

DOCTOR'S ORDER SHEET

Room Number _____

Authorization is hereby given to dispense a
chemically identical drug (according to hospital
formulary policy) unless box provided is checked ☐

Allergies: _____

Date	Time	Stress Dose Steroids for Gynecologic Surgery and Vaginal or Cesarean Delivery (PRE-OPERATIVELY)	Nurse Signature Time posted
		☐ Hypothalamic-Pituitary-Adrenal (HPA) axis suppression 'unlikely': - Less than 5mg of prednisone or equivalent (see reverse) per day for any duration. - Alternate-day single morning dose of short-acting glucocorticoid of any dose or duration - Any dose of glucocorticoid for less than 3 weeks ☐ Give usual daily glucocorticoid dose during perioperative period: Dose: Give _____ PO / IV (circle one) q _____ hr	
		☐ HPA axis suppression 'documented' / 'presumed' / 'uncertain': - More than 5mg of prednisone or equivalent (see reverse) per day for 3 weeks or more in the past year - Cushingoid appearance and a history of glucocorticoid use - Biochemical adrenal insufficiency on low-dose ACTH stimulation test Choose ONE of the following options: ☐ Minor Procedure or Local Anesthesia (dilation and curettage or surgery under local anesthesia) : - Give usual glucocorticoid dose before surgery with no supplementation: Dose: Give _____ PO / IV (circle one) q _____ hr ☐ Moderate Surgical Stress (vaginal and cesarean delivery, laparoscopy and vaginal and abdominal hysterectomy): - Give Hydrocortisone Na Succinate 50mg IV prior to induction of anesthesia ☐ Major Surgical Stress (radical hysterectomies, debulking of large tumors or any procedure associated with massive fluid shifts) - Give Hydrocortisone Na Succinate 100mg IV prior to induction of anesthesia	
		Provider Signature _____	

Date	Time	Stress Dose Steroids for Gynecologic Surgery and Vaginal or Cesarean Delivery (POST-OPERATIVELY)	Nurse Signature Time posted
		☐ Hypothalamic-Pituitary-Adrenal (HPA) axis suppression 'unlikely' (as defined above): ☐ Give usual daily glucocorticoid dose during perioperative period: Dose: Give _____ PO / IV (circle one) q _____ hr	
		☐ HPA axis suppression 'documented' / 'presumed' / 'uncertain' (as defined above): Choose ONE of the following options: ☐ Minor Procedure or Local Anesthesia (as defined above): - Give usual glucocorticoid dose with no supplementation: Dose: Give _____ PO / IV (circle one) q _____ hr ☐ Moderate Surgical Stress (as defined above): - Give Hydrocortisone Na Succinate 25mg IV every 8 hours for 48 hours then resume usual dose of steroids: Dose: Give _____ PO / IV (circle one) q _____ hr ☐ Major Surgical Stress (as defined above): - Give Hydrocortisone Na Succinate 50 mg IV every 8 hours for 72 hours then resume usual dose of steroids: Dose: Give _____ PO / IV (circle one) q _____ hr	
		Provider Signature _____ Provider Printed _____ Provider Beeper _____	

Systemic Equivalencies of Corticosteroids

<u>Glucocorticoid</u>	<u>Approximate Equivalent Dose</u>
Cortisone	25 mg
Hydrocortisone	20mg
Methylprednisolone	4mg
Prednisolone	5mg
Prednisone	5mg
Triamcinolone	4mg
Betamethasone	0.6-0.75mg
Dexamethasone	0.75mg