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WALK THE TALK AMERICA

MENTAL HEALTH: IT'S OK TO TALK ABOUT IT

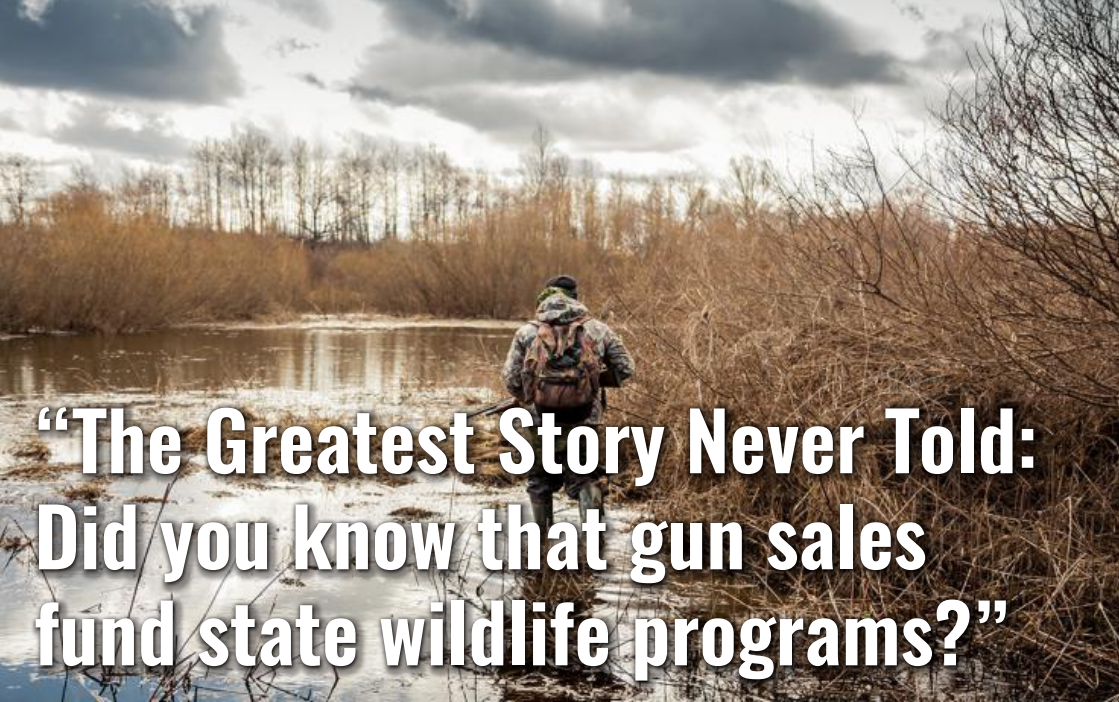
Mental health conditions, such as depression or anxiety, are not only real, painful, and disruptive, but are common and treatable. Experiencing a mental health issue is nothing to be ashamed of, nor is it something to hide. Learning about mental health in general and understanding where you are with respect to your own mental health is an essential part of staying mentally healthy. One of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition is to take an anonymous screen.

Free, anonymous screenings are available at: WTTA.org/LOVE

For more info and resources, please visit WTTA.org and sign up for our newsletter.



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“The Greatest Story Never Told: Did you know that gun sales fund state wildlife programs?”

It turns out that environmentalists and hunters have a lot more in common than we think. Dubbed to be one of America’s “greatest stories never told,” it is believed that not a lot are aware of the Federal Aid in Wildlife Restoration Act, more popularly known as the Pittman-Robertson Act. Signed into law by former President Franklin Roosevelt in 1937, it puts an 11% tax on sales of firearms, firearm ammunition, archery equipment, and arrow components, then distributes it to state governments for wildlife projects, as well as to fund state programs for habitat management, wildlife surveys, species reintroduction and hunter education.

It has helped conserve species that were on the brink of extinction, as well as allow the expansion of ranges by habitat acquisition and improvement for certain animals like American black bears, elk and cougars, made possible through the Pittman-Robertson Act. Notably, the act has not only been helpful for animals, but to the people, too. Hunters, hikers, birdwatchers alike; basically anyone who enjoys wildlife benefit through the act as well.

Unknown to many, a lot of state wildlife agencies and the country’s wildlife conservation systems rely heavily from the funds gathered through these acts, so we can only continue wishing for nothing but the rise in interest in hunting and in both firearms and archery equipment sales so enthusiasts and hunters alike may carry on the conservation legacy.

Reference link: <https://www.sierraclub.org/sierra/pittman-robertson-wildlife-conservation-fund>