

## OBJECTIVES

AFTER ATTENDING THIS PROGRAM, PARTICIPANTS WILL BE BETTER ABLE TO:

- Describe best practices in nutrition that build healthy bones and control reflux symptoms in preterm infants.
- Discuss the role of human milk oligosaccharides and their influence on the infant gut microbiome and the prevention of dysbiosis.
- Discuss the clinical utilization of probiotics in the NICU.
- Describe the use of feeding protocols and their effects on neonatal nutrition in the NICU.
- List elements of the ideal discharge plan for high-risk newborns.

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

Joan Schulman Lewis  
joan.schulmanlewis1@abbott.com  
(954) 629-1614

For registration questions, contact  
The Curry Rockefeller Group, LLC  
(866) 320-5806

## REGISTRATION

(ONLINE ONLY)

TO REGISTER ONLINE, PLEASE VISIT:

[LINK]

RN CE CREDIT: **6.0**

CPEU CREDIT: **6.0**

WHO SHOULD ATTEND:

Advanced Practice Nurses, Clinical Nurse Specialists, Clinical Nutrition Managers, Lactation Consultants, Mother-Baby Nurses, Neonatal Registered Dietitians, Neonatal/Nursery Nurses, Neonatal Nurse Practitioners, Nurse Educators, Registered Dietitians, Registered Nurses



## Nutrition in Neonatal Care 2021

TUESDAY, NOVEMBER 2, 2021  
8:30 AM - 3:30 PM ET

PRE-REGISTRATION REQUIRED

### SPEAKER

Sharon Groh-Wargo, PhD, RD  
Terry S. Johnson, APN, NNP-BC, MN, CLE  
Christine Rowland, APRN, DNP, NNP-BC

THIS PROGRAM QUALIFIES FOR:  
6.0 CONTACT HOURS FOR NURSES  
6.0 CPEU FOR DIETITIANS

Abbott Nutrition Health Institute is approved by the California Board of Registered Nursing, Provider #CEP 11213.



Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.



www.anhi.org  
©2020 Abbott Laboratories  
20203010/February 2020 LITHO IN USA



# Nutrition in Neonatal Care 2021

## OUR SPEAKERS



**Sharon Groh-Wargo**  
PhD, RD

Sharon Groh-Wargo, PhD, RDN is the Senior Neonatal Nutritionist in the Department of Pediatrics at MetroHealth Medical Center and Professor, Nutrition and Pediatrics, at Case Western Reserve University School of Medicine in Cleveland, Ohio. Dr. Groh-Wargo has over 40 years of experience, is a nationally known speaker and researcher, and has authored numerous publications on neonatal nutrition. She is an editor of both editions of the Academy of Nutrition and Dietetics' Pocket Guide to Neonatal Nutrition and is a contributor to the

Academy's online Pediatric Nutrition Care Manual. Dr. Groh-Wargo has over 40 years of experience, is a nationally known speaker and researcher, and has authored numerous publications on neonatal nutrition. She is an editor of both editions of the Academy of Nutrition and Dietetics' Pocket Guide to Neonatal Nutrition and is a contributor to the Academy's online Pediatric Nutrition Care Manual. Dr. Groh-Wargo authored a chapter on "Lactoengineering" for the 3rd edition of "Infant and Pediatric Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities". She participates in the BEGIN Project - Breastmilk Ecology: Genesis of Infant Nutrition - sponsored by the NIH in cooperation with the Academy of Nutrition and Dietetics, which was convened to investigate human milk as a unique biological system. Dr. Groh-Wargo received the Academy of Nutrition and Dietetics' Medallion Award in recognition of her professional contributions.



**Terry S. Johnson**  
APN, NNP-BC, MN, CLEC

Terry is a Neonatal Nurse Practitioner with over 35 years of experience in a variety of clinical settings including the NICU, Special Care Nursery, Normal Newborn Nursery and Developmental Follow-Up Services. She was a National Patient Safety Fellow and is a member of the Society of Professionals in Patient Safety. A nationally known speaker and educator, Terry is a frequent presenter at national and international nursing and multidisciplinary conferences. She provides private consultation and educational services to health care systems, infant/family advocacy groups, and industry partners. Terry is a clinical reviewer of the forthcoming third edition of "Infant Feedings: Guidelines for Preparation

of Human Milk and Formula Health Care Facilities," by the Academy of Nutrition and Dietetics. Her clinical interests include the immunobiology of human milk, strategies for the use of human milk in low birth-weight infants, best clinical practices, and evidence-based nutritional management of preterm infants.



**Christine Rowland**  
APRN, DNP, NNP-BC

Christine is a doctorally prepared board certified neonatal nurse practitioner with over 15 years of neonatal nursing experience. She cares for a wide range of patients from healthy newborns to critically ill neonates needing advanced level IV neonatal intensive care. Christine received both her Master of Nursing and Doctor of Nursing degrees from East Carolina University. Her doctoral scholarly project focused on an extensive literature review of probiotic use in the neonatal population and the development of a clinical practice guideline to implement

probiotics into the NICU setting. She is passionate about quality improvement in the NICU to continually improve processes and long-term outcomes for the neonatal population.

8:30AM - 8:40AM	WELCOME/INTRODUCTIONS
8:40AM - 9:50AM	BONE AND GI HEALTH: AVOIDING STICKS, STONES, AND SPITS presented by Sharon Groh-Wargo
9:50AM - 10:05AM	BREAK
10:05AM - 11:10AM	HUMAN MILK OLIGOSACCHARIDES: THE ULTIMATE HEALTH MAINTENANCE ORGANIZATION FOR TERM AND PRETERM NEWBORNS presented by Terry Johnson
11:10AM - 12:15PM	PROBIOTICS IN THE NICU: INTRODUCING THE EVIDENCE INTO PRACTICE presented by Christine Rowland
12:15PM - 1:00PM	LUNCH BREAK
1:00PM - 2:15PM	FEEDING PROTOCOLS: PRACTICE, PRACTICALITY, AND YOU presented by Terry Johnson
2:15PM - 2:30PM	BREAK
2:30PM - 3:15PM	NEONATAL NUTRITION AT HOSPITAL DISCHARGE ACROSS THE GESTATIONAL AGE SPECTRUM presented by Sharon Groh-Wargo
3:15PM - 3:30PM	Q&A/ADJOURN

In addition to completing an online evaluation, participants of our programs can provide feedback directly to CDR at [www.cdrnet.org](http://www.cdrnet.org).