

REAR-END CRASHES DO's & DON'Ts



AVOID DISTRACTIONS

Put the phone away before driving. Send calls to voicemail. Pull over in a safe place to reply to a call or text. Do not eat or drink while driving.

STAY ALERT

Watch for traffic slowing or stopping ahead. Make quick glances to mirrors and immediately return your focus to the traffic ahead.

LEAVE ROOM TO STOP IN TIME

In ideal conditions, stay at least six seconds behind the vehicle ahead. Reduce speed and add one additional second of following distance for each hazard present, like snow, rain, etc.

DO NOT SPEED

Speeding reduces your ability to perceive and react to hazards. Speeding also increases the distance required to avoid a rear-end crash.

DO NOT DRIVE WHILE FATIGUED

Fatigue caused by a lack of sleep, medications, alcohol, etc., reduces your perception and reaction times. Avoid these risks before driving.

DO NOT TAILGATE

Tailgating is unprofessional and dangerous. This unsafe behavior does not leave you enough distance to avoid a rear-end crash. Tailgating also leads to hard or excessive braking and wears out equipment more quickly.

Note: These lists are not intended to be all-inclusive.