



Get more from the Compass Rose Medicare Advantage Plan, a UnitedHealthcare® Group Medicare Advantage (PPO) plan



United
Healthcare



Get more of
the extras
you want



As a Compass Rose Medicare Advantage Plan member, you get many benefits, including some great extras



No out-of-pocket cost on covered medical services

All covered medical services have \$0 copay, including but not limited to preventive care, emergency room, durable medical equipment, routine podiatry, physical therapy and much more.



Part B subsidy

You and your enrolled eligible spouse will receive a monthly Part B subsidy benefit of \$100.



UnitedHealthcare® HouseCalls

Get a yearly check-in with a member of our licensed medical staff who will:

- Perform a head-to-toe exam, health screenings and answer your health questions
- Review your medical history and medications
- Send a summary of your visit to you and your primary care provider

Video visits from UnitedHealthcare HouseCalls — A HouseCalls video visit uses technology to connect plan members with a health care practitioner for up to a full hour to review your health history and current medications, discuss important health screenings, identify health risks and provide health education.

A HouseCalls visit is designed to support, but not take the place of, your provider's care.

HouseCalls may not be available in all areas.



FirstLine™ Essentials¹

A \$40-per-quarter over-the-counter benefit that gives you credits to spend on over-the-counter items. Shop for toothpaste, pain relief, vitamins, cough drops and more.



Renew Active^{®2}

Renew Active is the gold standard in Medicare fitness programs for body and mind. Available at no additional cost.

- A free gym membership at many premier locations, including Orangetheory Fitness and Pure Barre.
- An annual personalized fitness plan.
- An online brain health program from AARP[®] Staying Sharp[®], including a brain health assessment and exclusive content for Renew Active members.
- Social activities at local health and wellness classes and events and through the online Fitbit[®] Community for Renew Active. No Fitbit device is needed.



Personal Emergency Response System (PERS)

With the PERS, help is only a button push away.

- Quick access to help in any situation, whether in an emergency or you need a helping hand
- Provides confidence and independence 24 hours a day



UnitedHealthcare Healthy at Home

UnitedHealthcare Healthy at Home provides you the support you need to recover from hospital and skilled nursing facility stays. You are eligible to receive at no cost to you:

- Home-delivered meals
- Transportation to medical appointments
- In-home personal care to assist with daily activities



Massage therapy

You have a \$60 allowance per visit.



UnitedHealthcare Hearing

Your hearing health is important to your overall well-being and can help you stay connected to those around you. Get access to thousands of name-brand and private-label hearing aids — available in person at any of our 7,000 UnitedHealthcare Hearing providers nationwide³ or by direct delivery through Right2You.

Your hearing aid allowance, including digital hearing aids, is \$2,400 and offers deep discounts on premier brands to help the allowance go further.



Renew by UnitedHealthcare®⁴

Renew offers health and wellness resources and activities that include:

- Brain games, healthy recipes, learning courses and fitness activities
- A health topic library including articles, videos and health news
- Interactive quizzes and tools and fun activities
- Rewards for completing certain health care activities



It's time to take advantage



www.UHCRetiree.com/compassrose



1-844-279-9286, TTY 711

8 a.m.–8 p.m. local time, 7 days a week

For more details, please review your Evidence of Coverage (EOC). Your Quick Start Guide, which you will receive once you are enrolled, will include instructions on how to access your EOC.

¹OTC benefits have expiration timeframes. Call the plan or refer to your Evidence of Coverage (EOC) for more information.

²Participation in the Renew Active® program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Renew Active includes standard fitness membership and other offerings. Fitness membership equipment, classes, personalized fitness plans, caregiver access and events may vary by location. Certain services, discounts, classes, events and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services are subject to your acceptance of their respective terms and policies. AARP Staying Sharp is the registered trademark of AARP. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor. The Renew Active program varies by plan/area. Access to gym and fitness location network may vary by location and plan.

³Please refer to your Summary of Benefits for details on your benefit coverage.

⁴Renew by UnitedHealthcare is not available in all plans. Resources may vary. Renew Rewards is not available in all plans with Renew by UnitedHealthcare.

Benefits, features and/or devices vary by plan/area. Limitations and exclusions apply.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

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