



FOUR SEASONS

The Care You Trust

FourSeasonsCFL.org
(828) 692.6178

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and for Joy**

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A Time for Reflection, for Peace, and for Joy



Dr. Millicent Burke-Sinclair Ed.D, MBA, President & Chief Executive Officer

Join me for a moment and reflect back to an important moment in your life in 2020...

As you remember what that moment entailed, what type of imprint did it leave on your life? Oftentimes in life we experience circumstances and seasons that we may not have expected or been ready for, but what we do both during and after can have a direct impact on our present peace and our future joy.

While 2020 was a challenge for so many of us, we are grateful to have been able to extend our heart and compassionate care to our community to ensure everyone who needs care had access. While providing care to patients across our entire care continuum and all of our 11 (now 13) counties, we ensured that we did so both safely and promptly. We were diligent about supporting our staff, responding to our community, and providing excellent care for all of the patients and families within our care. We thank our community for coming alongside of us to help support the continued care that we provide, regardless of one's ability to pay.

As you look at the page to the right of this article, please join us in spending some time honoring each person, each patient, each family. The numbers on the page represent lives, represent parents, siblings, children, friends, and more. The numbers represent stories, memories, and legacies. We are so blessed to come alongside of our community to co-create the best care experience possible, thank you for being part of our Four Seasons' Family!

Throughout this issue of Life Lines, you will read an update on how we are continuing to live our Mission of Co-Creating the Care Experience by advancing our vision of: Innovating Healthcare, Influencing Humanity, and Impacting Life... You will read about mission moments, annual impact, generous donors, community collaborations, and so much more.

We pray that you and your family have a healthy and peaceful new year.
Please let us know how we can help you more.

We are humbled and honored to have served over 9,000 patients across all of our service lines during 2020. Despite the challenges faced with COVID, compassionate care remained available for all who needed our care. This was made possible through the efforts of our tremendous staff, volunteers, donors and the families and patients who are willing to trust us with their care.



Over 9,000 patients served across 11 Counties in western North Carolina

Care Navigation • Home Care • Palliative Care • Hospice Care • Elizabeth House • Grief Services
Compass • Research & Innovation • Volunteer Services • Home Store • Veterans • Foundation

Care Navigation:



Served **153** clients;
33% transitioned to other
Four Seasons service lines.

Home Care:



Served **168** clients, totaling
67,739 hours of care.



Palliative Care:

3,039 patients served;
1,050 transitions were made to Hospice Care;
18,500 visits were made to patients this year.

Hospice Care:



6,246 patients served;
the average length of stay was
65 days.

Grief Services:



The **5** members of Grief Services provide at least **13** months of care and support after the death of a hospice patient. We also offer all of our services to anyone in our **11** counties who suffer the loss of someone. Due to COVID, we offered our services virtually. Grief Services provided care to **2,160** individuals in FY20.

We Honor Veterans:



This year we have been honored to recognize with a pinning ceremony
117 Veterans
& over **600** since beginning the program just a few short years ago..

Research & Innovation:

We are **1 of fewer than 5** non-profit providers participating in clinical research trials. Current trials include research on **Pain, COPD & Constipation.**



Tap Cloud, a TeleHealth/TeleHospice

resource for rural patients living in WNC was a benefit to **456** patients and families.

Foundation:



\$3 Million in community support received by Four Seasons Foundation.

Employee Solutions:



We added a total of **56** positions, closing FY 2020 with a total of **389** employees, with a total tenure of **1,566** years of service to Four Seasons.

Compass:

178 of these were in our COMPASS Child and Adolescent program. Total Grief Services contact (including calls, mailings, events, and individual & group counseling) totaled **7,576**.
178 individuals served,
1,078 individual sessions,
157 served through groups,
47 through virtual Camp Heart Songs



Volunteer Services:

282 volunteers provided
>22,679 hours,
contributing a cost savings to Four Seasons of
over \$585,448.

Home Store:



A total of **31,076** customers shopped at our Home Stores and Warehouse Sales. A **second Home Store location** opened May 19th. Operations are managed by:
8 staff members,
4 delivery drivers, and
over **80+** volunteers who contributed
10,107 hours of volunteer service.

The numbers reported here reflect our 2020 Fiscal Year: October 2019 through October 2020

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A Community Collaboration



as shared by Alice Berry, Music Therapist



To see and hear more about the power of music therapy, visit: <https://vimeo.com/494265694>

When COVID-19 rolled in to Western North Carolina, questions about how best to care for our community took on a different tone. Hospice families welcome us not only into their homes, but also into emotionally and medically difficult times in their lives. I will never again take for granted the true intimacy that comes with sharing space with patients and families in person. The incredible team at Givens Estates recognized the value of connection and agreed to explore telehealth (live video conferencing over a secured platform) to conduct music therapy sessions to support residents on hospice care experiencing agitation, existential crisis, and depression.

Rose Pike, Life Enrichment Assistant at Givens Estates, and I established a routine to determine each week who needed a visit, setting off each Thursday morning to spend time with them. While I provided live, individualized music experiences on a tablet, Rose tracked the heartbeat of the room, providing the physical presence I could not. Residents who may not fully comprehend seeing someone on a tablet screen still connected deeply with the music shared: their body's tension melting, their eyes welling with the tears of being seen, and their faces lighting with joy as they shared a treasured memory.

One resident in particular, Ms. Sue Nicholson (pictured left) was a lifelong musician, an organist to be exact. During a visit captured on video to share with her family, she reflected on her early days as a church organist and the wisdom that stems from her deep faith: "be a friend to others." Her connection to music defied what seemed physically possible at her advanced age as she operated the piano pedal with superb timing, ringing out four-part harmony across all octaves of the piano during a visit captured on video to share with her family. We are honored that her family chose to share these moments on film as a testament to Sue and the power of music.

Reflecting on this time together, Rose shared "I've had the honor of being able to sit in on music therapy sessions and have seen the impact it has on individuals. I was deeply moved by the connection and spirituality that I have witnessed. I believe in the power of music, it can transcend words and connect people, and I have seen that with music therapy."

Like many of you, I never imagined my job would become one done over a screen. As a board-certified music therapist, my training is comprised of musicianship, assessing and addressing physical, emotional, and psychosocial needs, and connecting with people on a deep, human level. All of which I learned to do in person. And now, here Rose and I were, miles apart and yet working closely together, creating moments that felt impossible during early days of the pandemic.

*The heart of what we do at hospice is show up for people: to walk alongside, hold a hand, and listen.
The staff at Givens Estates share that same spirit, recognizing the humanity of each resident.
Together as a community we uphold our hospice families during this tender time.*

The Dan & Nancy Barber Veterans Memorial Garden

as shared by Paige Wheeler, Four Seasons Foundation Executive Director

Four Seasons Foundation is pleased to announce The Dan and Nancy Barber Veterans Memorial Garden at Elizabeth House nears completion. The beautiful, 1200 square foot garden—funded entirely by the community—is a place of peace and rest for the many Veterans served by Four Seasons. This garden features flags of each branch of the United States Armed Forces, the Space Force flag, and the POW/MIA flag.

On November 11, the Foundation hosted the official flag-raising ceremony. "It was a beautiful November day when we marked a major milestone in our We Honor Veterans program at Four Seasons. At the morning ceremony, under bright blue skies, a small (COVID-compliant) crowd raised the flags at the Dan and Nancy Barber Veterans Memorial Garden. I could not have been prouder of the combined efforts of so many people who enabled this to happen. This very special place will be enjoyed and appreciated by so many people, now and in the years to come," says CAPT John Knapp, USN (Ret.), Foundation Board Member and We Honor Veterans Committee Chair.

The Dan and Nancy Barber Veterans Memorial Garden is named for two wonderful people who had many family members serve in all branches of our nation's armed services. We are grateful for their patriotism and their benevolence. Thanks to them, Four Seasons now has a beautiful garden where every branch of service is represented and where others may experience peace and remember loved ones who have served our country.



The Barber family, with a history of family members who served in the United States Military, are passionate about the mission of the We Honor Veterans program at Four Seasons. Over one-third of patients served by Four Seasons are Veterans, so the Garden was the perfect way to show their support of Four Seasons and Veteran patients.



The official dedication ceremony is currently scheduled for Thursday, May 27, 2021.

The next time you drive by or visit Elizabeth House, be sure to stop and "smell the roses" in this peaceful outdoor space.

Educate, Inspire and Engage

as shared by Callie Davis, Community Relations and Marketing Director and Leisl Vale, Community Relations and Marketing Assistant



Callie, a graduate of Appalachian State University, joined Four Seasons in 2013. She has been a member of the Rotary Club of Asheville since 2008. Callie is a married mother of five-year-old twins, Carson and Riley, and two bulldogs, Layla and Coley. Her favorite foods include Mexican and sushi. In her limited spare time, she enjoys spending time outdoors with family and friends.



Don't put off for tomorrow, what you can do today.



Four Seasons Community Outreach and Marketing department fulfills two important components of communicating with and reaching our community. Inherently, community outreach and marketing have different goals. Community outreach educates the public about business ideals and practices while engaging the community in conversation. It focuses on giving, inspiring, contributing, and helping others in the community. It influences younger generations to give back to their communities to facilitate substantial growth. Marketing focuses on products (in our case, services) and strategies that promote the Four Seasons name, brand, and service lines in all regions. We are currently active in community outreach in our North and South regions and will create similar opportunities in our West region this year.

Three goals of our department are to **educate, inspire, and engage**.

- We **educate** the community by offering free presentations and workshops on a variety of healthcare, aging, serious illness or end-of-life preparation related subjects.
- We **inspire** the community by sharing stories about our courageous patients, hardworking staff and dedicated volunteers. We inspire the community by sharing how a donor's gift made care possible for a homeless veteran or provided grief counseling to a child who lost a parent.
- We **engage** the community through events like Chalk the Walk where we drew messages of love and support with chalk on the sidewalks where frontline workers at skilled nursing and assisted living facilities could see, or by providing virtual movie previews with discussions live as well as in the chat. We also engage through collaborating with bakeries to provide delicious cakes, pies and cookies to the families, staff and volunteers at Elizabeth House. Another example of how we stay engaged with our communities is shown through our staff's participation in civic groups like Rotary and Kiwanis.

Callie Davis and Leisl Vale handle all Community Outreach and Marketing endeavors for Four Seasons' six service lines and the Foundation (including both Home Stores and the warehouse). You'll find Callie and Leisl at most Four Seasons events. Be sure to say hello to these two outgoing ladies and learn more about how they further the mission of Four Seasons, or contact them at info@fourseasonscfl.org to get involved with Four Seasons Community Outreach efforts.



Leisl joined the staff of Four Seasons Foundation in January 2020. She earned a B.A. in Communications from Samford University and a Master of Science in Public Relations and Marketing from Purdue University. Leisl married in 2019 and has two Leopard Geckos, Stella and Twixy. Leisl is a reptile lover, an avid book reader, and a violin player. Her favorite foods include sushi, sashimi, and Chick-fil-A.



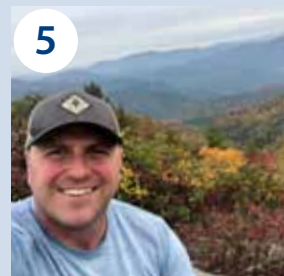
Be somebody who makes everybody feel like a somebody.



1. Jennifer Pharr Davis
2. Judd Richardson, Paige Wheeler



COMPASS CHALLENGE



4. Amy Entwistle, Anne Valentine, Barbra Love, Blair Stockton with son Easton, and Bonnie Van Clevon
5. Andy Miller
6. Lynn, Samantha and Clancy Penny



Chalk the Walk

3. Four Seasons employees Shannon Mullis and Johanna Williams (kneeling, l-r), along with Trinity View employees Sherri Redden-Marketing Director, Steve Ridenhour-Chaplain, Margaret McVay-Director of Dining Room Services, and Gina Harmon-Resident Care Coordinator (standing, l-r)



STAFF Appreciation



7. Natisha Wilkes, Jeremy Glidden, and Emily Malenchak
8. Leah Grant, Emily Malenchak and Michelle Giroir
9. Andi Robbins, Bobby Bennett, Callie Davis, Lynn Penny, and Shannon Mullis (kneeling)

VOLUNTEER SPOTLIGHT

Serving and Educating our Community

as shared by Leisl Vale, Community Relations and Marketing Assistant



Fritz and Christine (Chris) Becker embody the definition of “salt of the earth.” With backgrounds in service organizations, Fritz and Chris bring a unique and valued perspective to their volunteer work at the Home Store. The Beckers are originally from New York. Fritz began his professional law career as a Child Abuse Prosecutor. He later served as a County Judge and an Acting Supreme Court Justice for the State of New York. Chris taught elementary school and at the collegiate level for a combined total of over 40 years. Both are involved with Rotary clubs, Boys’ and Girls’ Scouts of America, Inner Wheel USA, their church, and other foundations. In short, the Beckers love to serve others.

After moving to North Carolina, they sought ways to be involved in their new community. That’s when they learned about the work of Four Seasons. Having had several family members served by a hospice in New York, they understand firsthand the important work of Four Seasons. After learning the scope of Four Seasons’ services, they selected the Home Store as their home base for volunteering.

Fritz and Chris enjoy volunteering because they feel a small part of something greater than themselves—one that invests in the community. Their greatest reward in volunteering at the Home Store is building relationships and community with the customers. “We get to hear the stories of those who have been served by Four Seasons. As Home Store volunteers, we are in a unique position to encounter people whom other staff and volunteers do not. In some ways, we are the face of Four Seasons to the general public, to those who have not been served by Four Seasons or other hospice organizations,” explained Fritz. Customers and donors alike often tell stories about items they have donated or purchased.

Building community and relationships doesn’t stop there for the Beckers. An important part of their passion for volunteering is educating themselves and others. To be up-to-date with all things Four Seasons, Fritz and Chris read every Four Seasons publication—including but not limited to—Life Lines, the Annual Impact Report, and newsletters. They maintain a list of five “fast facts” or topics that they can use to educate customers about the work of Four Seasons and hospice in general. “Lately, we have had questions about the difference between for-profit and non-profit hospice organizations, as more hospices move to a for-profit business model. Our interaction with customers goes beyond completing their purchase and telling them to have a nice day,” the Beckers explain. They also strive to educate people about the source of Home Store items, where the money from their purchase is used, and other ways in which they can support Four Seasons. Fritz and Chris also wear branded Four Seasons items around town to encourage more conversations with the community, even when they aren’t at the Home Store.

We are so grateful for the dedicated efforts of all of Four Seasons’ volunteers, who, like the Beckers, make Four Seasons a special place to serve and be served. If you haven’t met Fritz and Chris yet, stop by the Home Store and say hello! They are always on the floor or at the register ready to greet you with a smile.

“Volunteering at the Home Store is wonderful. We are recognized, given opportunities for professional development, and enjoy a sense of community with the staff and other volunteers.”

Fritz and Christine Becker
Home Store Volunteers

Call (828) 692.6178
to find out more about
volunteer opportunities.

A New Year with Unexpected New Beginnings: Moving Forward When You Don’t Want to Lose the Past



as shared by Blair Stockton, MS, CCLS, Child & Adolescent Grief Coordinator



On New Year’s Day, we say goodbye to the old and welcome new beginnings, goals, resolutions, and hopes for the coming year. Most of us are ready for 2020 to be over. However, for those who experienced a loss during this time, a new year brings changes difficult to embrace. Whether or not we expected a death, we cannot plan for or make a convenient time to grieve. Grief is a process that must do what it must do.

I recently saw a television show in which a woman told her sister it was time for her to move on because it had been a year since her husband’s death. The widowed sister asked, “When will I know I am done grieving?” The sister replied, “When the thoughts no longer hurt.” The reality of grief is that it’s a lifelong process and not something one stops experiencing; the hurt never fully abates. Grief is different for each person.

As you enter 2021, it is important to reflect on what was meaningful for you in 2020 and decide what memories you want to hold onto. Consider making a memory box to hold items such as photos, your written stories, and other memories. It is invaluable to reflect on memories and allow yourself to identify what each of them means to you. Having a memory box provides a tangible item that you can go to when you need to remember.

Next, set a **hope** for yourself, rather than a **goal**. When you think of the year ahead, what is your hope for yourself and your family? What have you learned about yourself along this journey? What are the next steps you want to take? When we grieve, we often neglect ourselves and focus on our loved ones and their grief. We need to make time for self-care and self-reflection. Hope guides us in the direction of where we want to start, but it also allows openness for change in a new journey or new year. Your hope might be to find peace. You might choose to take hikes, sit outside and feel the wind, dance in your kitchen, meditate, begin an art class, or connect with friends. You can write a letter to yourself and/or your loved one who died and share this hope for the next year.

Grief moves through our lives and hearts in powerful ways, but it does not have to hinder us. As we grieve, we learn many things about ourselves, feel our strengths, and acknowledge how grief has changed us. As we embrace grief, we can stop and reflect and take a moment to decide how we want to change the world during our next journey.

Juggling Caregiving and Family

as shared by Kristina Richardson, CNA

In the early 1980s my family and I moved to North Carolina from Connecticut. My grandparents moved shortly thereafter. My grandmother, Jane Elizabeth Swierad, was always a big part of my life. To the rest of the world she was “Betty”, but to her family, she was “Moochi”—a name that my dad and uncle gave her because they didn’t know what to call her. I was fortunate to live next door to her from the time I was seven years old until I was seventeen.

Moochi was kind, but she was also strict. Not even one of her grandchildren could get away with anything. At the same time, she was always there for us if we were sad, sick, hurt, or just needed a hug. She was always there with open arms and, at least for me, would cheer me up by singing “You Are My Sunshine.” This song was her way of comforting me when I needed it the most.

When I met my husband, Moochi was the only one to be supportive at first. She helped by purchasing my wedding dress and she was the reason why my family eventually supported my husband and me. Later, when I became pregnant, she would have me walk to her house as daily exercise.

It was at this time that I decided to follow my mom’s path to being a caregiver. I got my first job working with my mom as a personal care aide. I learned so much from my mom and realized this was my true calling.

Approximately fourteen years ago I was working at CarePartners with my mom, who was not just a great CNA and mentor but also the staffing scheduler. She introduced me to hospice. I was terrified to work in hospice because I believed I was too emotional. But, she was right; I fell in love with this line of CNA work. I worked at Solace for ten years until four years ago when I accepted the CNA position at the Elizabeth House.

Little did I know that my grandmother, my Moochi, was dealing with the early stages of dementia. One day eight years ago she was supposed to meet my mom and me for lunch. She couldn’t remember where she was going. She called my mom crying to say she couldn’t meet us.

Moochi taught us that family helps family whenever we can. When she moved in with my mom she could no longer remember any of us. My mom was the primary caregiver with some backup assistance from me, my brother (who is a Personal Care Aide), and Brittany (who is a CNA at Elizabeth House).

It was difficult for me to learn from my mom when Four Seasons Palliative Care began providing Moochi’s care. Because I work in health care, I know that patients and their families need to know the truth about their loved one’s condition and prognosis. It’s easy to forget how hard it is to juggle being family and caregiver.

The Covid-19 pandemic made it necessary for me to distance from helping my mom with my grandmother so I could keep them safe. These last two months proved how hard things were getting for my mom and grandmother. I learned that palliative care recommended hospice care. I know my mom was feeling overwhelmed, and that my grandmother was beginning to lose weight and decline in many areas. This hit me hard. Moochi currently lives at the Mountain Home Alzheimer’s/ Dementia facility. While we are disappointed that Covid’s restrictions prevent us from spending time with her, I am grateful that Four Seasons hospice staff and the facility staff are taking good care of her. My mother was able to decorate Moochi’s room before her moving there. For this, I am very thankful.

Hospice Home Store

as shared by Bobby Bennett, Hospice Home Store Retail Director and General Manager

Despite the challenges 2020 presented, the Home Store has continued to grow exponentially. Throughout the year, we added more Warehouse sales and saw greater success in these than ever before. We also opened our second Home Store location on Long Shoals Road as a way to better connect with our donors in Buncombe County. All three of our shopping locations have seen record results throughout the year and we are so grateful to the community for their support both in purchases and donations.

As we continue to grow, we have greater opportunities to build relationships with the community and to hear the stories of those who have been served by Four Seasons. Sometimes though, we get donors who are not as familiar with the work of Four Seasons which provides us the incredible opportunity to educate them and share everything that Four Seasons does for patients and families.

One such story happened recently. A family came into the Home Store on Main Street looking for furniture for their newly purchased second home here in Hendersonville. As they shopped, we were able to tell them about our second location and the scope of the work of Four Seasons. Since this first meeting, they

have visited several times and spent lots of time at both Home Stores and the Warehouse. The relationship we have built with this family encouraged them to shop more with us and I am excited to say that we recently delivered almost 3 truckloads of furniture, purchased from all 3 locations, to fill their home.

Relationships like these are what make the Home Store a special place to work and shop. Customers not only come to look for their next treasure, but also to visit and say hello to the smiling faces of our staff and volunteers.

We
deliver &
pick up!

If you have items you
would like to donate,
please call (828) 696.0625
to schedule a
drop off/pick up today!

Find us on 
HospiceHomeStore



We are grateful for
all of your support of
Four Seasons and our
two Home Stores.



Bobby Bennett
Retail Director and General Manager
Hospice Home Store

Your next
treasure
awaits
you at...

The Hospice
Home Store



Warehouse Sales typically run every 4 to 6 weeks
on Friday and Saturday from 9:00 a.m. to 2:00 p.m.
Follow us on Facebook for specific information about each sale!

Warehouse sales offer value furniture at great prices.
Delivery Available | Large Selection | Cash or Card Only



Gifts of Time and Treasure



as shared by Paige Wheeler, Four Seasons Foundation Executive Director

Welcome to 2021 and I hope it will be a happy and healthy New Year for you and your loved ones.

Though last year was difficult for so many, it also had wonderful moments, including the great honor and respect healthcare workers received. In addition to being grateful for our amazing team of care givers, we are also thankful for our donors, volunteers, and customers. We are honored to have cared for our patients and families and we were able to do so because of your gifts of time and treasure.

For more than 40 years, Four Seasons has supported patients and families during times of serious illness and end of life care. We are grateful to our community for the continued support you have given so that all persons regardless of ability to pay are able to receive excellent co-created care. Four Seasons Foundation exists solely to support the work of Four Seasons and to partner with our community to provide access to care.

Your gifts of dollars to provide patient care and your gifts of treasured items to one of our Home Stores are greatly appreciated and needed. Every dollar and each item make a difference. Your generous contributions ensure that our patients throughout our community received the best care navigation services, home care, palliative care, hospice care, and grief services. So often when we receive a gift it is accompanied by a note like this one, "Thank you for the wonderful service that your staff provides. You really are heroes!"

Throughout the pages of this edition of Life Lines you will read about our heroes. Your continued support of them, our patients and families is sincerely appreciated. Thank you for helping us make care possible.

Paige Wheeler



Every effort has been made to accurately include the names of those who were honored or memorialized with the purchase of lights or luminaries during our 30th Annual Tree of Lights. Please accept our apologies for any misspellings or omissions as a result of printing deadlines.

Identified Veterans are distinguished with an asterisk () by their names.*

Honored individuals are distinguished with a caret (^) by their names.



A

Stephanie and Dennis Abercrombie
Peter Ackermann
Valentine and Gertrude Adrian
Geri Alexander
Inza Allen
Ezra W. Allman
Sandra Lee Kibler Amodio
Lorraine Ames
Drew Anderson
Jennie S. Anderson
David Ashley
Janet Ashley
Rafael Carrion Atienza

B

Bonnie L. Bailey
Cecelia Banning
Nick* and Marie Bantsolas
Mary L. Bass
Lloyd R. Basten*
Ruth Marie Beaschler
Otto and Emmy Behrendt
Schaefer and Robert Bell & Sons^
Debbie Berger
Helen Berger
Robert A. Betts, Jr.*
Robert G. Biddle*
James Bieterman
Thomas Bieterman*
Ryan Blackstone*^
Ewart Blackwell
Frazier Blair
Mary Blair
Helen Bonnett
Joan W. Books



Shirley A. Books
Donald Borgwardt*
Jacques D. Bouvet
Pierre E. Bouvet
Stella Bowman
Angie Boykin
Ginny Brake
Donald L. Brewer*
Hazel Brewer
Jenny Brittain
Helen Brittin
James Broderick*
Denise Burns Brogan
Thomas Brogan
Marshall A. Brooks
Margaret B. Broughton
Len G. Broughton*
Ann Brown
Anna M. Brown
T. Sgt. Dudley (Duke) R. Brown*
James F. Brown
David W. Bryson
Barbara Marie Burgan
Barbara Burgess
Walter Burgess*
Mr. and Mrs. Larry Burgin, Jr.*
Mr. and Mrs. Lawrence Burgin, Sr.*
Elizabeth Burhart
Hildegard Burkarth
Karl Burkarth*
Jo Heller Burns
Joey Burns
Patty Burns
Phillip Butera*
Ethlyn Byrd
Frank Byrd
Shirley H. Byrd

C

Margie L. Campbell
Fran Carey
Hank Carey*
Patricia Carlson
Rusty Carlson
Evah Case
Fred Case
Lila Case
L. C. (Bud) Case*
U.G. Case*
Kevin J. Cassidy*
Dr. and Mrs. Clyde Chapman
Barbara Chester
Art and Mary Childs
Paul and Helene Chirek
Ramon (Bill) Clark
Peggy Claxton
Katherina Clims
Dick Clinton
Polly Clinton
Susan Coleman
Emma Dalton Connor
Mildred Connor
Alton Connor, Sr.*
Nancy Conolly
Pauline S. Corbett
James Cornwell
Edwin (Ed) Cottrell^
Dr. Elmer Cottrell*
Mildred (Millie) Cottrell
Joseph Covell

D

Juanita Dahnke
Winslow Dahnke*
Sara Dale



George Daviau
Louise Daviau
Joseph Davis*
LeAnn Davis*
Bill Dawson
Odette Delisle
Renee Delisle
Jeremy Dexter
Joe Dickens
Ruth and David Doole*
Jody Drake
Claudia Dubiel
Fran Ducharme
Joe E. Dunfee
Sharon Dunfee^
Roger Dunn*

E

Shari Eakes
Nora Edepfieldi
Sam Edwards
Stephen Ehlers
Ilene Eisner
Joseph Elliott
Julia Elliott
Art and Ruth Ericson
Milton Estes
Barbara Brooks Everett



F

Bill Farmer
Dean Farmer
Mark P. Fecher*
Knight M. Fee
Anna Feiner
Peter Feiner*



Susan Felice
Joan Ferguson
Edwin E. Fickley*
Israel M. Fisher*
Maude C. Fisher
Michael Fletcher
Thomas Foerst
Alla R. Foreman
Dallas Foreman*
Dorothy Fortune
James J. Fortune

G

Samuel R. (Bob) Gaillard*
Lorraine M. Gallia
Nicolas J. Gallia
Dave Gardner*
Willard Garland*
Mr. and Mrs. W. M. Garren
The Garrison's Book Club^
Bill and Mary Garrison's Parents
August Geissler
Helen Geissler
Robert Georg
Katharine S. Gettman
Marilyn Gettman Ghandour
Dr. Robert L. Gettman, M.D.*
Robert Warren Gettman
Sarah Gilbert
Patricia A. Gilliam
Ryan P. Ginther
Martha Glesner
Gary Goetz
Kathy Gonot
Carl Gonot*
Louis Gonzalez
Rosie Goodpaster

Richard Lee Gordon
Dorothy Greeble
Arie E. Greenleaf
Katherine L. Gregg
Mark H. Gregg
Calvin Gross
Mildred Guenther

H

Alberta Haller
Margaret T. Halsey
Lucille L. Hardin
Bobby L. Hardin*
Jessie & Mildred Harrah*
Carson Harris*
Thomas R. Hart*
Ed Hartke*

Thomas Avery Hawkins*
Patty Heasner
Ryan Hendrix*
Joy Henley
Claudia Henson
Hazel Lee Henson
Brandee Herrington
Jan Hexdal
Bob Hill
Margaret Hilsz
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The Four Seasons Care Continuum

Care Navigation



Provides trusted guidance to anyone during the difficult times following the diagnosis of a serious illness.
Available in: Buncombe, Haywood, Henderson & Transylvania counties.

Home Care



Provides caring assistance to help with shopping, meal prep, bathing, dressing, laundry, transportation and more.
Available in: Buncombe, Haywood, Henderson, Polk & Transylvania counties.

Palliative Care



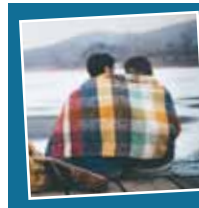
Is focused on providing relief from the symptoms, pain and stress of a serious illness – whatever the diagnosis.

Hospice Care



Is specialized care provided for patients with a serious illness. Comfort is the primary goal and care is provided wherever one may call home.

Grief Services



Is available to **anyone** in the 13 counties that we serve regardless of Hospice involvement. We provide individual and group counseling, seminars, and workshops.

Research & Innovation



Revolutionizing care and treatments for future patients through innovative research studies, grants and cutting-edge-care practices.

Four Seasons Foundation



Partners with the community to provide access to high-quality care for all who need it.

Who Are These Services For?

For patients, caregivers and family members looking for support and resources to help navigate a new diagnosis or change in their or a loved one's health.

For patients who require intermittent assistance to 24 hour care with daily routine tasks.

For patients living with a life limiting, serious illness who are still seeking curative, life prolonging treatment.

For patients with a life expectancy of 6 months or less and that are no longer seeking curative, life prolonging treatment.

Who Pays For These Services?

- Private Pay

- Long Term Care Insurance
- Private Pay
- V A

- Commercial Insurance
- Medicare Part B
- Medicaid
- Medications paid for by commercial insurance or Medicare D
- Private Pay
- Four Seasons Foundation

- Commercial Insurance
- Medicare Part A
- Medicaid
- Private Pay
- V A
- Four Seasons Foundation



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