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Stage 1

# Dear Rider

Welcome to the 2020 Haute Route Ventoux. We've been working hard behind the scenes to make sure everything is in place so you can live an experience of a lifetime.

Part of this process is the publication of this roadbook. Its purpose is to provide a comprehensive guide outlining all the information you will need during the 3 days, both on and off the bike.

Inside you will find details on the registration process and technical stage information for the event, including details of the mechanical and medical assistance provided.

Wishing you all the very best of luck with your final preparations,

The Haute Route Team.

Bienvenue à la Haute Route Ventoux 2020. Nous travaillons dur tout au long de l'année pour que tout soit en place afin que vous puissiez vivre une expérience inoubliable. Une partie de ce processus est la publication de ce roadbook (en anglais uniquement). Son but est de vous fournir un guide complet avec toutes les informations dont vous aurez besoin pendant les 3 jours, à la fois pendant, avant et après les étapes.

À l'intérieur, vous trouverez des détails sur le retrait des dossards, des informations sur chaque étape, y compris les détails de l'assistance mécanique et médicale fournie pendant l'événement.

En vous souhaitant bonne chance pour vos derniers entrainements,

L'équipe Haute Route

## **Event Overview**

The third edition of the Haute Route Ventoux offers an exceptionnal course around the famous Bald Mountain. The Original course features a total of 270km and 7900m of climbing over three days. With a total of 215km and 5300m of climbing, the Compact course offers a more accessible route.

#### Thursday 1st October

Event Village in Bédoin Open from 2:00pm to 7:00pm Welcome briefing at 7:00pm Pasta Party at 8:00pm

#### Friday 2<sup>nd</sup> October

Start at 8:00am in Bédoin

Stage 1 Original Bédoin - Mont Ventoux 121KM | 3100M+

Stage 1 Compact Bédoin - Chalet Reynard 95KM | 2200M+

#### Saturday 3<sup>rd</sup> October

Start at 8:00am in Bédoin

Stage 2 Original Bédoin - Mont Ventoux 119KM | 3100M+

Stage 2 Compact Bédoin - Col de la Madeleine 105KM | 1650M+

#### Sunday 4th October

Start from 8:00am in Bédoin

Stage 3
Bédoin - Mont Ventoux
21.5KM | 1600M+
Closing ceremony at 1:00pm



## **How To Get To Bédoin**



#### **SHUTTLE**

Thursday 1<sup>st</sup> October 1:00pm Marseille Airport (MRS) to Bédoin Sunday 4<sup>th</sup> October 2:00pm Bédoin to Marseille Airport (MRS)

#### HAUTE ROUTE VENTOUX EVENT MAP - KEY POINTS



Click on the link to see the full online and interactive map: https://bit.ly/2FmBfgo

## **Sanitary Protocol**

#### **GENERAL**



distance 1m



in the village and confined spaces





Hand cleaning and disinfection

#### **NECESSARY**









#### **BIBS COLLECTION**





(thermal thermometer)



Hand sanitizer way in /out



#### **RACE AND FEED STATIONS**







for staff



Masks for participants in the start, feed stations and finish areas

#### **RESTAURATION**



Meal tray, no buffet



Riders will be seated one place apart. Im distance







HOTELS MASSAGES AND RESTROOMS

## **Registration Day**

The event village will be open on Thursday afternoon.



VILLAGE ARRIVAL – We advise you to arrive at the Event before 4pm.
Before exploring the village and visiting partners' and exhibitors' booths,
make sure you follow the steps outlined below.



BIKE PARK – If you brought your bike with you to the village use the secure bike park while you complete the registration process.



**BIB COLLECTION** – Collect your bib and bike plate (you will need one form of photo ID).



**REGISTRATION PACK COLLECTION** – Get your official Haute Route jersey, goodies from partners and for Original Riders your backpack (25L).



**OFFICIAL PHOTO** - Don't forget to have your official Haute Route picture taken.



**BIKE PLATE** – Once you've collected your registration pack, attach your bike plate on to your handlebars. It is forbidden to alter, cut or fold your bike plate.



WELCOME BRIEFING – Once you have completed all these steps and have visited our partner and exhibitor stands please ensure that you attend the mandatory Rider Briefing.

N.B: The Rider Briefing will be followed by the Event Supporter Briefing which is mandatory for friends and family following the event by car.



**PASTA PARTY** – To start the Haute Route in the right way, make new friends over dinner at the Pasta Party, which will take place after the Rider Briefing.

Finally, don't forget to pick up your bike if you used the bike park. There is no secure bike park overnight.

## Your Haute Route ID card

The Official Haute Route ID Card is your pass to access all services on-event.



#### Bike Park

Present your ID Card to collect your bike from the bike park



#### Rider Meals Pass

Pasta Party, rider meals and closing ceremony



#### Massages

Present your ID Card at the Info Point whilst booking your massage. You wil receive a sticker with your scheduled massage time on it



#### Rider's Experience & Services Team Official Hotline

If you have any questions about the organisation on-event. The phone-number is activated from the day prior to registration day until the day after the closing



#### Medical Emergency

24/7 hotline for any medical emergency on-event

## **Rules And Regulations**

It is important to be aware of all the Rules & Regulations of the Haute Route which include timekeeping & rankings, time limits, equipment allowed, safety, medical and personal assistance, anti-doping and other important topics.

#### Your road bike

The following equipment is strictly forbidden:

- · Any handlebar extension system
- Recumbent bikes, monocycles, tandems, or electric bikes
- Bottles made of non-deformable material (glass, aluminium, ...)
- · Wheels with less than 12 spokes

The following equipment on your bike is mandatory:

· A red light at the rear

#### **Cut-off times**

Cut-off times for each stage will be communicated in your Riders' Roadbook. For safety reasons, after the cut-off time you will no longer be able to continue on the route and you will be picked up by the broom wagon. In some occasions, the cut-off times are imposed by public authorities and the Haute Route will enforce them. In other occasions when safety can be guaranteed, the Race Director might be able to use more flexibility with the riders.

#### **Abandon**

In case you abandon the race, you must inform the organisation by calling the Haute Route hotline. +33 7 72 77 06 75

#### Road safety



Respect traffic rules at all times



Ride on the right-hand side of the road



Respect traffic signs of the Haute Route



Respect other road users (not involved in the event)



Wear your helmet at all times



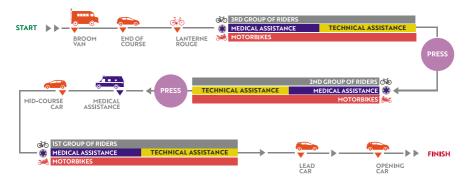
No earphones

#### Sustainability

By entering the Haute Route, you commit to respect the environment and the natural areas visited. It is strictly forbidden to leave any type of waste (paper, plastic packaging etc) on the course. Any rider caught throwing waste on the course can be penalised or even disqualified.

## Safety And Support

#### Organisation



#### **Technical Assistance**

The official technical assistance is the only party authorised to provide assistance on the course outside of designated feed stations. Riders receiving outside assistance - mechanical or otherwise - are liable to penalties and ultimately disqualification.

- Every participant is expected to be self-sufficient in the case of a puncture
- If you suffer a mechanical, please be patient and inform the driver of the closest course vehicle. Time waiting for technical assistance cannot be deducted from your race result.
- Technical assistance will be available in the event village and at the start line.

Although there may be some bike shops close to the course, we recommend you bring specific spares including:

- A rear-mech hanger
- Allen keys specific to your bike
- · Spare brake blocks (front and rear)
- Inner tubes with the correct length valves, CO2 cartridges and a pump

#### **Transition**

Some stages can include a transition after the stage to go from the finish line to the Event Village. Haute Route signage will be on the road however roads will be open to traffic so you will have to respect the traffic rules. We recommend you wait for your friends and ride as a group.

#### Start convoy

Most stages will begin with a non-timed secure convoy to roll out of the city. The peloton will ride at the pace of the Head of Race car until the first timing mat. The start convoy is included in the distance of the stage.

#### **Medical Assistance**

Available 24/7:

- · Emergency Doctors
- Professional Nurses
- Ambulances

#### **Medical Emergency**

Phone number:

+33 9 79 98 18 22

## Stage 1 - Friday 2<sup>nd</sup> October

#### **Practical info**

Start: 8:00am at Parking de la Vigneronne

**Village:** Parking de la Vigneronne **Briefing:** 6:30pm at Centre Culturel

#### ORIGINAL

#### **BÉDOIN - MONT VENTOUX**

121KM | 3100M+





#### COMPACT

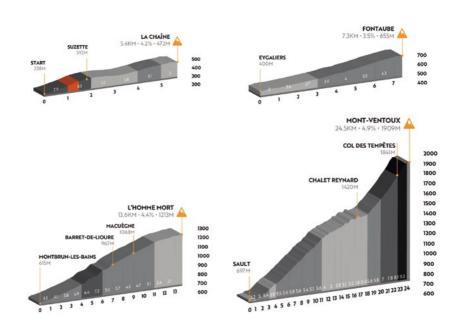
#### **BÉDOIN - CHALET REYNARD**

95KM | 2200M+

The Compact route on this first stage will feature the Col de la Madeleine, Col de la Chaine, and Col de Fontaube before heading straight into the Ventoux and finishing at Chalet Reynard.









## **Stage 1 - Cut off times**

\*For safety reasons, after the cut-off time you will no longer be able to continue on the route and you will be picked up by the broom wagon

#### ORIGINAL

Cities & Villages	Distance KM	First Rider	Last Rider
BÉDOIN	0	08:00	08:05
Ö	1.0	08:05	08:10
COL DE LA MADELEINE	6.7	08:20	08:40
COL DE LA CHAÎNE 🔀	21.1	08:40	09:30
DÉPARTEMENT DE LA DRÔME	34.4	09:00	10:10*
COL DE FONTAUBE 🔀	53.2	09:30	11:20*
MONTBRUN-LES-BAINS	66.4	09:45	11:40
COL DE L'HOMME MORT	₹ 81.5	10:21	12:55
AUREL	92	10:35	13:25
CHALET REYNARD 🔀	115	11:45	15:50*
COL DES TEMPÊTES 🏿 🎉	120.4	12:05	16:20
MONT VENTOUX	121	12:10	16:30

## **Stage 2 - Saturday 3rd October**

#### **Practical info**

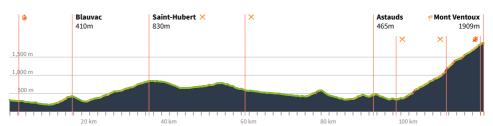
Start: 8:00am at Parking de la Vigneronne

**Village:** Parking de la Vigneronne **Briefing:** 6:30pm at Centre Culturel

#### ORIGINAL

#### **BÉDOIN - MONT VENTOUX**

119KM | 3100M+



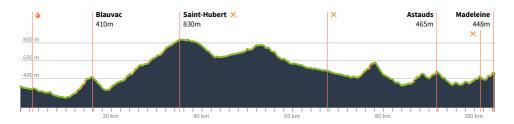


#### COMPACT

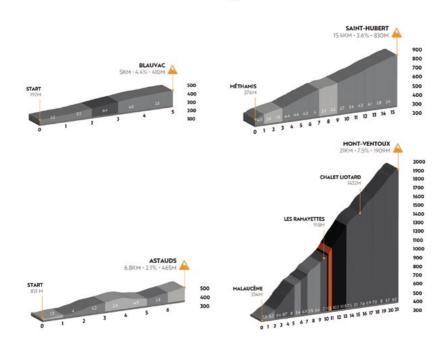
#### **BÉDOIN - COL DE LA MADELEINE**

105KM | 1650M+

The Compact route on this second stage will feature the Col de Blauvac, the climb heading to Saint-Hubert, and Col des Astauds before finishing at Col de la Madeleine.









## **Stage 2 - Cut off times**

\*For safety reasons, after the cut-off time you will no longer be able to continue on the route and you will be picked up by the broom wagon

#### ORIGINAL

Cities & Villages	Distance KM	First Rider	Last Rider
BÉDOIN	0	08:00	08:05
Ŏ	1.7	08:05	08:10
BLAUVAC	15.3	08:25	08:50
FERME SAINT-HUBERT 🔀	34.6	09:05	10:00*
MONNIEUX	43.2	09:20	10:10*
AUREL	52.9	09:37	11:00
SAVOILLAN 🔀	66.4	09:57	11:40
MALAUCÈNE 🔀	98.9	11:00	14:05*
CHALET LIOTARD 🔀	112.5	11:40	15:35
VIRAGE DU RADÔME 繸	118.5	12:05	16:15
MONT VENTOUX	119	12:10	16:30

## ITT Stage 3 - Sunday 4th October

#### **Time Trial procedure**

Your start time is defined by your overall ranking following the previous stages and riders will set off in reverse order of the general classification.

- Call times and start times published at the briefing after the previous stage and available online
- 2. Present yourself in the waiting area at your call time
- 3. Enter the Time Trial start pen 2 minutes before your start time
- 4. Enter the start ramp 20 seconds before your start

Please note, Duo riders will ride down the start ramp individually, and their start time will be based on the ranking of the slowest rider in their Duo.

#### Practical info

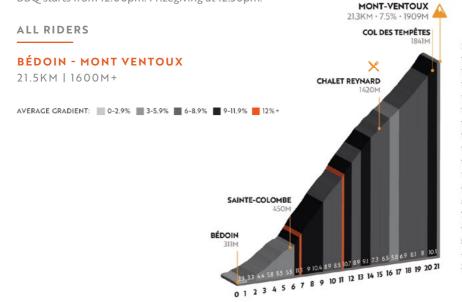
Start: From 8:30am at Parking de la Vigneronne

Finish: Mont Ventoux

Village: Parking de la Vigneronne

Closing ceremony: at Haute Route Village.

BBQ starts from 12:00pm. Prizegiving at 12:30pm.



## Accommodation

#### Hôtel des Pins 171 Chemin des Crans, 84410 Bédoin

3-star hotel in Bedoin in the Vaucluse department. Treat yourself to an enchanting stay at the foot of Mont Ventoux at the Hotel des Pins. At the north of the Vaucluse department, in Bédoin, our 3-star hotel is waiting to give you a warm Provençal welcome.







Gastronomic Restaurant

**Tesla Connectors** 

Secure bike storage







Swimming Pool

Short ride to event village & start line

W11

Hôtel La Garance 3863 Route du Mont Ventoux, Sainte-Colombe, 84410 Bédoin

A small, authentically Provencal hotel, with swimming pool, nestled at the foot of Mont Ventoux, in a peaceful setting in one of the hamlets of the village of Bedoin, on the climb to this emblematic summit of Provence.



**(** 

Retaurants across the street

Secure bike storage





Swimming Pool

Wif

#### INTRODUCING

# Bédoin

The town of Bédoin is located in the French area of Provence; built around the Colline Saint-Antonin it is constituted of a number of beautiful hamlets surrounding a charming town centre.

The town's DNA is inextricably linked to the land upon which it is built, and to the mont Ventoux. The 9103 hectares of communal land stretch from the southern side of the mont Ventoux itself to its summit which stands at 1909 m above sea level. Bédoin is also home to the biggest communal forest in France (6300 hectares).

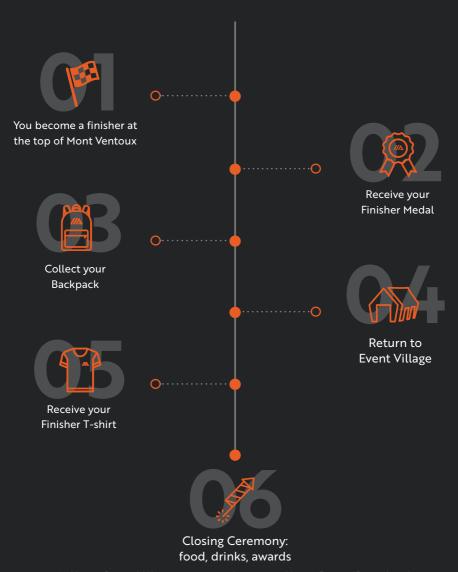
The Ventoux massif is home to a diverse and protected selection of wild flora and fauna living in one of the most unique ecosystems in the world

Bédoin is renowned for its AOP Ventoux vineyard, its quality of life in a gorgeous nature and its dynamic and welcoming population. People come from the world over to visit the tourist-friendly town. On top of the incomparable cycling, visitors can enjoy local restaurants, shops, vineyards and tourist attractions. The Monday morning market is known for being one of the best in Provence.

Bédoin mont Ventoux Le sommet



## **Final Day Operations**



At Haute Route Village - you must have your Haute Route ID card with you. Additional tickets can be purchased for friends and family.

## **Official Boutique**

Available online at hauteroute-shop.com, head to our official boutique to pick up a few pieces of memorabilia. Choose from our selection of hats, caps, t-shirts, socks, posters and much much more.



#### **2019 T-SHIRT**

Be proud to be part of the Haute Route community with our 2019 limited edition graphic tee.



#### SOCKS (3-PACK)

At the Haute Route we know how much our participants love wearing fancy socks. That's why we couldn't launch a boutique without our own collection of socks.



#### **SNAPBACK**

This trendy snapback cap is the perfect accessory for sunny days or casual attire.



#### **POSTER**

Hang this 2019 Haute Route Cycling Series poster at home or in your office to remember that you can overcome all obstacles.

## **How To Follow**

#### Follow the event

Website – Live updates daily on hauteroute.org, results, rankings and multimedia content.

Email – We'll send you a daily recap with a selection of photos and recap video straight to your email inbox every evening

#### Follow us on Social Media #HauteRoute

cyclinghauteroute

@haute\_route

O @haute\_route

hauteroutetv

**STRAVA** haute route

in haute route

#### Share your event photos

Stationed along the route on each stage, photographers from PhotoRunning will capture some of the best and toughest moments of your adventure. Don't forget to have your picture taken on registration day. You can register for the free photo sharing service on our website, and can purchase your individual high-res pictures from photorunning.com after the event.

https://www.hauteroute.org/riders-corner/events-photos







#### **PRODUCT CYCLE**

The organiser system that saves you time, helps avoid discomfort and enables you to enjoy and focus on your best performance.



#### **DAY PACK POKIT**

Built and designed from double-lined weather proof tech material and easy wipe waterproof inner, this pack away rucksack is for everyday use where weight and durability are essential.

- · 25 litre capacity
- Waterproof lining
- · Shoulder & chest straps
- · Roll down & clip to lock
- Lightweight
- Water resistant



#### **KITBRIX**

KitBrix is a robust, modular, military-inspired kit bag for passionate sports people. Each KitBrix bag can be zipped to another to form a rucksack, saving time in transition

- · Functional, robust, waterproof base
- Modular Design flex between wet & dry
- · No fuss system
- Customisable team kit icon
- · 6 standard colours available & free Run. Cycle Swim icons inside

#### **CITYBRIX**

BEAUTIFULLY CUSTOMIZED

The worlds first backpack with a built in gym locker. Created train hard. With it's unique design and space your CityBrix will be with you wherever you work train and play.

- Waterproof base
- Gym locker section
   17" Laptop Sleeve

#### **DRY PACK** DOBI

- 12 litre capacity
- to lock
   Wet sweats bag



#### **FIX & COMPACT VELCRO STRAPS**

KITBRIK

KITBRIK

PACK EFFICIENTLY

- · Fully adjustable,
- durable & weatherproof
- self-gripping, no knots 4 straps per pack various Quick and easy to use, fix compact

#### **MICRO TOWEL**

WITH COMPACT STRAP

- Quick drying80cm x 130cm
- Compact size



## **Event Partners**

**Global Title Partner** 



Official Global Partners













Official Global Supplier





**Official Charity** 



**Official Event Supplier** 



**Official Event Supporter** 



**Host City Partner** 







#DontCrackUnderPressure

#### **AUTAVIA ISOGRAPH**

La plus innovante des technologies horlogères pour une génération de nouveaux aventuriers.

\*Suisse Avant-Garde depuis 1860 / Ne craquez pas sous la pression

## 2021 COLNAGO HAUTE ROUTE SERIES 9 EVENTS • 7 COUNTRIES • 3 CONTINENTS

Z	Haute Route Watopia · 3 Days February	Zwift
	Haute Route Brazil · 3 Days* 26 - 28 March	Florianópolis
•	Haute Route Crans-Montana · 3 Days 11 - 13 June	Crans-Montana
6	Haute Route Pyrenees · 5 Days 6 - 10 July	Girona - Pau
•	Haute Route Alps · 7 Days 22 - 28 August	Megève - Nice
•	Haute Route Dolomites · 5 DAYS 31 August - 4 September	Cortina d'Ampezzo - Bormio
•	Haute Route Ventoux · 3 Days* 1 - 3 October	Bédoin
*	Haute Route Oman · 3 Days 29 - 31 October	Nizwa
<b>■</b>	Haute Route Mexico · 3 Days* 5 - 7 November	Valle de Bravo



\*Include a compact format

REACH NEW HEIGHTS