How Most Mental Health Screening Tools are Failing

There is a status quo when it comes to assessing and treating mental health today, with healthcare providers of all types relying on the assessment tools and workflows they know and have used for years. But these outdated mental health screening tools that typically only address depression and anxiety often lead to missed diagnoses, misdiagnoses, and overprescribing, as these concerning statistics show.

### The Troubling State of Mental Healthcare

- **Despite lacking proper mental health training and assessment tools, PCPs treat 60% of people for depression without even first inquiring about it.**
- **79% of antidepressant medications** are prescribed despite lacking proper mental health training.
- **95% of people are not being appropriately screened** for depression.
- **60% of people for depression in the US and prescribe 79% of antidepressant medications.**
- **The average delay between symptom onset and treatment is 11 years.**
- **Costs for treating chronic health conditions are 2X to 3X higher for those with co-morbid mental health and substance use conditions.**
- **People with bipolar disorder wait an average of 13.2 years for a correct diagnosis, and 71% report worse symptoms due to inappropriate treatment from misdiagnosis.**
- **The global antidepressants market is expected to grow from $14.3 billion in 2019 to about $28.6B in 2026 fueled in large part by over-prescribing of depression medications.**
- **The trouble with mental health screenings is that 27 days of work each and costing $4,226/yr per employee.**
- **65.0% off the time for providers.**
- **71% of the time, providers misdiagnose MAJOR DEPRESSIVE DISORDER.**
- **60% of those screened for anxiety.**
- **50% of successful suicide patients saw their doctor within the 30 days prior to the suicide attempt.**
- **The average delay between symptom onset and treatment is 11 years.**
- **65.9% of the time GENERALIZED ANXIETY DISORDER is the time.**

### providers misdiagnose MAJOR DEPRESSIVE DISORDER & GENERALIZED ANXIETY DISORDER

- **Providers misdiagnose MAJOR DEPRESSIVE DISORDER 65.0% of the time.**
- **Providers misdiagnose GENERALIZED ANXIETY DISORDER 71% of the time.**

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### Behavioral health solutions from nView can help providers put their patients on a better path toward living happier, healthier and more productive lives. Here’s how.

- **nView Solutions screen for 19 adult and 25 pediatric behavioral health conditions on one comprehensive platform vs. the disjointed one-dimensional tools being used today.**
- **Structured mental health interviews like those offered by nView are shown to help providers radically improve their ability to get the diagnosis right the first time.**
- **nView Screeners, Structured Interviews, Severity Measurement Scales and Monitors are part of a proprietary four-step protocol designed to collect patient data consistently and properly and then present that data accurately to a provider for diagnosis and treatment.**
- **Considered gold standard measurements, nView Solutions have been used in research and clinical practice settings for over 25 years and independently cited in over 20,000 publications and studies.**
- **nView offers the most comprehensive behavioral health structured data collection capabilities to track and document patient outcomes for measurement-based care.**

### Costs for treating chronic health conditions are 2X to 3X higher for those with co-morbid mental health and substance use conditions.

### About nView

nView Health is the premier provider of evidence-based software and solutions used by research organizations and healthcare professionals around the world to help them identify, treat, and monitor mental health disorders, a critical requirement for measurement-based care. nView is the worldwide exclusive licensee for a broad array of behavioral health screening solutions, structured interviews, and post-diagnosis severity measurement scales to monitor patient outcomes.

About nView

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