



Icebreakers are a great way to get to know each other. The goal is not to have a lengthy discussion in the moment, but rather to spark a deeper conversation at a later time. When there's more conversation, people get to know each other a little better in a positive way, which leads to building more effective teams.

IDEAS FOR ICEBREAKERS

IDEA #1: QUESTION, ANSWER & A QUICK STORY

For these icebreakers, everyone takes turns answering the question and telling a brief story, if they like.

- What are you working on now?
- What challenges are you facing?
- What's got your attention these days?
- What were you doing 10, 20 and 30 years ago?
- What was your first job?
- What was your most unusual job?
- What is your favorite food, dish, or comfort food?
- What are you streaming these days?
- What's your favorite app?
- What are your favorite pizza toppings?
- Do you speak any other languages?
- Which season is your favorite? Why?
- What was the best part of your weekend?
- Have you ever traveled outside of the country? What was the most exotic?
- What did you dress up as for last Halloween, or what was your best costume?
- Do you play any musical instruments? Singing counts.
- Where were you born? Where did you grow up? What was it like?
- If you could add anything to the office what would it be?
- What are your favorite sports, and do you play any sports?
- Do you have any pets?
- What is your favorite movie?
- Have you ever met a celebrity? Tell us about it.
- When you were a kid, what did you want to be when you grow up?
- What books or articles are you currently reading?
- Have you ever broken a bone? What happened?
- Have you ever been in a car accident? What happened?
- What is the farthest distance you have driven?
- Do you have any siblings?
- What college did you attend, and what did you study?
- What is your Starbucks order?
- What is your favorite book?
- Who is the most famous person you've ever met?
- Outside of work, what is something you've always wanted to learn?
- Outside of work, what is something you know really well?
- What is something you are looking forward to?
- What time period would you like to live in?

ICEBREAKERS CONTINUED

IDEA #2: THIS OR THAT

As each person is called on in a roll call, the moderator asks one of these questions. The moderator changes the question for each person in the meeting, so none or very few receive the same question.

- French fries or onion rings?
- Strawberry shortcake or chocolate chip cookies?
- Football or golf?
- Beach or mountains?
- Halloween or Thanksgiving?
- Fall or Spring?
- iPhone or Android?
- Pizza or pasta?
- Driver or passenger?
- Online or in-person shopping?
- Book or Kindle?
- Newspaper or online news?
- Text message or phone call?
- Ketchup or mustard?
- Fritos or candy bar?
- Today or tomorrow?
- Card game or video game?
- Pen or pencil?
- Cake or pie?
- Dog or cat?
- Hot dog or hamburger... or veggie/Impossible burger?
- Add your own!

IDEA #3: ZOOM RENAMING

Your name is in the lower left corner of the Zoom screen. In this icebreaker, rename yourself using the following steps:

1. Click on your name
2. Click “Rename” on the menu
3. Type in your new name
4. Press “Enter”

- The name of the actor who you’d like to play you in a movie about your life
- Favorite cartoon character
- Name of your yacht – when you have the opportunity to buy a yacht
- Brainstorm with the group the option of your choice

BARRY HAS APPEARED



“Barry offers both the inspiration and the skills to succeed.”

Liz Joyner, Founder & CEO,
The Village Square

CONNECT! WITH BARRY
FOR MORE INFO AND TO SCHEDULE A TALK

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