

INTRODUCTION TO COMPOSTING

Did you know food scraps account for about 30% of what we throw away? Instead of becoming waste, these organic materials could be composted and used to create nutrient-rich, healthier soil to help plants grow. Implementing a compost program will keep heavy food waste out of landfill and reduce methane and greenhouse gas emissions released into the environment.

BENEFITS OF COMPOSTING :

- Adds nutrients and organic matter back to soil
- Reduces our reliance on synthetic fertilizers
- Diverts methane-producing organic materials from landfill
- Improves soil's water retention capacity



CAN COMPOST

- Fruits + Vegetable • Meat + Fish Scraps • Dairy Products • Bread
- Pasta • Rice • Grains • Nutshells • Eggshells • Jellies • Sauces
- Oils • Coffee Grounds + Filters • Tea Bags • Leftover Food
- Biodegradable Plates + Biodegradable Silverware

** Please look for the following symbols to certify your kitchenware is approved **



CANNOT COMPOST

- Produce Stickers
- Plastic silverware
- Tin Foil
- Rubber gloves
- Yard trimmings and plants