn. News*, visit <http://bit.ly/1K4bhqy>.



## CNE Cardiovascular Care holds successful Afib symposium

On Thursday, May 28, Care New England Cardiovascular Care hosted its 2nd Annual AFib Symposium at the Crowne Plaza in Warwick. Coordinated by Bruce Koplan, MD, MPH, director of the cardiac arrhythmia service for Care New England, along with his colleagues, the session was attended by more than 270 interested members of the community. Forum topics included: What is AFib? Medications for Rate and Rhythm Control, Recognizing AFib, Electrical Cardioversion for AFib, Catheter Ablation, Stroke Prevention and AFib in Women.



Atrial Fibrillation (AFib) affects more than two million people in the United States and is the most common type of irregular heart rhythm (arrhythmia.)

Shown here are: John Murphy, MD; Alan Rosen, MD; Chester Hedgepeth, MD, PhD; Ryan J. Broderick, MD; Heather Hurlburt, MD; and Bruce A. Koplan, MD, MPH.

## W&I speakers participate in Brown commencement forum

On Saturday, May 23 an interdisciplinary panel of faculty from the School of Public Health, Alpert Medical School, Hasbro Children's Hospital, and Women & Infants Hospital joined in a lively discussion on *Maternal and Child Health—The importance of a great start!* and set sights on a lofty health aspiration for our state. That is, to “make Rhode Island the healthiest place in the world for children.” Focusing on some of the pioneering work our faculty is undertaking, the forum highlighted how environment, genetics and social experiences impact early childhood development. Speakers included Dr. Maureen Phipps, the Chace-Joukowsky Professor of Obstetrics and Gynecology, professor of epidemiology, assistant dean for teaching and research on women's health, and chair of obstetrics and gynecology, who described interventions to prevent postpartum depression and her important research in this area, and Dr. James Padbury, William and Mary Oh-William and Elsa Zopfi Professor of Pediatrics for Perinatal Research and professor of pediatrics, who talked about his work with Dr. Barry Lester that documented improved neonatal outcomes since the launch of Women & Infants single family room NICU in June 2008.



## VNA welcomes new Human Resources Director

The VNA of Care New England is proud to welcome Christina Johnk as director of human resources. Christina joins Care New England with more than 15 years of progressive human resources experience, working recently for CVS Health as a senior advisor and human resources business partner.



Christina's areas of expertise include policies and procedures, performance management, legal and compliance, recruitment, and labor and employee relations. In 2012, Christina received the CVS “Breakthrough Award” for her participation in restructure and implementation of the MinuteClinic Field Organization.

Since 2013, Christina has served as president of the board of directors for Rhode Island Family Homeless Shelter in Warwick, and also serves as a member of the board of directors for Alternatives Unlimited in Massachusetts. She is a native Rhode Islander and resides in Warwick with her children AJ and Grace.

Please welcome Christina to the CNE family!



## CNE Marketing Communications team earns eight regional awards

At its recent 25th Annual Lamplighter Awards, The New England Society for Healthcare Communications (NESHCo) honored 68 hospitals, health care facilities and marketing/advertising agencies for excellence in marketing, public relations and communications.

Of those, the following were brought home by the CNE Marketing Communications team:

- Gold award in the category “Website: Less than \$100,000” for the Memorial Hospital website.
- Silver award in the category “Websites – Microsite Produced In-House” for the Center for Brain and Behavioral Health Microsite.
- Silver award in the category “Video – Short Format Series Produced In-House” for Care New England Talks Your Health Video Series.
- Gold award in the category “Publications-Brochure Produced In-House” for the CNE Cardiovascular Care Booklet.
- Gold award in the category “Publications – Annual Report Produced In-House” for Women & Infants’ Department of OB/Gyn Annual Report.
- Award of excellence in the category “Printed Piece Design Produced In-House” for the Memorial Hospital brochure series.
- Award of excellence in the category “Community Relations Event/Campaign Produced In-House” for the Memorial Hospital Your Health and Wellness Spanish Lecture Series.
- Silver award in the category “Cause/Social Marketing Campaign Produced In-House” for the CNE Transforming End-of-Life Care campaign.



The Lamplighters were established to showcase and honor health care communications excellence in the New England region. The 2015 competition included 328 entries from throughout the region. Entries were judged by the Georgia Society for Healthcare Marketing and Public Relations and the Mississippi Society for Healthcare Marketing and Public Relations. 