How Most Mental Health Screening Tools are Failing

There is a status quo when it comes to assessing and treating mental health today, with healthcare providers of all types relying on the assessment tools and workflows they know and have used for years. But these outdated mental health screening tools that typically only address depression and anxiety often lead to missed diagnoses, misdiagnosis, and overprescribing, as these concerning statistics show.
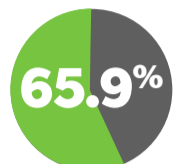
The Troubling State of Mental Healthcare

Despite lacking proper mental health training and assessment tools, PCPs treat **60%** of people for depression in the US and prescribe **79%** of antidepressant medications[1].
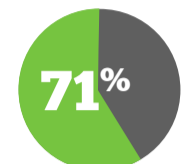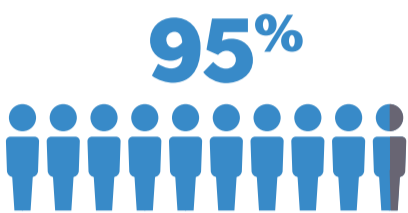
Providers misdiagnose **MAJOR DEPRESSIVE DISORDER** & **GENERALIZED ANXIETY DISORDER**

65.9% of the time

71% of the time[2].

95% of people are not being **appropriately screened**[3].

People with depression miss an average of **27 days** of work each year costing **$4,226**/yr per employee[4].

45% of successful suicide patients saw their doctor within the **30 days prior** to the suicide attempt[5].

The global antidepressants market is expected to grow from $14.3 billion in 2019 to about **$28.6B in 2026** fueled in large part by **over prescribing of depression medications**[6].

The average delay between symptom onset and treatment is **11 years**[7], costing patients in quality of life and the healthcare system in wasted time.

People with bipolar disorder wait an average of **13.2 years** for a correct diagnosis, and **71%** report worse symptoms due to inappropriate treatment from misdiagnosis[8].

Costs for treating chronic health conditions are **2X to 3X higher** for those with co-morbid mental health and substance use conditions[9].

nView Solutions Help Providers Get the Diagnosis Right

Behavioral health solutions from nView can help providers put their patients on a better path toward living happier, healthier and more productive lives. Here's how.

✓ nView Solutions screen for 19 adult and 25 pediatric behavioral health conditions on one comprehensive platform vs. the disjointed one-dimensional tools being used today.

✓ Structured mental health interviews like those offered by nView are shown to help providers radically improve their ability to get the diagnosis right the first time.

✓ nView Screeners, Structured Interviews, Severity Measurement Scales and Monitors are part of a proprietary four-step protocol designed to collect patient data consistently and properly and then present that data accurately to a provider for diagnosis and treatment.

✓ Considered gold standard measurements, nView Solutions have been used in research and clinical practice settings for over 25 years and independently cited in over 20,000 publications and studies.

✓ nView offers the most comprehensive behavioral health structured data collection capabilities to track and document patient outcomes for measurement-based care.

Ready to Learn More?

Visit www.nview.com to learn how our solutions can help you put your patients on the right path to optimal mental health.

About nView

nView Health is the premier provider of evidence-based software and solutions used by research organizations and healthcare professionals around the world to help them identify, treat, and monitor mental health disorders, a critical requirement for measurement-based care. nView is the worldwide exclusive licensee for a broad array of behavioral health screening solutions, structured interviews, and post-diagnosis severity measurement scales to monitor patient outcomes.