



JOURNAL PAGE: DAY 19

DISABILITY & ABLEISM

Use the spaces on the right side below to enter your answers and thoughts, and then save this document to your computer for future reference.

What was your “aha moment” (moment of surprise or new information)?	
Does this information change your perspective?	
How will you use what you learned today to create more equitable spaces?	
How diverse in the community you live in?	
When someone is acting inequitably toward another person, would you be willing to step in?	