

MULTIFOCAL EDOF

SynergEyes*iD*
individually designed

PATIENT Lens Handling & Care

Individually
Designed

Just for you!



How to apply your lenses:

Always wash your hands with mild soap and dry them well with a lint-free towel before handling the lenses. It is a good idea to handle your lenses in the same order each time to avoid getting them mixed up.

There is more than one way to apply your lenses. We recommend you pick the method that works best for you.

1. Place the lens on the tip of one finger or nestled between two fingers. A drop of preservative-free lubricant or saline can be added to the bowl, if desired.



2. Either keep head upright or lean forward and tilt your head parallel to the counter. (Sometimes it's helpful to place a mirror flat on the counter to look into as you insert the lens.)



3. Pull up on your upper lid with one hand by placing the fingers at the base of the lashes. Pull down on lower lid using a finger on the hand holding the lens.
4. Gently place the lens on your eye. Slowly release each eyelid separately and blink several times.

How to remove your lenses:

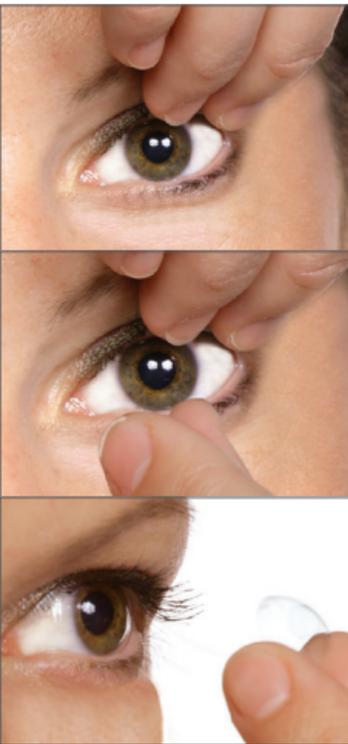
“Tissue Trainer” Method

Practice removing moist lenses with a tissue.

1. Place tissue over forefinger and thumb.
2. Using narrow pinch, with fingertips at the 5 and 7 o'clock positions on lens, apply slight pressure; wait for a “1, 2” count and roll fingertips together and back toward palm of hand to remove lens.

DRY Finger “Pinch” Method

Once comfortable removing lenses with a tissue, practice using a **firm, narrow pinch with very dry fingers** (instead of dry tissue).



1. Using one hand, pull upper lid back.
2. Using your finger on the opposite hand, pull down lower lid gently.
3. Place **very dry** fingertips at the 5 and 7 o'clock positions on lens and apply slight pressure; wait for a “1, 2” count and roll fingertips together and back toward palm of hand to remove lens.
4. **Fingers should be dried with a towel between each removal attempt.** *Rubbing fingers together until heat is felt from the friction will also ensure fingers are completely dry.*

Lens care instructions:

Be Sure to Clean Your SynergEyes iD Lenses Daily



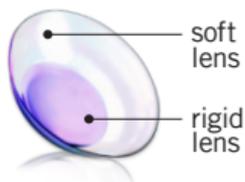
1. Place the lens bowl-side up in the palm of your hand. Rinse your lenses with a daily cleaner approved for soft contact lenses. **Never use tap water to rinse or store your lenses.**
2. With the pad of your ring finger, gently rub the entire lens in a circular motion against the palm of your hand. Be sure to thoroughly clean the front and back of the lens and then rinse it well with saline.
3. Store your lenses in either a hydrogen peroxide system OR multi-purpose disinfecting solution, as recommended by your eye care professional.

What's the difference between removing SynergEyes iD and soft contact lenses?

- Soft lenses are removed with a broad grasp. A soft lens bends and comes out.
- SynergEyes iD does not bend in the middle, so it needs to be removed with a narrow pinch at the 5 & 7 o'clock positions, like picking a piece of lint off your clothing.

Avoid using oil-based cosmetics as they will permanently damage the surface of your SynergEyes iD lenses.

What to expect:



SynergEyes iD Multifocal hybrid lenses are individually designed for you to provide you with exceptional vision and comfort.

Hybrid lenses combine two types of materials into one unique lens. The center is made of rigid material to give you clear, stable vision, while the soft skirt maintains comfort throughout the day. Both parts of your SynergEyes iD lenses are personalized for you based on the shape and vision requirements of your unique eyes.

In addition, the patented Multifocal Extended Depth of Focus (EDOF) lens design can offer more freedom from glasses while providing clear vision near, far and in between.

Adjusting to Multifocal Optics:

How do Multifocal Optics work? SynergEyes iD contact lenses allow light rays from all distances to enter your pupil and focus on the retina simultaneously. Your vision will improve as you wear the lenses and your visual system adapts.

Is it normal to see this way? This is an example of what your vision may look like during adaptation:

Your near or distance vision may initially look like 3-D vision.

Printed words may appear to lift off the page, or you may see shadows around objects up close. This effect typically goes away within a short period as you increase your wearing time.

How long should I expect to see this way? Your brain will learn to select the desired image at the proper distance, which may take up to 1-2 weeks for some people.

How long does it take to adjust to the feel of the lens? It is normal to have lens awareness for a few days as you adapt to the feel of your SynergEyes iD hybrid lenses, but this lens awareness will diminish over time.

Lens care solutions:

Disinfection Systems: Use chemical (not heat) disinfection systems (Multi-Purpose or Hydrogen Peroxide* solutions) approved for soft contact lenses, as recommended by your eye care professional.

Daily Cleaner: The standard of care for contact lenses recommends using a daily cleaner approved for soft contact lenses.

Rewetting Drops: If needed, use rewetting drops approved for soft contact lenses, as directed by your eye care practitioner.

If lenses have Tangible® Hydra-PEG coating, alcohol-based or abrasive solutions should be avoided.

The recommended replacement schedule for SynergEyes iD lenses is every six months.

It is important that you always follow your eye care professional's instructions. Based on your individual needs, your eye care professional may recommend a different replacement schedule.

Learn more about your new SynergEyes iD lenses and become an expert in applying and removing your lenses with the SynergEyes iD Application & Removal Resource.

Visit:

info.synergieyes.com/iD-application-and-removal-resources
or Scan the Code:



*In some patients the tear chemistry may react with the hydrogen peroxide to cause a permanent white ring at the junction of the rigid center and soft skirt. This ring does not affect vision or comfort.