

# carenews

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Good day!

When “I” is replaced with “we” even “illness” becomes “wellness”...

## In this issue:



So says a poster put out by Active Minds, a national nonprofit that is working to change the conversation about mental health for young adults. The need is great. Consider this: One in four young adults between the ages of 18 and 24 have a diagnosable mental illness, and more than 25 percent of college students have been diagnosed or treated by a professional for a mental health condition within the past year.<sup>1</sup>

Up until now, young people who sought treatment were integrated into adult programs and found it difficult to relate as lifestyle, beliefs and worries greatly vary from generation to generation. Butler Hospital is out to change that.

In a quiet launch last month, Butler Hospital opened its new Young Adult Partial Hospital Program. The program is designed to meet the specific needs of 18 to 26 year olds dealing with depression or other psychiatric illnesses, in addition to handling life changes of being more independent, transitioning in school or work, falling in and out of relationships, and the wide variety of issues young adulthood brings. Patients will benefit from a program designed just for them in a shared setting where others are often addressing similar issues.

Led by Dr. Michael Wolfe, the new service will offer a supportive environment empowering young adults to learn how to gain control of their illness and work toward achieving their personal goals. In typical Butler fashion, the team will make the difference, and are experts in treating anxiety, depression, mood

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disorders, psychotic disorders, trauma and impulsive behaviors that arise during this stage of life. A psychiatrist will provide medical management, intensive therapies and program oversight. Licensed clinical workers lead group therapy and offer individualized attention. Occupational therapists offer life-skill education and development based on the patient's goals for next steps. Case managers guide patients and families through any needed transitions of care.

The program will be complemented by the setting. Situated in newly renovated space on the third floor of Butler's Center House, the space is called The Hall at Center House. It is designed to have the feel of a college dorm or student union where young adults will relate to the bright colors, modular furniture and fun art. Encompassing a suite of private offices for physicians, program management and therapists, two group meeting rooms, and two community rooms (one social, one quiet), the space is literally a long hallway with rooms accessible along the corridor, befitting the name.

The program has a census capacity of 21 patients, and, on average, patients will participate between five and eight days. Within weeks of the opening last month, the team was seeing close to its capacity. But, because of the tremendous need and because of the excellence of this new service, we still will bring light to this new program by offering a series of special events as well as a marketing and social media campaign.

As Dr. Larry Price, president and chief operating officer of Butler Hospital, has recently said, "This is a critical issue as recent studies indicate that the suicide rate on college campuses has tripled since the 1950s. Creating a safe and relevant place and program to facilitate earlier interventions will mean better long-term health outcomes."

With Butler, The Providence Center, and all of our Care New England organizations, we are proud to continue to advance enlightened treatment for those with mental and behavioral health issues.

{ If you have questions about this new service, please call (401) 455-6223 or visit <http://butler.org/partial/young-adult-partial.cfm>. }

Be good to one another!

*Dennis D. Keefe*

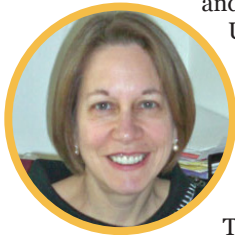
Dennis D. Keefe  
President and Chief Executive Officer



[NAMI\\_on\\_Campus/Learn\\_About\\_The\\_Issue/Learn\\_About\\_The\\_Issue.htm](#)

## Memorial researcher earns subcontract to study pain indices

Roberta Goldman, PhD, director of Community Participatory Research at the Center for Primary Care and Prevention at Memorial Hospital, recently earned a subcontract from Southern California University to help her pursue qualitative research into the different ways pain is recorded. This includes investigating which methods for measuring and reporting pain impact patients' experiences of pain, and which are most important for their physicians to understand.



Measures of pain used by researchers are typically drawn from patients' reports of their average level of pain intensity. To advance the measurement of pain, Dr. Goldman and other researchers will develop a set of indices representing new ways to consider pain experiences.

These will involve gauging various measurements of pain intensity, environmental setting, and time-related components.

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“These innovative indices will go well beyond the relatively simple conceptualization of average pain to explore a broader selection of potentially useful ways to report pain,” Dr. Goldman explains. “Finding ways to more effectively understand both patients’ pain and the effect of treatment on that pain is critical for clinicians as they work with patients to improve their health and reduce their pain.”

Her study, “Innovative pain outcomes derived from patients’ real-time pain reports,” is funded by a three-year grant from the National Institutes of Health. The subcontract will provide a little more than \$100,000 in salary for Dr. Goldman. As co-investigator of the study, she will serve as the lead for all qualitative components of the research, which will involve in-depth interviews with a nationwide sample of patients with chronic pain, clinicians who treat patients with chronic pain, U.S. and European governmental prescription drug regulators and clinical trial researchers.

Dr. Goldman is also a clinical professor of family medicine in The Warren Alpert Medical School of Brown University and director of the Scholarly Development Program in the Brown Family Medicine Residency Program at Memorial.

The Center for Primary Care and Prevention is dedicated to promoting research, knowledge enrichment, and improving practice in primary care and prevention. Research conducted by its faculty members aims to help providers in the prevention, diagnosis and treatment of various illnesses.

## Dr. Patricia Spencer to retire

Last week, it was announced that Dr. Patricia Spencer, radiologist-in-chief at Women & Infants Hospital, will be retiring after a 35-year career at the hospital. She will be leaving at the end of 2015.



Dr. Spencer began her career as a staff radiologist in 1981 at the Providence Lying-In Hospital and became chief of radiology in 1998. She developed and expanded the Women’s Diagnostic Imaging Department into a Center of Excellence, a core component of the hospital’s multidisciplinary model of care providing services for more than 60,000 patients annually. Dr. Spencer fully recognizes that patients needing any of our services are anxious and nervous when they come in for an appointment. She and the radiologists in the Diagnostic Imaging Department truly exemplify patient centered care, putting patients at ease in a highly technical environment and providing state of the art imaging diagnoses.

A graduate of Yale University, Dr. Spencer earned her medical degree from the University of Massachusetts Medical School. She completed a medical internship at Rhode Island Hospital and radiology residency at Massachusetts General Hospital. She is a clinical assistant professor of diagnostic imaging at The Warren Alpert Medical School of Brown University. Additionally, Dr. Spencer has served as a Rhode Island State Commissioner for the Radiation Advisory Committee, is a past president of the New England chapter of the American Association of Women Radiologists, and is a fellow of the American College of Radiology.

Congratulations, Dr. Spencer, on your many years of service.

## Care New England goes to Washington

Representatives of Care New England traveled to Washington, DC last week to advocate on behalf of CNE and other hospitals across the country dedicated to high-quality care for all, including the most vulnerable. As part of the Fall Policy Assembly hosted by America’s Essential Hospitals (AEH), formerly the National Association of Public Hospitals and Health Systems, Mark Marcantano, president and chief operating officer of Women & Infants Hospital, met with all four members of the Rhode Island delegation or their staff to discuss issues critical to the future of our organizations. Topics included support for the 340B Drug Pricing Program, which requires drug manufacturers to



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provide expensive drugs to eligible health care organizations at significantly reduced prices, potential co-sponsorship of a bill (H.R.1343/S688) requiring a risk-adjusted formula be used when calculating readmissions penalties for hospitals located in underserved communities, and backing of legislation that would provide additional Graduate Medical Education (GME) funding for specialty hospitals such as Women & Infants. AEH is the only national association and champion for hospitals and health systems, supporting members such as Care New England with advocacy, policy development, research, and education.

## Memorial School of Nurse Anesthesia graduates celebrated

Ceremonies for the 49th graduation of the Memorial Hospital of Rhode Island School of Nurse Anesthesia Program took place on October 23, 2015 in the hospital's Medical Staff Auditorium. Hospital administration, staff, family and friends were on hand to honor the eight graduates.

This year's graduates are: Tyler Berch of Littleton, CO; Kathleen Bourski of Warwick, RI; Kathryn Foster of Hershey, PA; Bryana Gillespie of Calais, ME; Ewa Korzeniowska of Tacoma, WA; Kenneth Leeberg of Lombard, IL; Marwan Rayan of Roanoke, VA; and Austin Smith of Big Sandy, TX.

Mark A. Foster, APRN, CRNA, director of Memorial's School of Nurse Anesthesia Program, recognized the accomplishments of the eight nurse anesthetists. He noted how the graduates devoted the past 29 months to a comprehensive didactic and clinical curriculum, earning a master of science degree in biological sciences/anesthesia.

Foster also thanked the following individuals who supported the program: Susan Walker, MD, anesthesiologist-in-chief (interim); anesthesiologists with Anesthesia Care; Ruth Rollin, PhD, academic coordinator of Central Connecticut State University; Keith Macksoud and Elena Litmanovich, both CRNA faculty; the surgeons and staff in the hospital's Operating Room, Post Anesthesia Care Unit, Surgical Place Recovery Unit and the Pulmonary Function Lab; Cyndi Hannaway, secretary for the Department of Anesthesia; and the clinical coordinators and adjunct faculty at the following clinical sites—Susan Roessle, APRN, CRNA from St. Luke's Hospital in New Bedford, MA; Helen Mandybur, APRN, CRNA coordinator at Kent Hospital; Joseph Criniti, APRN, CRNA coordinator at St. Francis Hospital, Hartford CT; and Dr. Sana Ata, chairperson and coordinator at Lahey Hospital and Medical Center, in Burlington, MA.



*Left to right, Mark Foster, APRN, CRNA, CRNA program director; graduates Kenneth Leeberg, Austin Smith, Kathleen Bourski, Bryana Gillespie, Tyler Berch, Ewa Korzeniowska, Kathryn Foster, and Marwan Ryan; and Susan Walker, MD, anesthesiologist-in-chief (interim).*



## Kent celebrates alumni

On Monday, October 26, Kent Hospital hosted its annual alumni breakfast, in the Doctors' Auditorium. Eighty-five retired employees attended a breakfast and reunited once again with colleagues and friends.

*Pictured are Kent alumni from Surgical Services, Ann Bouchard, Judith Elliott, and Barbara McCormick.*





## The Providence Center to hold Circle of Stars fundraiser

The Providence Center's annual Circle of Stars event is set for Tuesday, November 10 at the Rhode Island Convention Center. The fundraising event honors individuals and corporations for their philanthropic support of the community.



This year's honorees are Alpha Pension Group, represented by Rich Cawthorne and Mark Salamone, and Rosemary Mede, chief human resources officer at The Providence Center. A portion of the proceeds from Circle of Stars will support The Providence Center's commitment to professional development and career ladder programs for staff.

For more information on sponsorships and tickets, please contact Lisa Desbiens at (401) 528-0127 or [lidesbiens@provctr.org](mailto:lidesbiens@provctr.org). 