

Leadership Choices Coaching Master Program

Become a Certified Coach for
Leadership, Transformation and Resilience.

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Develop Your Own Way Of Coaching.



We believe in impact derived from authenticity and diversity. In our modular program you will be exposed to different ways and applications of coaching so that you can find out what fits best for you. Based on our holistic SPIRAL LEADERSHIP model you will learn different approaches to individual, team and organizational coaching. You will learn about humanistic and systemic approaches, about individual and team resilience and about organizational culture and maturity. We promise that this program will be both challenging and transformative, fueling your personal development as a leader and professional.

Coaching is More than a Technique - it is an attitude

Are you a leader who deeply cares to help people grow, overcome obstacles and excel in what they do? Do you want to help teams develop cohesion and psychological safety on their way to great performance? Do you want to shape the culture of your organization to be more adaptive, risk-taking and resilient? If this is true for you, developing your natural way of coaching might be the answer for you. You will start by learning techniques, models, and interventions. The next step of your learning journey will ask you to develop a coaching mindset when working with the people around you.

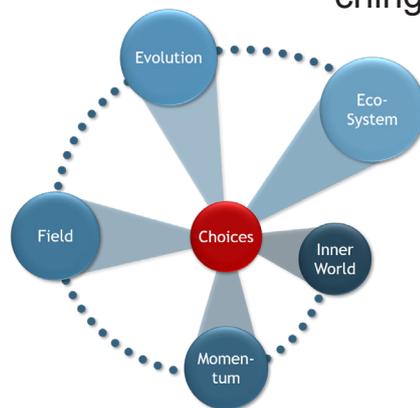


Figure 1
The "Spiral Leadership" Model



Quality Builds Trust

At Leadership Choices, all our coaches actively engage in continuous professional development and coach supervision. All our coaching mandates are quality controlled. We apply the same rigor to our leadership development and coaching programs. All our faculty are ICF credentialed seasoned business coaches representing a wide range of different specialties such as Resilience, Team & Agile coaching. The ICF accredited LC Coaching Master programme paves the way to an individual ICF certification. Participants of the Certification module – complementing the four learning modules – receive 27 hours of small group and three hours of individual mentor coaching to build on their personal strengths and develop their individual style of coaching.



SHORT FACTS



LOCATION: Virtual



DATES: Kick-off: 26.10.2021



LANGUAGE: English



CERTIFICATE: ICF accredited LCCC-Certificate – Leadership Choices Certified Coach



FEES:

5 Modules: € 10.995,00

4 Modules: € 9.885,00

3 Modules: € 8.190,00

2 Modules: € 5.980,00

1 Module: € 3.325,00



APPLICATION:

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PARTICIPANT PROFILE:

- At least five years of management or HR experience
- Solid Business English



ADDITIONAL INFORMATION:

<https://www.eventbrite.de/o/academy-of-choices-31613249465>





From Professionals for Professionals

Leadership Choices is an international professional services firm in the leadership and organizational development space with over 150 associates in 15 countries. Founded in 2008, we have gained profound experience over the years in high stake mandates, working with top executives as well as their teams and entire organizations all over the world. In our Coaching Master Program, we make our knowledge and experience available to the participating leaders and professionals. Integrating the experience of handpicked participants, we co-create an intense, stimulating, and unique development experience.

Modular Design with a Focus on Leadership, Transformation and Resilience

Our Coaching Master Program is set up in five different modules which can be booked individually or as a whole. The golden thread of this program is the application of coaching as a technique and as a mindset in the context of leadership, transformation, and resilience. You will learn how to apply coaching in developmental conversations with individuals as well as in teams and other organizational contexts. You will have an enhanced understanding of the concept of resilience including the ability to work with the Executive FiRE Index, a scientific tool for personality development to help improve the resilience of leaders and their people.

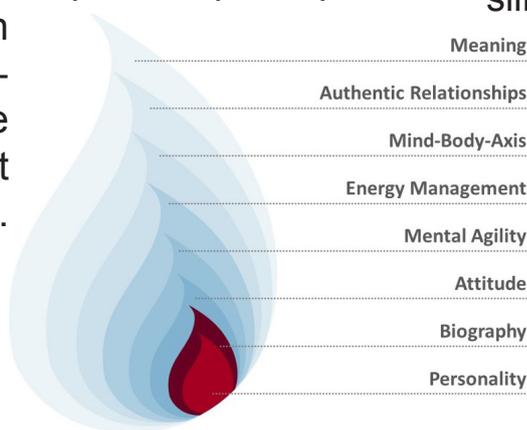
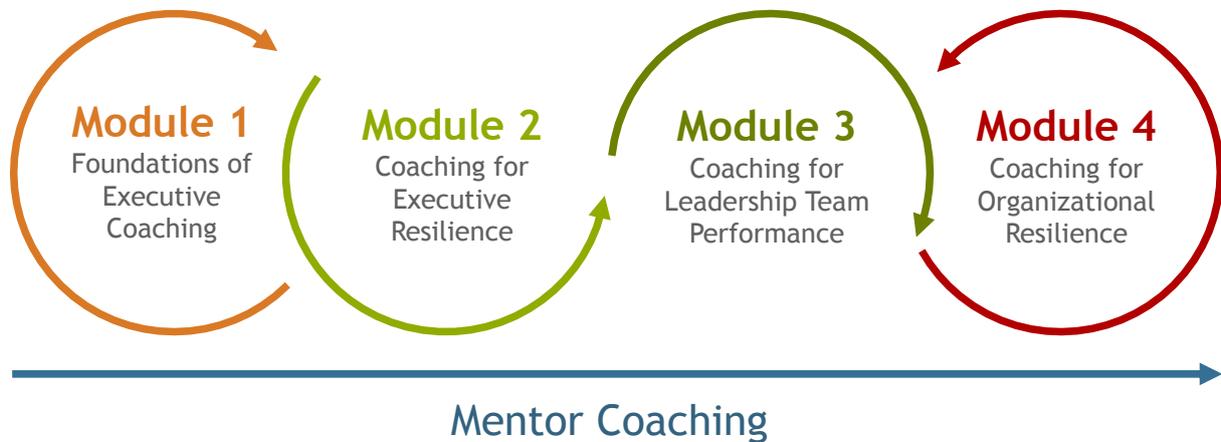


Figure 2
The "FiRE Model" of Executive Resilience

Your Journey



Module 1

Foundations of Executive Coaching (35h)

- » Introduction to the Coaching Model
LEADERSHIP CHOICES
- » Impactful conversations through contracting, building rapport, deep listening and powerful questions
- » Challenging the status quo by provocation, humor and working with perspectives

Module 2

Coaching for Executive Resilience (35h)

- » Introduction to Resilience and the Executive FiRE Model
- » Reflection of individual resilience strategies as well as protective and risk factors
- » Certification in the scientific resilience instrument Executive FiRE Index 2.0

Module 3

Coaching for Leadership Team Performance (30h)

- » Introduction to team dynamics, group biases and the POWER model of team coaching
- » Overview of different schools of thought to impactful team coaching
- » Developing your own approach and tool set for successful team coaching

Module 4

Coaching for Organizational Resilience (30h)

- » Introduction to the concept of Organizational Maturity and Resilience
- » Understanding of protective and risk factors of organizations
- » Working with the Organizational FiRE Index

Module 5

**Mentor Coaching: Preparation for the ICF Certification (PCC-Level)
in parallel to Modules 1-4**

Your fast track to become a professional coach certified by the prestigious International Coaching Federation

Faculty



Petra Lewe

experienced Executive and Resilience Coach, Partner and Member of the Management Team at Leadership Choices, Co-Lead of Resilience Community, certified as ICF PCC.

„Qualified Coaching Training: New perspectives, less complexity, better leadership!“



Doris van de Sand

experienced Executive and Mentor Coach, published author, Associate Partner and Head of Quality at Leadership Choices, certified as ICF MCC, Member of ICF Ethics Commission.

“You cannot not communicate.“ Paul Watzlawick



Dr. Richard Grillenbeck

experienced Team and Agile Coach, published author, Associate Partner and Co-Lead of Agile Community at Leadership Choices, certified as ICF ACC.

„Average day? Time for a coach!“



Anne Schweppenhäuser

experienced Executive and Team Coach, published author, Associate Partner and Co-Lead of Better World Community at Leadership Choices, certified as ICF MCC, Member of the Board ICF Germany.

„Coaching empowers people to live a better and more meaningful life.“



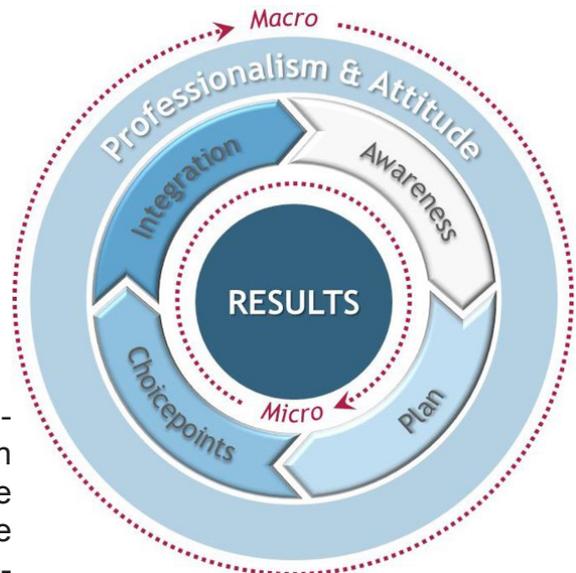
Karsten Drath

experienced Executive and Resilience Coach, published author, Managing Partner at Leadership Choices, certified as ICF PCC.

„It is not the things themselves that disturb people but their judgments about those things.“ Epictetus

Better Leadership.
Better Organizations.
Better World.

Coaching is an immensely powerful intervention. Hence it needs to be applied with great care and within a clear ethical framework. At Leadership Choices we work evidence-based and with a client-centric attitude which is both supportive and challenging. Our philosophy has evolved over many years of practice and has served as the foundation for our LEADERSHIP CHOICES coaching model. We believe that the key element of leadership is to be aware of the choices leaders have every day and to use them consciously in order to achieve better leadership, better organizations, and a better world.



Your Personal Benefit

Nobody leaves our programs unchanged - this is particularly true for our Coaching Master Program. This is largely due to the great faculty, the multi-faceted content, and the interactive and stimulating design of the program. But even more than that, it is due to the handpicked, diverse participants and the international experience which they bring to class. Participants will learn techniques, models and interventions of different coaching formats and applications. More importantly, they will develop their own genuine attitude as a coach and will integrate this into their leadership signature. As a result, they will not only become coaches, but they will also become better communicators, stronger listeners, and more self-reflective leaders.

Your Company's Benefit

Investing into the development of leaders has a clear ROI for companies, especially when it come to this Coaching Master Program. Upon completion, participants will be able to steer developmental conversations by asking thought-provoking questions and listen deeply for what is being said and what not. They will have an enhanced understanding of the concept of resilience and how to apply it in different leadership contexts. They will have improved their ability to read group dynamics and engage constructively with teams. And they will have a deepened understanding for organizational transformation and what kind of inner development this requires for leaders and their teams.