

The Learning Paradigm
Element 2: Purpose-Inspired Learning



Element 2

**Purpose-Inspired
Learning**

Further Reading

- [David S. Yeager et al. Boring but Important: A Self-Transcendent Purpose for Learning Fosters](#)
- [Academic Self-Regulation \(2014\)](#)
- [Carol Dweck Mindset: How You Can Fulfil Your Potential \(2012\)](#)
- [Ikigai 4.0—Flourishing Me](#)
- [Seven essential elements of a lifelong-learning mind-set](#)
- [BBC Report: A Japanese concept to improve work and life](#)
- [World Economic Forum: Is this Japanese concept the secret to a long, happy, meaningful life?](#)
- [The Great Power Of Connecting Passion With Purpose](#)
- [Rockwood Leadership Institute](#)

Books

- https://www.amazon.co.uk/Ikigai-Japanese-Secret-Long-Happy/dp/B0759VH4Q9/ref=sr_1_1?dchild=1&keywords=ikigai&qid=1585001682&sr=8-1
- https://www.amazon.co.uk/Little-Book-Ikigai-Essential-Japanese/dp/B0741DML3N/ref=sr_1_2?dchild=1&keywords=ikigai&qid=1585001731&sr=8-2

Watch

- [How to live to be 100+ - Dan Buettner](#)
- [Ted Talk, Bernie Dunlap: The Lifelong Learner](#)



- [The Japanese Formula For Happiness - Ikigai](#)
- [The Ikigai Concept](#)
- [https://www.youtube.com/watch?v= X7LQZXIIUk](https://www.youtube.com/watch?v=X7LQZXIIUk)
- https://www.ted.com/talks/dan_buettner_how_to_live_to_be_10
- <https://www.youtube.com/watch?v=0dpAsi9lqpA`>

- <https://www.redbull.com/gb-en/ikigai-japanese-concept-secrets>
- <https://rockwoodleadership.org/>
- <https://rockwoodleadership.org/132-of-the-best-questions-to-help-you-reflect-on-your-purpose/>
- https://f.hubspotusercontent40.net/hubfs/5726799/LearnLife_August2021/Pdf/nihms-736039.pdf
- <https://www.amazon.co.uk/Mindset-How-Fulfil-Your-Potential/dp/1780332009>
- <https://medium.com/@LordSillion/ikigai-4-0-flourishing-me-b7af6252d326>
- <https://www.mckinsey.com/business-functions/people-and-organizational-performance/our-insights/seven-essential-elements-of-a-lifelong-learning-mind-set>
- <https://www.bbc.com/worklife/article/20170807-ikigai-a-japanese-concept-to-improve-work-and-life>
- <https://www.forbes.com/sites/karlmoore/2015/01/19/the-great-power-of-connecting-passion-with-purpose/?sh=66f81f2f8784>
- <https://www.youtube.com/watch?v=ff40YiMmVkU>
- https://www.ted.com/talks/bernie_dunlap_the_life_long_learner/up-next
- <https://www.youtube.com/watch?v=Zxj3P0enJNQ>
- [https://www.youtube.com/watch?v= X7LQZXIIUk](https://www.youtube.com/watch?v=X7LQZXIIUk)