

What time is best to pitch?



1	THE TIMES	BEFORE 10AM	
2	THE TELEGRAPH	9.00AM - 10.00AM	
3	THE I PAPER	8.30AM - 9.30AM	
4	CITY AM	9.30AM - 11.00AM	
5	THE FINANCIAL TIMES	7.00AM - 8.00AM	
6	DAILY MAIL	9.00AM - 10.00AM	
7	THE SUN	9.00AM - 11.00AM	
8	THE GUARDIAN	8.30AM - 11.30AM	
9	PA MEDIA	7.00AM - 9.00AM	
10	EVENING STANDARD	7.00AM - 8.00AM	
11	MAIL ON SUNDAY	TUESDAY LUNCHTIME	
12	THE SUNDAY TELEGRAPH	MONDAYS	
13	THE SUNDAY TIMES	TUES & WEDS AM	