

Women and Infants'
Patient Instructions Before Surgery
Department of Anesthesiology

What should I bring with me if I need to meet with the Anesthesiologist before my surgery?

- Bring your medicines and any information about your health.

Can I eat or drink anything before my surgery?

- Do **not** eat or drink after midnight, the night before your surgery.

What should I bring to the hospital on the day of surgery?

- Bring a list of all your medicines (the names, amounts and how often you take the medicines).

If I have a cold during the week before my surgery, what should I do?

- Call your surgeon.

Who should I bring with me on the day of surgery if I do not speak or understand English?

- Please bring an adult who speaks and understands English so that he or she can translate for you.
- If there is no adult who speaks and understands English that can come with you we will provide someone who will be able to translate for you.

What medicines should I take or not take on the day of my surgery?

- If you have any questions call your surgeon.
- Take medicines on the day of surgery with only a **small** sip of water.

SEIZURE- take your medicines on the day of your surgery.	
ANXIETY- take your medicines on the day of your surgery.	
DEPRESSION- take your medicines on the day of your surgery.	
ASTHMA EMPHYSEMA (COPD)- take your medicines on the day of your surgery and bring them with you to the hospital.	
HEART BURN GASTRO-ESOPHAGEAL REFLUX DISEASE- take your medicines on the day of your surgery but do <u>not</u> take antacids.	DO <u>NOT</u> TAKE ANTACIDS such as: Maalox Tums Mylanta Roloids
DIABETES- talk to your surgeon about what to do.	DO <u>NOT</u> TAKE: Oral anti-diabetic medicines
THYROID DISEASE- take your medicines on the day of your surgery.	
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HEART DISEASE HEART ARRHYTHMIA- take your medicines on the day of your surgery.	
HIGH BLOOD PRESSURE- take your medicines on the day of your surgery, but do <u>not</u> take the medicines listed here.	DO <u>NOT</u> TAKE: <u>DIURETICS:</u> <i>Aldactone - Spironolactone</i> <i>Bumex – Bumetanide</i> <i>Diuril – Chlorthiazide</i> <i>Edecrin – Ethacrynic Acid</i> <i>Inspira – Eplerenone</i> <i>Lasix – Furosemide</i> <i>Lozol – Indapamide</i> <i>Midamor – Amiloride</i> <i>Zaroxolyn – Metolazone</i> <u>ACE INHIBITORS:</u> <i>Accupril – Quinapril</i> <i>Aceon – Perindopril Erbumine</i> <i>Altace – Ramipril</i> <i>Capoten – Captopril</i> <i>Lotensin – Benazepril</i> <i>Mavik - Trandolapril</i> <i>Monopril – Fosinopril</i> <i>Prinivil, Zestril – Lisinopril</i> <i>Univasc – Moexipril</i> <i>Vasotec – Enalapril</i> <u>ARBS (Angiotensin II Receptor Blockers):</u> <i>Atacand – Candesartan Cilexetil</i> <i>Avapro – Irbesartan</i> <i>Benicar – Olmesartan Medoxomil</i> <i>Cozaar – Losartan</i> <i>Diovan – Valsartan</i> <i>Micardis – Telmisartan</i> <i>Teveten – Eprosartan</i>
HERBALS and VITAMINS- do <u>not</u> take for 1 week before surgery. Multi-vitamins are okay.	DO <u>NOT</u> TAKE: Herbal and Dietary supplements
ANTICOAGULANTS BLOOD THINNERS- talk to your surgeon about when to stop these medicines before your surgery.	DO <u>NOT</u> TAKE: <i>Aspirin</i> Clopidogrel (Plavix) Coumadin (Warfarin) <i>Heparin</i> Lovenox (Enoxaparin) Ticlid (Ticlopidine)