



BMI VERIFICATION

- These measurements can be taken and entered yourself as long as they are witnessed. Measurements for height, weight taken within the last 30 days are acceptable.
- Note: If you are an athlete with high muscle mass and low fat, different weight standards may apply. Please call 855-378-6777 if you believe you meet the requirement for this exception.

First Name

Last Name

Membership ID

HEIGHT (without shoes): _____ inches

WEIGHT (without shoes): _____ pounds

Please PRINT name of Witness

Witness Phone Number

Date of measurements (mm/dd/yyyy)

Agency and Title of Authorized Person (if applicable)

Title of Authorized Person (if applicable)

I have personally documented the entries for the above-named person and, to the best of my knowledge, the numbers I have entered are accurate.

SIGNATURE OF WITNESS OR AUTHORIZED PERSON

I affirm that all of the above entries are accurately reported and entered by the Witness or Authorized Person.

SIGNATURE OF WITNESS OR AUTHORIZED PERSON
