

The Learning Paradigm  
Element 5: Establishing Personal Values & Vision



Element 5

**Choosing a Growth  
Mindset**

Further reading

- [Forbes: How To Define Your Organization's Values](#)
- [The Power of Mistakes: Creating a Risk-Tolerant Culture at Home and School](#)
- [The Language of Growth Mindset](#)
- [How Do You Actually Develop A Growth Mindset?](#)
- [Mindsets for the 21st century and beyond](#)
- [Shifting Mindsets Cuts Suspensions in Half](#)
- [Why Is It That Some People Don't Tend to Change?](#)
- [What Having a "Growth Mindset" Actually Means](#)
- [Neuroplasticity: Rewiring Your Brain For Optimal Learning](#)
- [How stories shape our minds](#)
- [Even Geniuses Work Hard](#)
- [Carol Dweck Revisits the 'Growth Mindset'](#)
- [Mindsets Impact Perceptions of Student Behavior](#)
- [What can you do to promote a growth mindset in students?](#)
- [Talking About Failure: What Parents Can Do to Motivate Kids in School](#)
- [The 4 Underlying Principles Of Changing Your Brain](#)
- [Fixed vs. Growth: The Two Basic Mindsets That Shape Our Lives](#)
- [Is grit the true secret of success?](#)
- [Research every teacher should know: growth mindset](#)
- [How Companies Can Profit from a "Growth Mindset"](#)
- [How can mindsets be changed?](#)
- [The Most Spectacular Failure](#)
- [Designing an ecosystem for academic excellence: 7 elements to consider](#)
- [How Do You Actually Develop A Growth Mindset?](#)
- [Even Geniuses Work Hard](#)



- [25 Simple Ways To Develop A Growth Mindset](#)
- [Take the Mindset Assessment to Learn More About Your Mindset](#)
- [An Invitation to Grow](#)

#### Watch

- [The Science of Learning: How to Turn Information into Intelligence](#)
- [Erika Hamden: What it takes to launch a telescope](#)
- [Carol Dweck: The power of believing that you can improve](#)
- [Eduardo Briceño: The Power of Belief - Mindset and Success](#)
- [Video library on the growth mindset](#)
- [Neuroplasticity: Growth Mindset](#)
- [You Can Grow Your Brain \(Neuroplasticity\)](#)
- [Neuroplasticity](#)
- [Angela Lee Duckworth: The power of passion and perseverance](#)