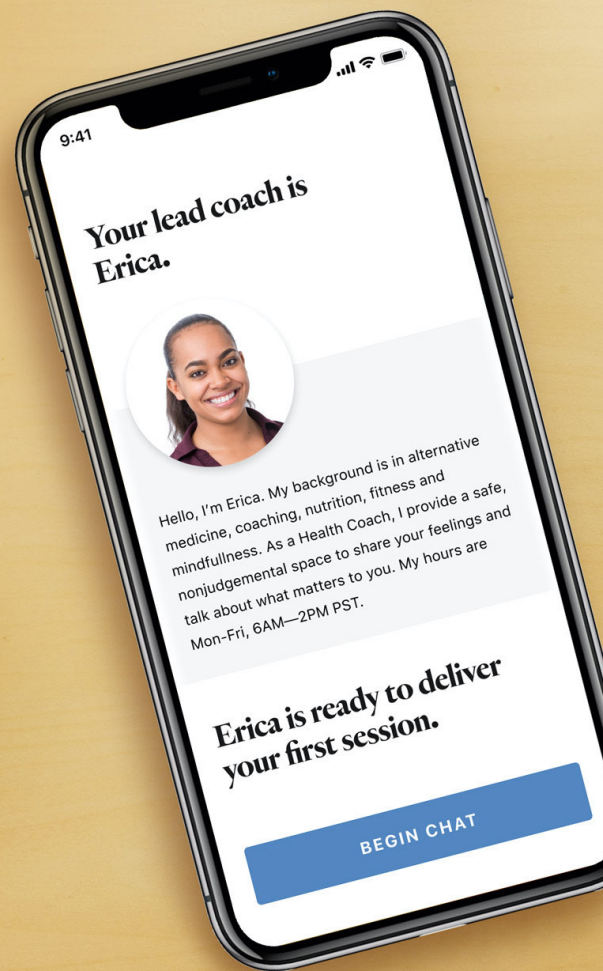


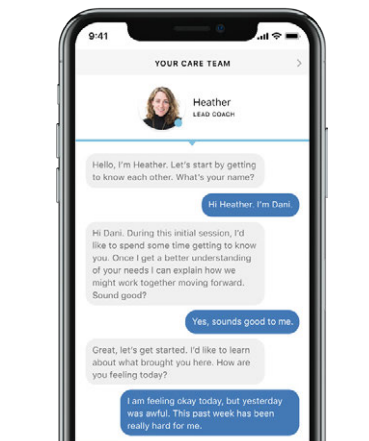
**We're Ginger.**  
**We provide incredible**  
**mental healthcare**  
**in seconds.**



ginger

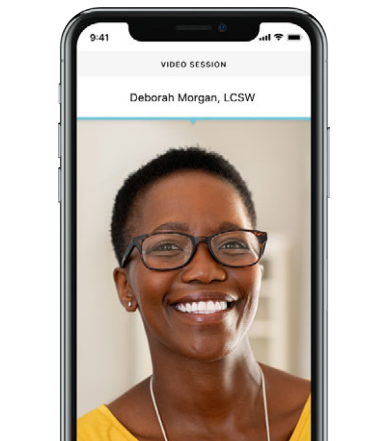
# All your care. All in one place.

Everyone can use mental health support at some point in their lives. The problem is finding that support isn't as easy as it should be. At Ginger, we believe that everyone deserves access to incredible mental healthcare. So we've created the world's first integrated mental healthcare system where coaches, therapists, and psychiatrists work as a team to coordinate the best, personalized care for members right from their smartphone, whenever they need it, in seconds. It's like a virtual clinic without the waiting room.



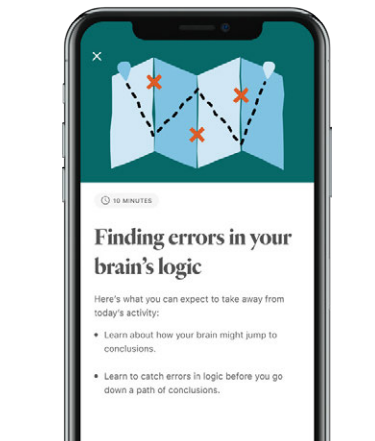
## *Behavioral health coaching*

Within seconds, members can chat live via text with trained behavioral health coaches, to receive 24/7 emotional support for day-to-day life challenges such as managing anxiety or improving sleep.



## *Therapy + psychiatry*

If needed, members can access virtual therapy or psychiatry within hours. Licensed therapists and psychiatrists work together with coaches, and can deliver sessions outside of business hours.



## *Skill-building activities*

Activities are clinically-validated to teach a wide range of life skills, like deep breathing to reduce stress. They are hand-picked for members by their coaches based on individual needs and goals.

## *Instant access*

**44 seconds**

Time to connect to care with a coach

**10.5 hours**

Time until first available therapy or psychiatry appointment

## *Proven results*

**70% better**

Percentage of members that see an improvement in symptoms

**4.7/5 ★**

Average rating after each Ginger session

ginger

Learn more at [ginger.io](https://ginger.io)

# Anytime, anywhere. For everyone.

With a data-driven approach to care that's super-powered by AI, Ginger is able to scale and deliver immediate, high-quality mental healthcare to individuals across the globe. Millions of people have access to Ginger through leading employers, health plans, and other partners. The World Economic Forum has identified Ginger's AI technology as a Technology Pioneer, and the company was recognized as one of the top 10 Most Innovative Companies in Healthcare by Fast Company.

✓ Available in 50 states and 30 countries

Some of the employers, health plans, and partners we work with

BuzzFeed

Chegg



SEPHORA

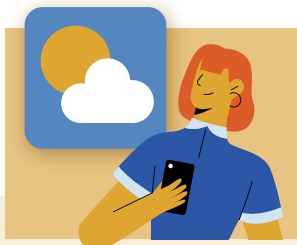


Wag!



As heard from a Ginger member

*"My therapist and coach make the most amazing care team. Together, they have helped me become a better person. I've learned so much about myself, and I'm so grateful for that."*



## On-demand

Care is available at any time in seconds through your smartphone. It's as easy as opening your weather app and as reassuring as a forecast of clear skies.



## Personalized

While some days are sunny, others are stormy and gray. Our coaches, therapists and psychiatrists work together to offer care at any level, no matter the forecast.



## Confidential

We help you build skills to prepare for any weather, all from the privacy of your phone. Whether you need sunglasses or an umbrella, we'll give you the tools to take on life.

ginger

Learn more at [ginger.io](https://ginger.io)