

Elevate's 3-Step Exam Prep Process



Step 1: Finish Notes

1. Use the specification

- Check the specification and ensure there are notes on each point

2. Use trigger words

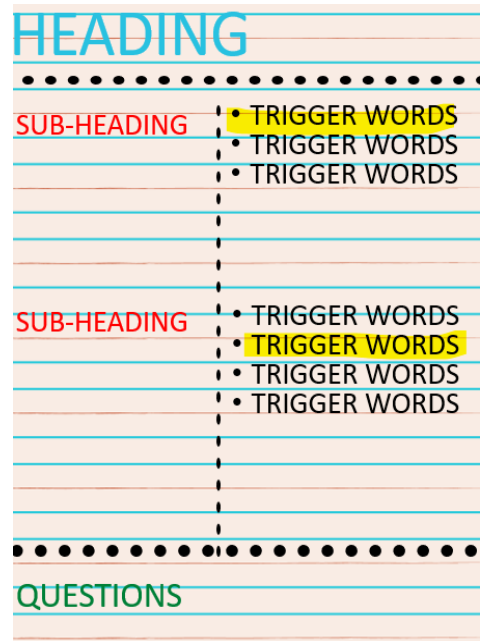
- Students can reduce the number of words they use by up to 80%

3. Keep notes structured

- We recommend the Cornell notes structure

4. Use a colour coding system

- Key Words
- Headings
- Sub - Headings



Step 2: Memorise

Teach to learn:

1. Your child should get their notes and explain the concept to someone
2. Then they should be asked questions on it
3. Rate themselves for how well they explained it and answered questions
4. Repeat!!

Students should test themselves consistently

Use mnemonic devices

Step 3: Practice Papers and Questions

We all know the saying “practice makes perfect”. In our research, the number of practice papers a student completed was the number 1 differentiator of top performing students. With doing practice papers and questions the key thing here is how your child approaches them. Get them to follow this process for maximum improvement. **You can find past papers and their mark schemes on the exam board websites.**

1. Open book, open time

- This means they should start off by doing questions and papers with all of their notes and unlimited time.
- Removing fear of failure, focusing on applying the knowledge rather than time and memory pressure.

2. Closed book, open time

- The next step is to do the questions and papers with no notes, but unlimited time.
- Starting to make it a little bit harder, now focusing on how well they have memorised information but have unlimited time to reduce pressure and think through.

3. Exam conditions

- We recommend that as well as no notes and the exam time limit, that students also practise in a quiet area with no interruptions to keep them focused.
- By practising in exam conditions you are getting used to the environment which will reduce stress come exam day and get used to dividing up time for each question.

4. Reflect and rectify mistakes

- Make sure your child is using the worked solutions to mark their own papers at the end and reflect on where they went wrong (found on exam board websites).
- They should then go back and correct their mistakes, learning the things that they didn't so they do not make the same mistake twice. This will make them exam bulletproof!