



FARM & WILDERNESS

• FAMILY HANDBOOK •

for

Overnight Camps 2021

Updated May 2021 (updates in RED)



Family Handbook

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Throughout this handbook if you see text in **BLUE, it's a link!** Please use these links as additional, tools to prepare you for this summer.

Camps & Acronyms

Farm & Wilderness = F&W
 Barn Day Camp - BDC
 Flying Cloud - FC
 Indian Brook = IB
 Questers - Q
 Red Spruce Grove = RSG
 Saltash Mountain = SAM
 Tamarack Farm = TF
 Timberlake = TL

Welcome to Summer



Dear Camp Families,

Welcome to summer 2021...a summer like no other at Farm & Wilderness! We know it's been a tough year for many reasons, but we cannot express how excited and joyful we are to be holding camp this summer after a year of no camp. Since last year, we have been diligently preparing for this summer because we knew it would be different due to the ongoing pandemic and the evolving health and safety guidelines across the country. And we also know that this difference is not going to make camp at Farm & Wilderness any less magical or fun this summer, it's only going to make our camp community stronger as we work together to participate and support a healthy, safe, and fun camp season!

We have been working hard to prepare our facilities, health & safety protocol, and planning some new and exciting activities for staff and campers to enjoy this summer! Please use this Family Handbook, along with the [Overnight Camps Packing List](#), as your guide to start preparing for camp, travel planning, and to stay connected with us before, during, and after this summer.

We will be in touch by email and phone with several additional communications and opportunities to connect over the next couple of months before summer begins to ensure you have the most accurate information about coming to camp this year. As always, our Admissions Team and Camp Directors are always available to answer any questions you have. Please use pages 5-6 as your guide to be in touch with us.

All Our Best,

Farm & Wilderness Staff

• IMPORTANT DATES & DEADLINES •

Mark Your Calendars with these dates for ALL Farm & Wilderness overnight and day camp programs

May

May 1st

Overnight Camps Tuition Due & Last Day to Cancel for Tuition Refunds

July

July 2nd

Last Day of Barn Day Camp Session 1

July 3rd -- DROP-OFF DAY!

First Day of Overnight Camp for Full, July, J1 Sessions

July 5th

First Day of Barn Day Camp Session 2

July 13th -- PICK-UP DAY!

Last Day of Overnight J1 Sessions

July 16th -- PICK-UP DAY!

Last Day of Barn Day Camp Session 2

July 19th

First Day of Barn Day Camp Session 3

July 23rd

Last Day of Overnight Camp for July Sessions

July 25th -- DROP-OFF DAY!

First Day of Overnight Camp for August & A1 Sessions

July 30th

Last Day of Camp for Barn Day Camp Session 3

June

June 1st

Barn Day Camp Tuition Due & Last Day to Cancel for Tuition Refund

June 1st - 26th

Physical Exam Forms Due Online

June 28th

First Day of Barn Day Camp Session 1

August

August 2nd

First Day of Barn Day Camp Session 4

August 4th -- PICK-UP DAY!

Last Day for Overnight A1 Sessions

August 13th

Last Day of Barn Day Camp Session 4

August 14th -- PICK-UP DAY!

Last Day of Camp for Full & August Sessions



• CONTACT US •

Who to Contact & When

All calls and emails should be directed to the Main Office year round during our office hours. Staff working in that office are dedicated to answering questions & assisting all camp families needs as well as directing all phone or email communications to ALL camps. We can answer your questions or connect you with right person or camp office who can.

During the summer months only (mid-June through mid-August), you may call or email camp offices and health centers directly during your child's camp session. The main focus of our Camp Directors and camp staff is the care and safety of all campers. Camp staff strive to return calls and emails within 48 hours, unless it is an emergency situation.

EMERGENCY COMMUNICATIONS ONLY

If you have a family emergency during your child's camp session, please call the Main Office during office hours FIRST. If it's outside of our Main Office hours, call your camp office next and ask to speak to a Camp Director. If MUST get a hold of someone within 24 hours and cannot reach anyone by phone, you may use our pager system.

To Page a Camp Director:

Call 1-888-622-3276

You will be asked who you would like to page. Leave the **name of the camp director** and a **brief message** and **phone number** where you can be reached.



Main Office Hours & Contacts

Summer Office Hours

Monday - Friday 8:30AM-4:30PM

Closed on Saturdays & Sundays

Year-Round

General

(802) 422 - 3761

info@farmandwilderness.org

Admissions

Sam Green | Asst. Admissions Director

(802) 422-2008

Kelly Beerman | Admissions Support

(802) 422-2009

Admissions@farmandwilderness.org

Finance

Jessica Dido | Bookkeeper

(802) 422-2102

Finance@farmandwilderness.org

Camp Programming

Michelle Golden | Program Director

(802) 422-2071

michelle@farmandwilderness.org

All Camp Health & Wellness

Terri Hunt | Health & Wellness Coordinator

(802) 422-2084

headnurse@farmandwilderness.org





CAMP OFFICE CONTACT INFORMATION •

Barn Day Camp (BDC)

Director | Polly Williams

Director Email | polly@farmandwilderness.org

Assistant Director Email |

BDCassistantdirector@farmandwilderness.org

Camp Office Phone | 802-422-3565

Flying Cloud (FC)

Director | Elliott Siegreest Jones

Director Email | Elliott@farmandwilderness.org

Assistant Director Email |

FCassistantdirector@farmandwilderness.org

Camp Office Phone | 802-417-6488 | leave a message only

Health Staff Contact* | 802-259-3266

*Same as Saltash Mountain

Indian Brook (IB)

Director | Theresa Serr

Director Email | theresa@farmandwilderness.org

Assistant Director Email |

IBassistantdirector@farmandwilderness.org

First Lodge Email |

ibfirstlodge@farmandwilderness.org

Big Lodge Email |

ibbiglodge@farmandwilderness.org

Senior Lodge Email |

ibseniorlodge@farmandwilderness.org

Camp Office Phone | 802-422-2067

Health Center Phone | 802-422-3449

Questers* (Q)

Director | Miles Crabtree

Director Email | miles@farmandwilderness.org

Assistant Director Email |

samassistantdirector@farmandwilderness.org

Camp Office Phone | 802-259-2415

Health Center Phone | 802-259-3266

**Note: Questers will be out on the trail for the duration of camp. The best way to send a message to these camp groups is through the Main Office or through the Saltash Mountain camp office.*

Red Spruce Grove

Assistant Director | Tori Heller

Assistant Director Email |

redsprucegrove@farmandwilderness.org

Camp Office Phone | 802-478-4191 | leave a message only

Health Staff Contact* | 802-259-3266

*Same as Saltash Mountain

Saltash Mountain

Director | Miles Crabtree

Director Email | miles@farmandwilderness.org

Assistant Director Email |

samassistantdirector@farmandwilderness.org

Camp Office Phone | 802-259-2415

Health Center Phone | 802-259-3266

Timberlake

Director | Jarod Wunneburger - aka "W"

Director Email | jarod@farmandwilderness.org

Assistant Director Email |

TLassistantdirector@farmandwilderness.org

First Lodge Email |

TLfirstlodge@farmandwilderness.org

Big Lodge Email |

TLbiglodge@farmandwilderness.org

Senior Lodge Email |

TLseniorlodge@farmandwilderness.org

Camp Office Phone | 802-422-2316

Health Center Phone | 802-422-4481

These offices and health centers are located physically at each camp and they will only be open between July 3rd to August 14th.

Note: both Flying Cloud and Red Spruce Grove do not have physical health center locations, but do have medical staff assigned to them who can be reached by phone at the Saltash Mountain Health Center.

HEALTH & WELLNESS AT CAMP

COVID-19 Safety, Guidelines, Updates

We are diligent about creating a healthy camp environment every summer. This year, in light of the COVID-19 pandemic, we will have additional health and safety procedures in place. Not only are we a summer camp responsible for providing care and programming for hundreds of children over the summer, we are also the home and employer of hundreds of staff members. The health and well-being of our community is incredibly important to us and we take the responsibility of creating a safe environment very seriously. We have been working hard to make sure that we understand and follow the most up-to-date guidance for summer camps and communicating this to our families and staff as we approach the summer.

Lots of changes are happening very quickly as we approach the summer. We ask that everyone participate in being aware of the Farm & Wilderness specific guidance, which we will communicate. This will support a safe and healthy environment for us all. Use the below links for two important resources to keep current with this guidance. Please contact admissions@farmandwilderness.org if you need assistance finding our COVID-19 safety guidance for the summer.

[Click Here to Read the Full Farm & Wilderness Summer 2021 Health & Safety Plan](#)

[COVID-19 Resource Center Webpage and FAQs for Families](#)

Camp Health Centers

Each camp has an infirmary staffed by at minimum, one nurse (Saltash Mountain, Flying Cloud, Red Grove share). Larger camps may have more than one nurse along with nurse's assistants. If a higher level of medical care is needed, local clinics and a regional hospital are within twenty miles of camp.

Staff & Training

Farm & Wilderness takes many steps to ensure that all campers have a happy and healthy summer. Each summer, all cabin staff and trip leaders are trained in First Aid and CPR. We also have a number of staff who are certified as Wilderness First Responders and Emergency Medical Technicians.

Medications & Prescriptions

It is Farm & Wilderness policy to collect all prescriptions/vitamins/medications of any kind from campers on the first day of camp and for the nurse to dispense them as prescribed. **All medications must be in their original packaging/bottle with the prescribing directions printed clearly on the label.**

Camper Wellness & Expectations

We expect campers to participate in their own wellness to the extent that they are able. These responsibilities include: following medical advice, daily tick checks, basic hygiene, diligently avoiding foods they are allergic to, and letting staff know if they have a health related problem. Staff will help encourage and remind campers of these responsibilities as they see the need. Please talk to your child about these responsibilities for their care before they arrive at camp.

Camper Health Forms and Information

The Camper Health Form competed as part of registration as well as the Physical Exam Form are both required for a child to attend camp. It is important we have the most accurate health information for your child while they are in our care. More information on health forms can be found on page 8. Please let Admissions and your Camp Director know if there are any changes to your child's health before you arrive to drop them off. **Note: we will be requesting that ALL camp families complete an online additional health survey before camp. A link to complete this required survey will be emailed to you in June.**

• HEALTH FORMS & INFORMATION •

Health History Form

What Are They & Who Completes Them

The camper's parents or guardians complete this form as part of registration. This is essential basic medical history, allergy, mental health, food preferences, and insurance information. These forms should be completed upon registration EACH YEAR. If we do not have your camper's Health History form by a certain date, you may get a call from us asking for you to complete it and your registration may be cancelled if it remains incomplete after notifications.

This form gives our nurses and health center staff essential information about your child should they need any kind of medical care while they are at camp. If your nurses do not have this information it makes it difficult for us to provide your child with the care they need should they become sick or injured at camp. It also ensures we have information about food allergies for our kitchens.

How to Access & Update Them

You MUST complete the Health History form through your online account which holds your child's registration. If any changes happen between the time you first completed the form and the start of camp, please update this form. If you need assistance in accessing your account, please contact our admissions department.

[ONLINE ACCOUNT LOGIN FOR HEALTH HISTORY FORM](#)

Physical Exam Forms

What Are They & Who Completes Them

These are essential forms containing information about your child's current health and immunization record completed by your child's primary care physician.

Most doctor's offices have their own format for these forms and we accept all formats as long as they contain basic health information, the immunizations record, and a physician's signature and contact information. We also provide our own form for you to bring to the doctor's office if you'd like. You can have your doctor complete and sign a [blank copy of the Physical Exam Form](#) on our website or request a copy be mailed or emailed to you from Admissions.

You must submit a copy of this form before your arrival to camp.

NEW THIS YEAR - Please make sure you submit your camper(s) physical exam forms between June 1st and June 26th ONLINE ONLY.

We will send you a new link to upload this form online by June 1st. Please do not upload it to your current online account used for your registration, that is separate.

Please do not email, mail, or fax your child's physical exam form this year. If you have trouble uploading your form online, please contact us by email at admissions@farmandwilderness.org or call 802-422-3761 and someone will assist you.

• IMMUNIZATIONS & OFF-SITE MEDICAL CARE •

Immunizations

To protect the health of all campers and staff, Farm & Wilderness asks ALL campers to be fully immunized before they arrive at camp. Families choosing not to have their children immunized for religious reasons must provide a signed waiver attesting to their exemptions (see below).

In the state of Vermont, summer camps are considered "Child Care" facilities. Therefore, we must follow the State health guidelines regarding immunizations for Child Care centers. For more information about child immunization requirements in the state of Vermont, visit the [Vermont Immunization Information for School - age Children website](#).

Immunization Exemptions & Waivers

Vermont only accepts immunization exemptions for religious or medical reasons. If your child is NOT fully immunized by the start of camp, we must have a completed copy of the [School Year 2020-21 Religious Immunization Exemption Child Care and Schools Form](#). You do not need this form if your child has not received a COVID-19 vaccination by summer.



COVID-19 Vaccinations for Campers

We realize that it is highly unlikely that opportunities to receive COVID-19 vaccine will be available for ALL children between the ages of 9-17 prior to the start of camp season. This means that our full camper community for day and overnight camps ages 4-17 will not be fully vaccinated but potentially partially vaccinated. **In light of the new update for children ages 12-15, we STRONGLY encourage families to have their child fully vaccinated before camp, if possible.** So that our healthcare providers have the most up to date health information for your camper, we will be asking families if their campers have been fully vaccinated against the COVID-19 virus and the date of the last or final dose. This will be collected through a separate survey from the physical exam form you will send to us before the start of camp.

Off-Site Medical Care

As mentioned our each camp has a health center, or infirmary, with a trained nurse on site as well as training physical and mental health support staff. Most care for injuries or sickness we can provide on site. However, if needed we will transport your child to a local clinic for care we cannot provide onsite. We will contact you if we see the need to do this.

Your insurance will be billed for any off-site medical care provided. Farm & Wilderness will provide invoices for any unpaid medical expenses or prescriptions accrued which your insurance does not cover.

CAMPER - FAMILY COMMUNICATIONS DURING THE SUMMER

Letters To and From Home

The best way to contact a camper is to write to them. Please use the following address to send letters to your camper:

Camper's Name
Camp Name
401 Farm and Wilderness Road
Plymouth, VT 05056



Some campers are diligent about writing home, however, it is not uncommon for a camper to not write home at all during their time at camp. If a camper is not writing home, that usually means the camper is having a really busy, fun time making new friends, and adjusting to camp life, but they still miss you and home! They also may not be very comfortable in their handwriting skills yet and may choose a different activity during their free time.

Also please remember to allow about a week for letters to arrive. If a camper decides to send a letter after their first week, you may not receive it until their second week of camp. If you are concerned that your child has not sent you anything by the second week of camp, please email the director.

Finally, sometimes campers write letters home describing their homesickness. While this may be difficult to read, it is important to note that most homesickness tends to only last for a brief amount of time. If you would like more information about something your camper has written in a letter home, please email the camp director.

Packages from Home



Receiving packages from family and friends can be a highlight of a camper's day. However, a constant barrage of packages can also be a distraction to a camper's experience and adds to the items a camper must manage while at camp. Please limit your packages to 1-2 over the course of the session. **PLEASE DO NOT SEND FOOD.** We don't permit food out side of our kitchens because it attracts wild animals and bugs to the cabins, regardless of the container they are in.

It is important to send packages so that they arrive **BEFORE** the scheduled end of your child's camp stay. Packages and other mail that arrive after that point will be forwarded to campers' home address, or returned to the sender.

Phone Calls To and From Home

We limit the campers' telephone contact with parents and guardians during camp sessions to family emergencies and urgent matters. We discourage phone calls for campers while they are at camp because it can distract from the full experience of being away from home and can encourage homesickness. Additionally, limiting phone calls to urgent calls only helps us keep the camp office phones free for camp business and for emergencies. If you must speak to your child by phone during their time at camp, please arrange this with the camp director.



CAMP OFFICE - STAFF - FAMILY COMMUNICATIONS DURING THE SUMMER

Communicating with Camp Staff While Your Child is at Camp

Please contact the Main Office any time during office hours using the "Contact Us Information" on page 5 of this handbook if you have questions, concerns, need more information about camp, or be directed to a specific person or camp office.

Our staff in the Main Office can answer most questions and can connect you to the appropriate staff or camp associated with your child's camp. Phone or email is a great option to reach the Main Office. Note that the Main Office is closed on Saturdays and Sundays.

If you want to be in direct contact with staff at your child's camp outside of Main Office hours, please use the contact sheet on page 6 to contact your child's camp office. Staff at camp offices can usually get back to you faster by email than phone.

If you have an emergency and need to get a hold of Farm & Wilderness staff quickly within 24 hours, please contact Main Office FIRST if it is during office hours. If it is outside of office hours and you cannot reach staff at your child's camp office, please use our pager service, instructions are on page 6.



Checking-In On Your Camper with Staff

The best way to hear directly from your child about their camp experience while they are at camp is by encouraging them to write to you. Talk to your child before they arrive at camp about this and set some expectations for your child about communication with you while they are away. While our staff encourage letter writing to home, we can't always ensure every camper mails messages during the summer.

Besides letter-writing, you may contact the camp directly to check in on your child, however, we ask that you limit these check-ins as much as possible. We will ALWAYS contact you if there is a concern about your child. If you don't hear from us, then it's good news!

If it is a simple check-in, please email the camp director, assistant director, or lodge heads using the "Contact Us" information and they will return your call or email as soon as they can. If it is a more urgent check-in regarding a health issue or to address a known concern, please call the camp office or health center.

Aside from mail with your campers and contacting camp staff, there are other ways to check-in on how camp is going for the summer. Check out the photo gallery and blogs on our website.

Please read the [Farm & Wilderness Photo Philosophy](#).

TRAVEL, ARRIVAL, & PICK-UP

Traveling To & Within Vermont

All in-state, out-of-state, and international residents should familiarize themselves with the most current Vermont Travel Information before traveling to and from camp. You will find the most current state guidelines about quarantine, group sizes, and other COVID-19 travel guidelines from the Vermont Dept. of Health.

We recommend you review the information on the below website **at least two weeks prior** to arriving to drop off your camper.

[VERMONT TRAVEL INFORMATION WEBSITE](#)

As you review this information, please consider the following as they relate to your household and the dates you will be traveling:

- Requirements if you are traveling in-state, out-of-state, and internationally
- How vaccinations affect requirements
- Group gathering sizes
- Information about accommodations if you are staying overnight

There are many wonderful options local accommodations if you are traveling from a distance that does not allow you to do a drop-off or pick-up in one day. Please ensure that you are able follow all Vermont quarantine guidelines before booking Vermont lodging.

[Suggested Area Lodging & Accommodations](#)

Arrival: Drop-Off & Pick-Up

Our top priority is to keep our camp families safe and welcomed as they arrive to camp. We are very excited to greet you and your campers when you arrive this summer!

Both drop-off and pick-up days for campers at the beginning and end of each camp session will look different this year than in past years. We will send you specific and clear directions about location, timeframe, and other details about your child's drop-off and pick-up closer to the dates of your child's session. These will come to the primary email we have listed on your camper's registration a few weeks prior to your camper's first day.

Here are a few things to expect about drop-off and pick-up for this summer:

- Locations will be spread out and times will be staggered.
- Carpooling with other families is not advised this year.
- Pick-up services from bus stations, train stations, and airports will not be provided by Farm & Wilderness this year.
- Each camper will need to complete a health check upon arrival.
- Be prepared to do drop-off and pick-up at your vehicle rather than in camp.
- Parents and guardians will not be able to walk campers to or from their cabins this summer.

[READ MORE ABOUT PRE-ARRIVAL AND ARRIVAL GUIDANCE FOR F&W FAMILIES HERE](#)

CAMP LOCATIONS & DIRECTIONS BY CAR



ROAD TRIP!



For most of our families this year, traveling by car will be the primary way to drop-off and pick-up. Farm and Wilderness will not be offering pick-up or drop-off service at local airports, bus stations, or train stations this year. This means you must accompany your camper to camp in a vehicle, regardless of where you are traveling from. We look forward to offering more transportation options in 2022.

Indian Brook (IB) Timberlake (TL)

For GPS/phone, you can use the main office address - [401 Farm and Wilderness Road, Plymouth, VT 05056](#).

- You will turn off of route 100 onto Farm & Wilderness Rd by our large green entrance sign.
- From there, staff will direct you to your drop-off or pick-up location.
- *Note: Be mindful of speed limit changes on route 100.*



Flying Cloud (FC) Saltash Mountain (SAM) & Questers (Q)

For GPS/phone, you can use [2733 Sawyer Hill Road, MT. Holly, VT 05758](#) to reach Sawyer Hill Rd off of route 103. From there, please use the below directions to locate each camp.

- For Saltash Mountain: After turning onto Sawyer Hill Rd, follow it for 2.8 miles. The entrance will be on your left.
- For Flying Cloud, After turning onto Sawyer Hill Rd, follow it to a "T" intersection and then turn left onto Patch Brook Road. Go 0.5 miles to another "T" intersection and turn right onto Unknown Soldier Road.
- Follow this road for 0.5 miles to a parking area - aka. the gravel pit. Drop-offs and pick-ups will be done in the parking area this year.

Red Spruce Grove (RSG)

For GPS/phone, you can use [1460 Wilderness Rd, MT. Holly, VT 05758](#) off of Sawyer Hill Rd.

Once you've turned onto Wilderness Rd, the entrance to Red Spruce Grove will be on the second driveway on the left about 0.5 mile up the hill.



COMMUNITY & CULTURE

Mission & Values

We strive to provide experiential education that transforms our community. Our mission is:

- To grow the seeds of courage and integrity in all participants
- To offer rugged, hands-on, outdoor adventure and challenge
- To encourage hard work and joyful play
- To create community that values long-term stewardship of our environment

In our values, we reflect our long Quaker history and association. We strive to honor the 'Light of the Spirit' in every person; our belief that individuals bring value to the community through their gifts and strengths.

- **Simplicity:** Learning to recognize what is central in our lives by listening and learning
- **Peacemaking:** Putting peace into practice through action, compassion and resolution
- **Integrity:** Acting on our inner voice, which is guided by truth, strength and justice
- **Community:** Finding friends, living together, working together
- **Equity:** Valuing people for what they bring and who they are
- **Service:** Working for our community and for others



Building A Welcoming Community

Your child will live closely with children and staff of different backgrounds, cultures, races, and religions. We teach respect for differences and expect campers to interact at all times in ways that are respectful and inclusive. Prejudice, discrimination, and oppression on the basis of class, race, gender, and sexual orientation are discussed in a variety of forums during a camper's time at Farm & Wilderness.

We strongly believe that building a welcoming community requires campers and staff to engage in shared discussion, reflection, and experience around equity, diversity, inclusion, & belonging while living, playing, and working together in the wilderness and on the farm. We use our mission and values to support this community growth throughout the summer.

Although the daily schedule at the camps remains similar from year to year, the character of each summer is created by individual campers. Community builds steadily over the course of the session as campers work together, cope with interpersonal conflicts, play together, and sit in silence together each day.



FARM & WILDERNESS

COMMUNITY & CULTURE

Unplugged

We aim to live a simple life here at Farm & Wilderness. Campers reside in simple wooden or canvas structures without electricity and use composting outhouses. Shower houses are located nearby. We don't allow personal electronic devices, televisions, screens of any kind, or recorded music in cabin areas or program areas at any of our camps. Some of our camps such as Flying Cloud and Red Spruce Grove, don't permit electricity of any kind, such as battery operated lights.

While our camp program areas and spaces where camper live and play are free of screens, our camp offices, medical centers, and Main Office are equipped with the tools to run camp such as electricity, phones, internet. We also permit our photographers to capture camp memories with the appropriate cameras and equipment.

This summer, our staff may need to employ electronic microphones for voice amplification in some of our camps for special circumstances due to the nature of masking.



The “Fifth Freedom”

America's “four freedoms” were first articulated by President Franklin D. Roosevelt in a State of the Union address as freedom of speech and expression, freedom of religion, freedom from want, and freedom from fear. Here at Farm & Wilderness, we have traditionally recognized an additional “fifth freedom,” which, simply put, is the freedom to be oneself.

We encourage campers to find their truest and most genuine potential through simple living and activities filled with physical and mental challenges. We invoke “fifth freedom” to help us focus on healthy personal choices and on expressing our individuality. Campers particularly love the freedom to dress as they wish, without fear of being reprimanded by their peers.

COMMUNITY & CULTURE

"Work Is Love Made Visible"

We create and maintain the buildings we use, grow as much of our own food as possible, develop physical strength and skills, and learn to live in harmony with each other and the land. All campers will join us in community chores; washing dishes, sweeping floors, feeding animals and so on!

A common phrase we use is "work is love made visible". This is one way our staff and camper build community over the summer by supporting each other through work as well as play.



Healthy Food

We are very proud of the delicious, nutritious meals we serve at Farm & Wilderness. We are pleased to provide our camp kitchens with supplemental organic, fresh produce, milk, and meat ingredients directly from our main farm on site, as it is seasonably available. While most of our food supplies come from Vermont vendors, we try to buy organic and local whenever possible. Some of our camps even have their own gardens with fresh herbs and a small amount of produce for kitchens to use as well.

Meals are a highlight of the day when we , reconnect with friends and sample the day's delicious offerings. Farm & Wilderness can accommodate campers with certain allergies and those who are unable to eat meat, dairy, or gluten. Please make sure you list your child's food allergies and preferences in the registration forms on your online account prior to your arrival in the summer. This will help our cooks and staff prepare before campers arrive.

While it has always been part of our camp programming for campers to assist in meal preparation, we will not be offering this for 2021 as per our COVID safety protocols this year except at Flying Cloud and Red Spruce Grove due to their small size. For our larger camps, we hope to resume including campers in meal preparations for 2022.

COMMUNITY & CULTURE

Wilderness Trips

While a large part of our program revolves around overnight wilderness trips, these trips will be adapted in 2021 due to COVID-19. Saltash Mountain Camp and Questers will continue to base their programs around trips and basic wilderness skills. At this time, we intend to run Saltash Mountain camp trips in Vermont on our local land and on various areas along the [Long Trail](#). The specific itinerary for the Questers trips will also take place in Vermont for 2021 and will be communicated to registered Questers families before summer by the director.

Trips at Timberlake, Indian Brook, Red Spruce Grove, and Flying Cloud will be shorter at 1-2 nights with cabin groups and all on Farm & Wilderness or [Ninevah Foundation](#) land. As in prior years, campers will participate in trip planning to help them understand the nature of activities that will take place during the trip. We will teach all requisite skills and will focus on "Leave No Trace" ethics, where campers learn to leave a little footprint as possible on the wilderness. Our staff directing these trips are skilled, experienced, and certified in wilderness first aid. In addition, trip coordinators keep itineraries for each day that include detailed evacuation plans and the availability of emergency assistance.



Special Events

Given CDC guidelines and the State of Vermont restrictions around large group gatherings, our annual Interdependence Day & Fair will not take place this year. However, each camp may have its own special 2021 celebration event to replace the joys and fun these two events. We look forward to the return of our large group gatherings and events in 2022!

We will also not be able to offer any in-person camp tours or orientation events while camp is in session this year. Admissions is happy to supply you with virtual options to explore any Farm & Wilderness camp you may be interested in for summer 2022.



COMMUNITY & CULTURE

Life on the Farm

For the majority of campers, living at camp also means living on a working farm. Animals giving birth and animals dying are part of the natural cycle of farm life and these events also occur during the summer. It is important to us that campers understand where their food comes from and the full cycle of how the food we eat at camp starts and ends its journey to our plates. Campers are encouraged to take part in working with animals to the degree that they feel comfortable.



Firm Rules

Swimming Policy |

All campers are required to take swim tests during their first few days at camp and learn about water safety in and around our lakes. Personal flotation devices (PFDs) and other swim aids are always available. Indian Brook & Timberlake each provide swim lessons throughout the summer, and campers are grouped according to their swimming skills. Swimmers at the waterfronts are supervised by lifeguards and swim instructors trained and certified under the auspices of a nationally recognized water safety provider. All campers and staff must follow camp waterfront rules throughout the summer.

COVID –19 protocols |

For the safety and health of our camp communities, campers will be asked to follow all COVID-19 related safety procedures throughout the summer. Our wonderful staff will offer continued instruction and communication so that campers understand and can follow our procedures. [CLICK HERE TO READ THE FULL COVID-19 SAFETY PLAN FOR 2021.](#)

Grounds for Removal |

At Farm & Wilderness, alcohol, cannabis in all forms, tobacco, illegal drugs, and violence have no place. We want our policy to be very clear: Campers who use or have in their possession any alcohol, tobacco, or illegal drugs will be asked to leave camp immediately with no tuition refund.

Participation in physical violence, bullying, or leaving Farm & Wilderness property unaccompanied by a staff member is also grounds for immediate removal with no tuition refund. Please review these rules with your camper before they arrive. If there are any questions about these rules please contact Admissions or your Camp Director.



• TUITION DEADLINES & POLICIES •

2021 Overnight Tuition Rates

Full Session | July 3 - Aug 14 | **\$9,100**
 July Session | July 3 - July 23 | **\$5,700**
 J1 Session | July 3 - July 13 | **\$2,800**
 Aug Session | July 25 - Aug 14 | **\$5,700**
 A1 Session | July 25 - Aug 4 | **\$2,800**

All overnight camp tuition is DUE in full or a payment plan must be submitted as of May 1st, 2021.

Deposits & Tuition Payments

- Before May 1, a \$500 non-refundable deposit is required upon registration.
- After May 1, full tuition is required upon registration.
- Deposits are non-refundable, unless you are a campership applicant.
- Unpaid balances for any and all family members must be reconciled in order for a camper to be registered.
- It is not possible to make any tuition reduction for arriving late or leaving early.
- Payment is in U.S. currency, payable by check, e-check, credit card, or wire transfer.

Cancellations & Refunds

- Cancellations made before May 1st are eligible for a tuition refund less the \$500 non-refundable deposit.
- Families are responsible for the full amount of tuition if a cancellation is made after May 1st, except in cases of severe illness or family emergency.
- Campership families are notified within one month of their application due date and then have two weeks to accept the award or withdraw their registration and receive a refund of their deposit.
- There will be no refund if a camper is asked to leave during the session for an infraction of a camp rule, for disruptive behavior, or if a camper is voluntarily withdrawn.

Financial Aid, Fees, Partnerships

The ability to apply for camperships is open for all of our overnight camps. To learn more and how to apply, please visit our [Financial Aid for Campers page](#) for more information, application deadlines, or contact Admissions directly with any questions.

Additional Expenses & Fees

Additional expenses and fees, if incurred, will be reflected on invoice, along with tuition. They include the following:

Shipping Charges

If there are any lost & found items that are shipped back to you after camp is over or you have arranged for your camper's trunk to be shipped home; the UPS, USPS, or Fed-Ex fees will be added to your bill.

Medical Expenses

Medical bills incurred over the summer will be sent from off-site facilities to your insurance provider. If necessary, F&W will pay for prescriptions up front, and then bill families.

Partnership Families

We partner with several other organizations to bring campers to Vermont in the summer. If your camper is attending Farm & Wilderness through one of our partner organizations such as [1199 Anne Shore Sleep-Away Camp Program](#) or the [Saint Regis Akwesasne Mohawk Tribe](#), the tuition amounts and policies are different than listed on this page. Please contact your organization's representative or our admissions department to understand what is required for your child to be registered for the summer. You will also receive direct communication from Farm & Wilderness about your child's registration before the summer.

AFTER CAMP

Camper Letters

After your camper has returned home, you will receive a letter from your camper's counselor that reflects highlights of the camper's adventures and accomplishments over the summer. The letter describes some of your child's activities and shares aspects of their living and growing experiences in the community.

Surveys

Throughout the summer and in the fall, Farm & Wilderness emails surveys to all parents and campers. The information we collect from these is an important part of our assessment of the summer. Please pass the camper survey to your children and take the time to complete the parent survey. Your assistance is very much appreciated.

Mail, Lost & Found, & Shipping Items Home

Any mail that arrives for your child after they have left camp will be forwarded to you or returned to sender. Farm & Wilderness will assist in returning trunks by UPS (insured for \$100) for camp families. We will bill you for any shipping costs. to arrange to have your camper's trunk shipped home after camp, please contact the Main Office BEFORE your child arrives at camp.

Farm & Wilderness claims no financial responsibility for personal items lost, stolen, or damaged during your child's stay at camp. For this reason, we discourage camper families from sending any items to camp they wouldn't be willing to risk losing. We will ship found valuable and clearly labeled items home if possible. We will bill you for the shipping costs. any lost and found not labeled or claim within one-week of the last day of camp will be donated.

Keeping in Touch

[The Interim](#) is our newsletter for camper parents and friends of Farm & Wilderness. You'll automatically be on our email list for the electronic version of the Interim. If you would like to receive the paper version, please let us know and we will add you to our address list.

Medical Bills

Medical bills incurred over the summer will be sent from off-site facilities to your insurance provider. If necessary, Farm & Wilderness will pay for prescriptions up front, and then bill families.

Photos from Camp

Farm & Wilderness is an unplugged, technology-free environment for campers. When it comes to photos, we prioritize our camper's experience over taking pictures. We understand many families want to see photos of their children at camp, but because of the sizes and locations of our camps and the scope of our programming we are unable to photograph every camper.

With your child's enrollment, you are granting Farm & Wilderness permission to use images, pictures, slides, film, and video of your child taken by Farm & Wilderness for press, promotion, marketing, social media, and advertising of Farm & Wilderness as well as any of our affiliated organizations such as the [American Camp Association](#) and the [Ninevah Foundation](#).



WE WILL OPEN NEXT
SUMMER'S REGISTRATION BY
NOVEMBER 1ST.

PLEASE USE THE SAME
ONLINE REGISTRATION
ACCOUNT TO REGISTER YOUR
CHILD FOR NEXT SUMMER!



FARM & WILDERNESS