

AMO Visitor Guide

PREPARING FOR YOUR VIRTUAL CLINICAL EXPERIENCE



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Congrats! You've already come so far in your education. Whether you are planning to become a physician, dentist, or nurse, your commitment to improving other's health is cause for celebration.

We are so excited that you've selected AMOpportunities to connect you with real-world medical training in the form of a virtual clinical experience. When you rotate with AMO, you join a network of 150,000+ medical trainees from around the globe set to become future leaders in medicine.

In taking advantage of this opportunity to learn, grow, and connect with others, you open the door to unlimited possibilities. Will this clinical experience help you get in medical school? Will it help you meet curriculum requirements? Will it elevate your residency application? No matter what stage of the journey you are in, AMOpportunities is excited to be part of it!

-Kelli Rojek, Chief Experience Officer

The Importance of Telehealth

When you participate in a virtual clinical experience, you'll learn about telehealth and gain confidence in providing remote patient care. As necessitated by global health concerns, telehealth has become a frontrunner in medical technology, favored by patients, healthcare providers, and insurance companies.

The following aspects of telehealth have real benefits, which is why this type of medicine will continue to grow in popularity and use.

Convenient

Patients don't have to commute, which keeps physicians on schedule and limits wait times.

Safe

Physicians and patients don't have to worry about contacting or spreading germs.

Accessible

Physicians can easily care for remote communities and the elderly.

Affordable

Remote appointments often have a smaller overhead, which can be reflected in patient bills.

Because telehealth and virtual clinical experiences are gaining traction, many residency programs now recognize these experiences—and the letters of recommendation earned during them—as equal to in-person experiences.

Types of Virtual Experiences



Virtual clinical experiences offered through AMO generally follow one of two formats.



PATIENT CARE-FOCUSED

Participants in this type of virtual experience observe virtual patient consultations in real time with the opportunity to record patient histories and conduct physical examinations under the supervision of the precepting physician. Skills necessary to telehealth, like troubleshooting technology issues and best patient communication practices, are included in the curriculum.



EDUCATION/RESEARCH-FOCUSED

This experience allows visitors to explore the primary medical specialty through case studies, research, and lectures. Active participation will allow individuals to develop critical thinking, clinical reasoning, and communication skills.

Your Support Team

Our team is here to support you throughout your journey with AMOpportunities. Here are some of the individuals that make rotating possible!



Ashley



Wanh



Mia

VISITOR EXPERIENCE COACHES

Our Visitor Experience Coaches, Ashley, Mia, and Wanh, are available to answer any questions you have and provide guidance as you expand your medical knowledge. Their goal is to make your virtual clinical experience as educational and convenient as possible. Whether you just reserved your experience or have completed your rotation, you can depend on your AMO Coach for assistance and advice.



Alisia



Shelby

PROGRAM COORDINATORS

Alisia and Shelby, our Program
Coordinators, work behind the scenes
to ensure your precepting physician
is prepared to host you and that best
practices for virtually streaming the
experience are in place. They are also in
contact with your AMO coach to confirm
your enrollment documents are promptly
reviewed.

Enrolling in Your Experience

REQUIRED DOCUMENTS

Once you reserve your virtual clinical experience with us, you'll need to begin the enrollment process. Although virtual clinical experiences may require less credentialing than in-person experiences, we still recommend you submit required documents as soon as possibleAMO requires all visitors to upload documents at least 45 days prior to your program start date. Meeting the enrollment deadline will ensure you can participate in your experience as scheduled.

The following items are required for enrollment:

Eligibility

- Dean's letter (students)
- Diploma (graduates)
- Proof of English proficiency

Personal Identification

- Passport
- CV/resume

Liability

- HIPAA certification
- AMO privacy attestation

Technology

• Internet speed test

Other (If applicable)

- Malpractice insurance
- Program-specific forms/fees

All documents must be uploaded as PDFs or high-quality JPEGs. If you do not have software to convert your documents into PDFs, use this free online PDF converter.

In addition, documents must be in English. When uploading these documents, make sure the file names do not include any spaces. Failure to adhere to these requirements may cause a delay in the processing of your documents.



Malpractice Insurance

Malpractice insurance is required for some virtual clinical experiences. You may purchase this insurance through AMO for \$199, via your AMO Dashboard.

If you choose to secure malpractice insurance elsewhere, please note the minimum coverage requirements: 1 million USD in coverage per claim and 3 million USD in total/aggregate coverage.

Why We Require Malpractice Insurance for Certain Rotations

Some virtual clinical experiences involve direct patient interaction. For example, a physician may have you do patient consultations one on one with the patient, taking histories and providing a differential diagnosis to your preceptor before the preceptor interviews the patient. In this case, you are taking part in supervised direct patient contact. Because of this, AMO requires you to be covered by malpractice insurance.

INTERNET SPEED TEST

To ensure your internet is strong enough to participate in a virtual clinical experience with success, you must complete an internet speed test and upload a screenshot of the results. To run the test, <u>click here</u>.

Please make sure you run the test on the device you will be using. The required download speed must be greater than 15 Mbps. If your device does not meet this requirement, you should schedule a video call with your AMO coach <u>Ashley</u> or <u>Wanh</u>.

FINAL PAYMENTS

In addition to submitting the documents outlined in the previous section, your clinical experience must be paid in full at least 45 days before your program start date. Failure to pay the remaining balance for your clinical experience by this date may delay the start of your experience or force it to be canceled entirely. If you have questions or concerns about paying for your clinical experience by this deadline, please <u>contact your AMO coach</u> as soon as possible.

Getting Ready for Your Virtual Clinical Experience

VIRTUAL CLINICAL EXPERIENCE ORIENTATION

AMO provides virtual orientation for upcoming visitors. Please keep an eye out for communication from your coach on how to sign up and attend a session.

DETERMINING PROGRAM DETAILS

Once enrolled, you should receive an email with program details including contact information of your preceptor or an administrator, if applicable.

Program communication may vary based on the preceptor's preferences and the care provided. You may be required to communicate through phone calls, video conferencing, or another channel entirely.

BEST PRACTICES FOR SUCCESS

To have success in our virtual clinical experiences and earn a letter of recommendation with merit, we recommend taking the following steps.

1. Create a Home Workspace

To get the most out of your clinical experience you must be able to focus. We recommend setting aside a small space in your home as your workspace for the duration of the clinical experience. Consider selecting a space that is quiet, well-lit, and has a strong internet connection. Additional information on internet connection requirements can be found in the section of this packet titled 'Enrolling in Your Experience.'

2. Dress Professionally

While you may not be required to dress as formal as you would during an in-person clinical experience, you will see your precepting physician and possibly patients daily. For this reason, you should prioritize hygiene and wear clothing that is both clean and professional. We recommend wearing dress pants or chinos with button-ups or polo shirts. You may also wear skirts, dresses, and blouses.

3. Be Punctual

Rotating remotely can provide convenience. You should make sure to log in to your experiences on time, if not earlier, each day. Please make sure to double check the reporting time of your clinical experience against time zones. The time listed aligns with the time zone where your precepting physician is located. It is possible that the time listed will differ significantly than your local time zone.

To calculate time zone differences based on location, click here.

4. Communicate with Your Preceptor

Communication during virtual experiences is key. If you are unable to log on for your experience on a certain day or you will be late, let your precepting physician and your AMO Coach know. On a similar note, if you have questions regarding the material presented or don't understand something, speak up. Your precepting physician is there to help you learn and happy to provide clarity.

5. Complete Assignments

Some virtual experiences may require you to read certain materials, including, but not limited to, case studies, articles, and presentations. If your experience requires such assignments, make sure you complete them on time. Failing to do so means you may not understand the information covered during your experience. Staying up to date or even ahead of assignment deadlines demonstrates dedication.

6. Maintain Patient Privacy

Because patient privacy is so important, streaming sessions involving patients must take place in a private room. It is important that you remain in this location for the duration of the consultation.

Please do not record or take photos during patient consultations or when sensitive information is being shared or displayed.

To further ensure sensitive information is not heard by others, and minimize feedback, use headphones.



REQUESTING YOUR LETTER OF RECOMMENDATION

AMO clinical experiences provide participants with the opportunity to earn a letter of recommendation. These letters are merit-based and can be used to apply for residency programs and enhance a resume or CV.

Because these letters are merit-based, it is your responsibility to request a letter and ensure that you are doing enough to earn one. Strong LoRs have content that speaks to your character, medical skills and knowledge, and devotion to the medical field. For your precepting physician to write a letter that includes these items, your mannerisms during the experience must reflect them.

During the second week of your clinical experience, or earlier if you feel comfortable, discuss the possibility of receiving an LoR with your precepting physician. During this discussion, share the date you will need the document and the best way to receive it. You may decide to have your precepting physician upload it directly to ERAS if you will be using it to apply for residency. If this is not the case, you may prefer to have them email it to you or your university.

For additional information on LoRs and how to upload them to ERAS, click here.

Post-Clinical Experience

COMPLETING YOUR CLINICAL EXPERIENCE EVALUATION

In addition to earning a LoR, once you complete your clinical experience, you can earn a letter of completion from AMO! To get this letter you must complete your Clinical Experience Evaluation via your AMO Dashboard.

Completing this allows you to provide us with valuable feedback. We use the information to find out what aspects of our experiences and services and successful and where we can improve. Help us create an even better clinical experience for our next visitors!

LEAVING ONLINE REVIEWS

If you enjoyed your clinical experience with us, we hope you will consider leaving us a review online. Doing so can encourage potential visitors to book an experience, allowing us to continue our mission of making clinical training accessible on a global scale.

Consider leaving us a review with the <u>Better Business Bureau</u>, <u>Google</u>, or <u>Facebook</u>.

ENTERING THE PHOTO AND BLOG CONTEST

During the second half of your clinical experience with us, you'll receive an email with an invitation to enter the AMO Photo and Blog Contest. To enter the contest, you must write a 300 word or longer blog post that centers on your clinical experience. We also ask that you send in some photos. You will have two weeks after your clinical experience ends to send in your submission. Submissions should be sent to your AMO Coach by email.

Following the submission deadline, the AMO team will select one winner. This winner's story and photos will be shared on our blog and social media platforms. The winner will also be able to select either a Free Kaplan QBank Test Prep Course or a \$50 Amazon Gift card as a prize.

For additional details on entering the contest, <u>click here</u>. For inspiration on what to write, <u>check out past entries on our blog</u>.

BOOKING ANOTHER EXPERIENCE

Whether they need LoRs to apply for U.S. residency programs with or simply enjoyed their clinical experience, many of our visitors decide to book additional experiences with us. If you decide to apply for another clinical experience with AMO, simply <u>contact your AMO coach</u> directly and they'll help you with the next steps!