

THE VANGUARDIAN



ISSUE #10

 **VANGUARD**TM
Standing between you and harm

A Message From Our Directors

We trust you had some good quality summertime with friends and family after a challenging year and were able to spend some time on the beach or just get out and enjoy our beautiful country.

Here at Vanguard, our team are recharged and have started 2021 with a vigour and enthusiasm, ready for whatever 2021 throws at us!

There are lots of exciting things happening at Vanguard right now. We have recently welcomed three new team members to the Vanguard family and we're also excited to be moving into our new purpose-built head office and warehouse in April giving us a lot more space.

We also started our first video newsletter this year and got some great feedback!

It's worth noting that WorkSafe are running a free Forklift Safety Roadshow at the moment – you can learn more on our blog at vanguardgroup.co.nz/blog.

Be sure to check out our Interview With Jared Hunt From The Warehouse too.

And if you have any suggestions or feedback for future issues, we would love to hear from you.

Until next time, stay safe.



Brendan McLean
Director
Safety Consultant



Gareth McLean
Director
GM



Craig McLean
Director
Marketing

What Vanguard Does

Step by Step to Your Safety Solution



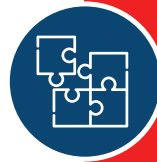
1. Analysing Critical Risk

Firstly, we listen to you. This provides an insight into your business and challenges around traffic and pedestrian management. We want to understand your concerns.



2. Site Visit & Scope

We discuss the specifics of your requirements with you and your team. We also carry out our scope and measure up onsite.



3. Solution

We provide a detailed report including renderings and a price proposal covering everything discussed and your best options.



4. Supply & Installation

For peace of mind we always have stock on hand for swift dispatch. Professional installers will take care of every detail with minimal disruption to your operations. You can be confident in the product and installation information, and Vanguard's after sales service.



5. Handover

We make sure you are happy the job is completed to a high standard and meets your needs. We hand over documentation, and sign off the job.



It's that easy, so why wait?
Get an end to end solution that's tailored for your site now!

Call 0800 500 147 or email sales@vanguardgroup.co.nz

Trusted by these companies to keep their teams safe



What's New At Vanguard?

Our purpose-built warehouse and office facility is well underway and due for completion early April. With this bigger and better space we will be able to stock more product to ensure that we can continue to efficiently deliver your safety requirements.

Our warehouse team are excited to have a more efficient space and our office team can't wait to have some more leg room. Please come and visit us once we're all moved in!



New Vanguard warehouse in construction.



Architect's rendering of new Vanguard building in Lower Hutt.

Vanguard's Monthly Video News

To help better deliver valuable information to our customers, we have recently started a monthly video that will break down recent and upcoming events, new products and anything else important to you all.

We had some great feedback from our first release which you can watch at vanguardgroup.co.nz/blog or find us on LinkedIn to stay up-to-date.



Vanguard Monthly Video News. Source: vanguardgroup.co.nz/blog

News Around The World

Move To Electric Forklifts In Warehouses

Globally, LPG and diesel engines are losing their popularity as stringent laws on emissions drive change in warehouse norms. Electric alternatives are the new trend with vehicles including forklifts.

The US\$50 billion forklift industry is climbing as warehouse construction continues around the globe but that doesn't mean going electric is necessarily expensive. Industry leaders are praising electric as they see overhead costs go down. The lower noise and smog created helps with their popularity too!



Favourite Projects of 2020

The team at Vanguard got together at the end of last year to discuss our favourite projects. Have a read of Brendan's favourite project below.

Flexible Barrier Solution on High Traffic Seeka Oakside Site

Brendan McLean, Sales Director

Challenge faced

Seeka is one of New Zealand's largest produce providers, with a fully-integrated orchard-to-market approach. Their Oakside branch in the Bay of Plenty is the company's largest post-harvest kiwifruit packhouse and coolstore facility.

The company identified areas of risk that they needed to address, particularly around traffic management. As they have a big site with lots of moving forklifts, they wanted to keep pedestrian movements in safe zones and restrict access to high-volume vehicle areas. In addition to this, they were facing increased costs with having to replace and repaint their steel barriers from forklift damage on an ongoing basis.

Proposed solution

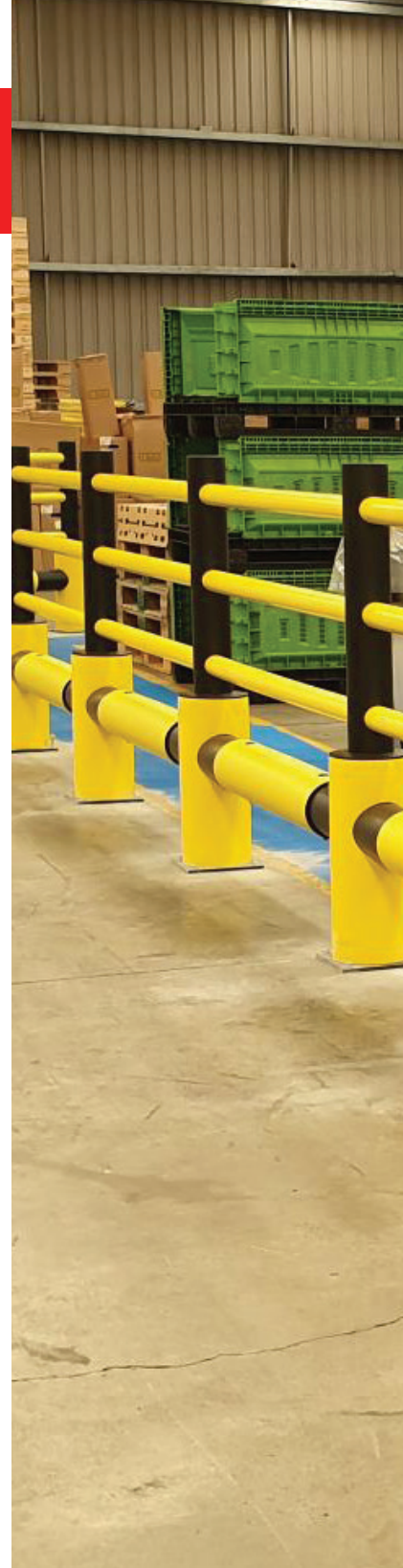
We scoped Seeka's problem areas and delivered a tailored solution with support of a visual mock-up. We recommended installation of a new generation flexible barrier, the innovative **d-flexx** barrier system. This system helps separate pedestrians and vehicles around the site and is a good fit in this environment as the polymer material is shock-absorbent and highly impact-resistant.

Outcome

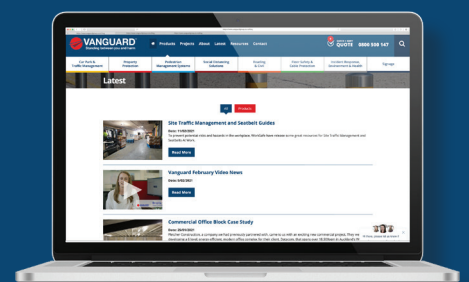
Implementing our **d-flexx** solution has allowed Seeka to move people around the site safely, out of the way of forklifts and drivers. The **d-flexx** barriers help protect staff, vehicles and themselves by taking the impact in the case of a collision. As **d-flexx** lasts longer, as well as being a lot stronger and safer to use, Seeka now does not have regular repair and maintenance costs on their barriers.

Why was this project most interesting to you?

After Vanguard became the exclusive stockists of **d-flexx** systems in New Zealand, Seeka Oakside was the first site we installed these on. Seeka has a "Safety Always" approach to protecting their workforce of several thousand and we were glad to have provided an innovative and effective solution for their high-traffic site. It's truly a superior barrier system and it was excellent to see it implemented on this scale.

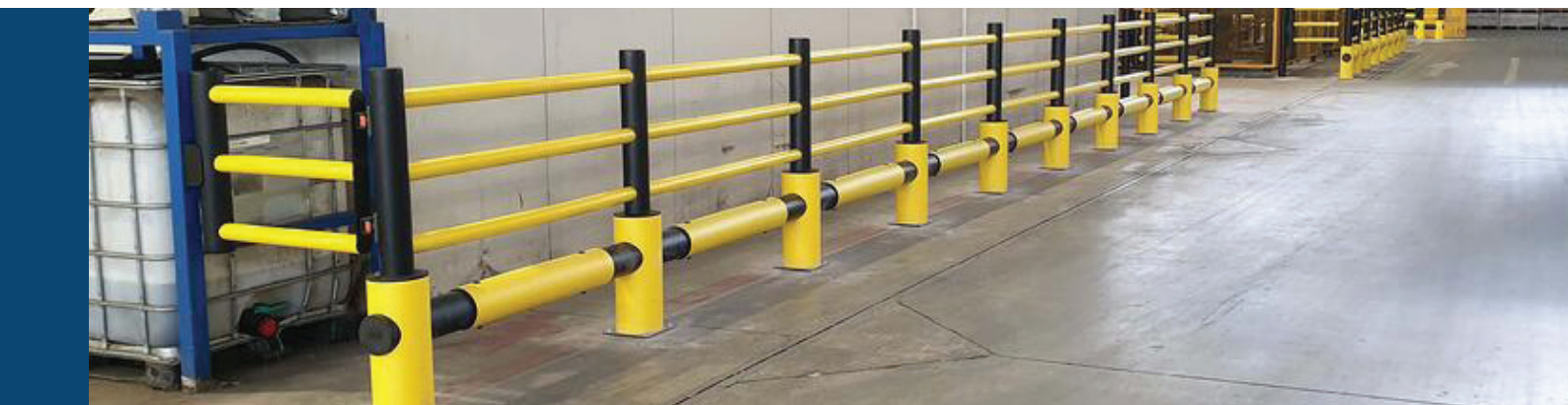


Read our other favourite projects of 2020 at vanguardgroup.co.nz/blog





d-flexx Flexible Barrier System for guiding pedestrian traffic and protecting from moving vehicles - Seeka Oakside, Bay of Plenty



d-flexx Flexible Barrier System for pedestrian guidance

Our Team Grows

Due to continued growth, we are very happy to welcome Martin, Baxter and Tim to the Vanguard family!

Already we are seeing the great strides that these three are making in the company, promoting our values of Making it Happen, Making it Better, and Making it Right.

We look forward to seeing all that they achieve with the team and wish them the best in your new roles.



From left to right: Martin (Marketing Assistant), Baxter (Dispatch), Tim (Sales Consultant)

Happy Vanguard anniversary to these wonderful five!

Thanks so much for all your hard work over the last year and we look forward to working with you in the year to come!



Braden
Sales Consultant



Bronte
Sales Consultant



Gina
Sales Consultant



Oliver
BDM



Janika
Sales Consultant

The Vanguard Blog

Your go-to resource for information on what's happening in the industry.

Check it out at vanguardgroup.co.nz/blog

The Vanguard blog was created to deliver insights and valuable information from around the industry. Here we collate stories that can help others with their projects through case studies, guides, and general information. Have a read below of our recent study on fatigue.

Fatigue in the Workplace

When workers are pushed in to a state of mental and/or physical exhaustion, they experience fatigue. Fatigue can lead to poor judgement and errors which may inflict injury on the self and/or others.

How can you avoid fatigue? It may seem like common sense, but when under pressure at work, we often forget to check in with our body and mind. Consider the following:

Work Schedules - Take regular, quality rest breaks. Avoid it when you can, but when working overtime, take breaks that are appropriate for the hours you are working.

Sleep - Create a good sleep cycle. This will help you feel more energized in the day. Remember that sleep loss accumulates so be sure to catch up on it when you are behind.

Workplace or Environmental Conditions - If you are working in hard conditions such as out in the sun or in a hot space, be sure to get proper rest and hydration to keep your body fit for work.

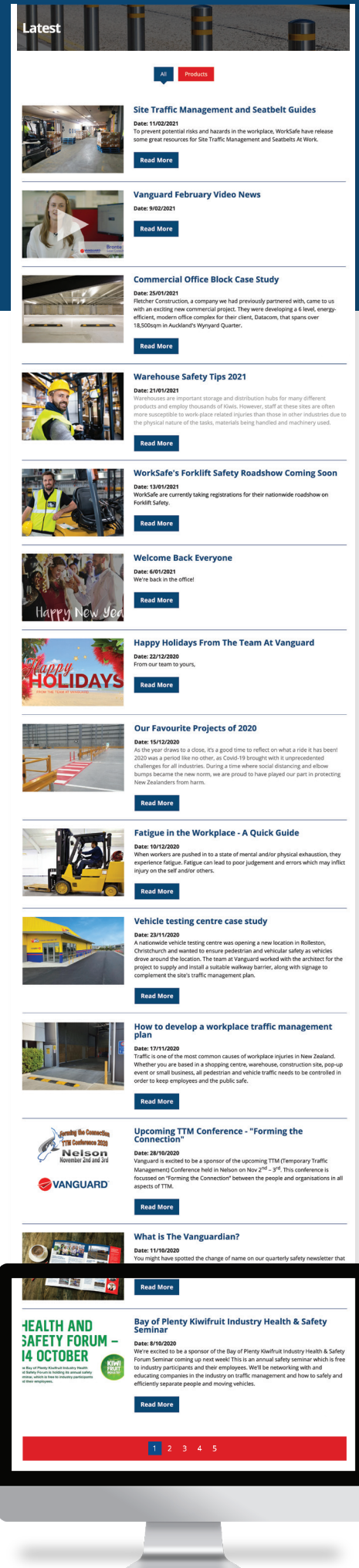
Physical and mental work demands - Rotate out with your colleagues so that you don't overwork your body and mind. Make sure that tools and machinery are in good condition to avoid risk.

Emotional well-being - Take time off if you are experiencing emotional stress in your home life. Look to your supervisor for support and always endeavor to create a positive environment that supports your emotional well-being at work.

Workplace fatigue policy - Your company should have a fatigue policy in place. If this is not the case, speak to your management. Things that should be included in this policy are; maximum shift length, average weekly hours, travel requirements, and procedures for managing fatigue.



vanguardgroup.co.nz/blog



Interview With Jared Hunt From The Warehouse

Jared Hunt, Continuous Improvement Specialist

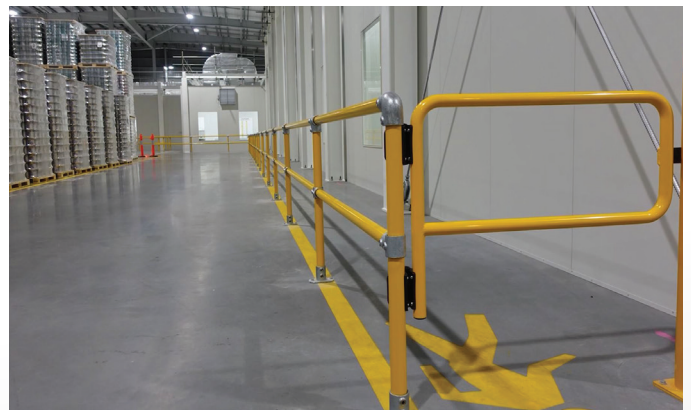


Jared Hunt from The Warehouse. Source: vanguardgroup.co.nz/blog

Vanguard were engaged with The Warehouse to outfit them with safety solutions across their 92 stores. See what Jared had to say about the project below.

What challenge did the project need to overcome in relation to traffic management?

"We were looking to implement traffic management solutions across our 92 red stores. Obviously traffic management is quite important with trucks and forklifts every day in our stores. We'd looked at equipment solutions and that took me to researching equipment suppliers locally and internationally. I came across a few including Vanguard, basically made contact. Vanguard was the first one to make contact with us. From there we were quite impressed with not only their speed but the ease of dealing with them and the solutions they provided. We went with Vanguard in the end and being a local supplier as well, was good. They certainly presented some good solutions for issues that we raised that we didn't know how to deal with ourselves."



Pedestrian walkway system near busy traffic zone.

Why did you choose Vanguard to overcome your challenge?

"Being the specialists in their field that they are it was quite a good relationship. Cost is a factor but it's not the most important one. I think the knowledge of the vendor as well is really important. You can buy equipment from anybody but they don't necessarily have the knowledge and the aftercare as well. I could have bought from overseas but if something had gone wrong then who looks after that?"



Scan to watch the full interview here

What did Vanguard offer that their competitors didn't?

"So that backup care and the long-term relationship is important as well. We have 92 stores and every single one of them is different. We unload on roads and yards, so every single store needed different equipment solutions. I would say they're the specialists in their field. They certainly know their products and their business so it certainly made it easier to deal with them and they weren't just flogging that equipment and then off to something else.

With the range of equipment, I was quite impressed. They had a lot of equipment I didn't even know there was from my searches. It certainly did change some of the plans we made which actually made them easier for stores.

They obviously know our regulations, our laws and rules so they can recommend the best fit whereas others, especially out of the country, probably wouldn't.

They were very good on cost, even freight across islands. I'd definitely recommend them. They're very easy to deal with. They check in to make sure everything is going smoothly. They were just very helpful in the entire process."

[Watch the case study at vanguardgroup.co.nz/blog](https://vanguardgroup.co.nz/blog)

Get in touch for a free consult with one of our team on 0800 500 147. Also, let us know if you would like to be featured in future editions of The Vanguardian, email martin@vanguardgroup.co.nz



Pedestrian and vehicle management system next to loading zone.

Thank you for supporting us – we're passing it on!



Life Flight put themselves in to great danger when they go out in to the field to save lives.

We are glad to support such a fantastic service. Life Flight will have an Open Day on the 14th of March at Wellington International Airport where you can go along and enjoy a day of fun with the family learning about their emergency services. There will be live performances, music, food and activities. Read more about this or show your support with a donation at

www.lifeflight.org.nz/openday

The Next Step In Warehouse Safety: Slow Stop Bollards

Slow Stop Bollards are revolutionary impactable steel pipe bollards, that do more than just block access.

During a collision, the energy of the impact is progressively absorbed by an elastomer in the base of the bollard.

The post tilts slightly with impact and then returns upright, leaving your guard intact and ready to perform again, along with your floor!

Costs are approximately 5 x a standard surface mount bollard, however, compared to the cost of repairing a damaged slab these represent a significant ongoing saving.

End your headache of constantly repairing and replacing bollards and concrete surfaces!

Benefits:

- Can be used indoors or outdoors
- Does not damage floor during installation
- Installation in just 15 minutes
- Can withstand multiple impacts and retain working condition
- Highly visible

Get in touch with Brendan if you have any questions about **Slow Stop Bollards** and whether they would be suitable for your next project.



Brendan McLean
Sales Manager
021 242 1493

Brendan's role at Vanguard as Sales Manager includes looking after our key accounts and making sure all our customers are happy with the service they receive from Vanguard.

He enjoys interacting with people and motivating our team. He loves building relationships with his clients and gets satisfaction out of solving someone's safety challenge.



Slow Stop Bollards protecting dock-way



Asset protection with Slow Stop Bollards



Slow Stop Bollards under vehicle impact



Slow Stop Bollards under forklift impact

Site Traffic Management Guide

To minimise potential risks and hazards in the workplace, WorkSafe have recently released a great resource for Site Traffic Management which we have summarised on our blog.

The Site Traffic Management Plan contains a variety of solutions for work sites of different configuration.

The guidance is grouped into five main areas:

- general risk management principles
- safe work site (design and activity)
- safe vehicles
- safe people
- work site induction and traffic management plans.

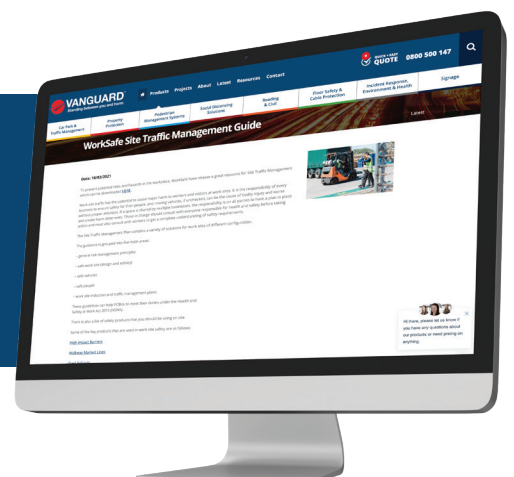
This guideline can help businesses to meet their duties under the Health and Safety at Work Act 2015 (HSWA).



GOOD PRACTICE GUIDELINES

Download your copy at

vanguardgroup.co.nz/blog/site-traffic-management





Go to vanguardgroup.co.nz/resources to find more valuable safety resources.



On-site & Virtual Traffic Management Advice!

Talk to the Vanguard team about expert safety advice and recommendations, available during Levels 1, 2, 3 and 4. We'll help you keep your finger on the safety pulse and keep you, your people, and your community safe.

Call us today! 0800 500 147

Our Promise

“

If our recommended solution doesn't work then we will fix it at our cost.

”

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 **VANGUARD**[™]
Standing between you and harm