# IGNITE'S SCHOOL COUNSELING DEPT.

## WELCOME BACK



# Tips for a successful school year!

Welcome back to school!

I am excited to see each and every one of you and help you navigate through another successful school year!

Below are a few tips to help your child succeed:

- 1. Communication- Communicate with your child's teacher(s) on a regular basis. Creating this partnership is essential to your child's success.
- 2. Create a Schedule/Routine- Children are more successful with structure. Having a set time to do things such as homework, eating, bedtime, etc. help children to develop positive habits and organizational skills needed to become a successful adult.
- 3. Set goals- Setting a goal, both short and long term, at the beginning of each academic year will help your child to take action. It can also encourage critical thinking skills and problem-solving techniques.

For more tips, please visit <u>30 Tips for Parents</u> and Teachers to Enjoy a Successful School Year





#### **Resources in Dubai**

### **KIDZ ART**

KidzArt is a North American Drawing based, multimedia Art Program. At KidzArt they believe Art can be created by anyone. Over the last 18 years, they have provided children of all ages with inspiring drawing lessons and Art Projects.

#### They offer:

- Art classes for kids, teens and adults
- School Program
- Camps
- Workshops
- Birthday parties for children
- Creative parties for adults
- School and organizational fundraisers
- Creative workshops for adults and teens

For more information, click here **KIDZ ART** 



# Michelle Obama's Best Advice For Students: How to Succeed in Life



#### A Few Reason for Visiting Your School Counselor

- Transitioning from elementary to middle school
- Anger Management
- Depression / Anxiety
- Stress Management
- Bullying
- Career Exploration
- Test anxiety

#### Let's Talk

Do you have ideas for Issue #2? Want to be more involved with Ignite's School Counseling Department? Have questions, comments and/or concerns?

Please contact me <u>C.Dixon@igniteschool.ae</u> Crystal Dixon School Counselor



