



Dear Parents and Students,

Welcome back! We hope you had a relaxing, fun and healthy summer! Here is an update from the School Clinic.

Our School Clinic has a full-time doctor Mrs. Marwa Alkhazmi and a full-time nurse Mrs. Neema Sooraj.

Health Physicals: The Dubai Health Authority require complete health records and immunizations for every child in the school. Kindly collect the school health records from your child's previous school and submit it to us along with the medical forms a photograph of the child and a copy of vaccination card. Thank you to those who have already submitted paperwork.

Illnesses: Parents are encouraged **NOT** to send their child to school if they appear ill. A child should remain at home for his or her own welfare and for the protection of other students if they have any respiratory symptoms or they are sick. It is helpful to let the Clinic know about any communicable illness, so we may keep track of them.

Kindly notify the clinic regarding any allergies that your child has.

Any child with the following symptoms should stay home:

-A fever of 37.5-degree Celsius or higher. A child should not come back to school **until the temperature is normal for 24 hours without medication.**

-vomiting or diarrhea

-a frequent cough

-any rash accompanied by a fever

-ear pain and/or eye drainage

-sore throat with a fever and/or rash

-Respiratory symptoms like runny nose, cough, throat pain, shortness of breath etc.

Encourage your child to wash hands often, drink lots of fluids, get plenty of rest and exercise

Medications: If your child needs to take medication during the school day, we are able to give it to them. Written authorization by the parent/guardian is required for all medications, including over the

counter medications. In addition, some medications require authorization by the physician. Children should not be taking medication in school independently.

Pediculosis (head lice): Pediculosis is common in school age children all over the world. We need your help throughout the school year in finding and reporting any cases. Please remember to check your child/children, heads a couple times a week. It is best to do this under bright light. Students may return to school once they have seen the nurse and after appropriate treatment.

Travel History: DHA has published a travel declaration form in their website. All the students should enter in their details in the form. This must be updated regularly in case of any travel.

Quarantine: Quarantine is a precautionary measure taken to stop the spread of a contagious disease. It involves restricting the movement of healthy people who may have been exposed to a communicable disease. People would be confined and be away from others for a certain period of time, usually 10 days in the case of COVID-19, in order to ensure that they are free of the disease. The UAE Government advises quarantining to those who may have been in contact with someone infected with COVID-19.

Please make sure your child must stay at home and should notify the school officials if they

- have COVID-19 symptoms
- diagnosed with COVID-19
- are waiting for test results
- Have been exposed to someone with symptoms/or a confirmed case /suspected case.

Please call 04-211 750 or mail at nurse@igniteschool.ae / doctor@igniteschool.ae if you have any questions or would like to discuss your child's illness. If you have a change in address or phone number, remember to contact the school office. It is very important to be able to reach you in the event your child becomes ill at school.

Have a safe and healthy Academic Year!