



FARM & WILDERNESS



PACKING LIST

for

Overnight Camps 2021

| Flying Cloud | Indian Brook | Red Spruce Grove |
| Saltash Mountain | Timberlake |



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NOTE: The Questers packing list will be sent separately as it is a specialized trip program on the trails.



TIP: As you go through this document, if you spot text in [BLUE, it's a link](#)! Links are for examples and where to buy gear, suggested throughout.

HAPPY PACKING!



GETTING READY



TIPS AND REMINDERS

LABELS & LAUNDRY

Label EVERYTHING that you bring camp this summer with permanent labels like marker, iron-on, sew-in (even socks and masks!)

It is most helpful if you label each item with your full initials or last name so we can identify items if found. If an item is not labeled and is left behind at camp, we cannot guarantee its return. Any lost items we collect at the end of the summer which do not have labels will be donated to charitable organizations.

Laundry service during camp for campers goes out about once per week.

Pack enough clothing to last between laundry periods during your time at camp.

STORAGE & COVID SAFETY

ALL of your belongings are stored in one trunk or sturdy tote/container. Please do not bring multiple storage bags or containers. Avoid duffel bags this year.

Your name and address should be labeled somewhere on the outside and inside of your storage container. We recommend including a final list of items inside your storage container to help remember what was brought when it comes time to pack up and head home.

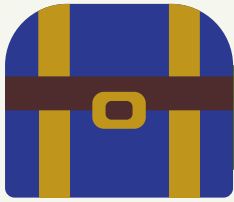
LESS IS MORE IN THE OUTDOORS

In accordance with guidance from the American Camp Association, please limit belongings sent to camp to the essentials.

A big part of a camper's summer experience is gaining more independence around managing personal belongings and we recognize this is a learning process. We find that campers have a much more fun-filled time at camp when they are less focused on managing the items they bring with them.

We are an outdoor camp and we like to play in the woods, use tools, climb rocks, swim in lakes and rivers, cook with all kinds of foods, and work with farm animals.

Needless to say, clothes and gear get dirty as well as experience heavy wear during the summer. There is a high likelihood that many of our campers' items don't come back in the same condition they arrived. Therefore, if you are buying items on this list for camp, consider buying used or from an outlet. We strongly suggest that you leave valuable items, which could be lost or damaged, at home.



STORAGE



Please aim to fit everything on this list into **one storage trunk or sturdy container**. Max height of no more than 18 inches.

[EXAMPLE 1](#)

[EXAMPLE 2](#)

[EXAMPLE 3](#)

[EXAMPLE 4](#)



BEDDING

1 PILLOW

2 PILLOW CASES



**1 OF THE FOLLOWING
BEDDING OPTIONS:**

1. 2 twin fitted sheets, 2 twin flat sheets, & 2 twin blankets
2. 2 twin fitted sheets, 2 twin flat sheets, 1 twin blanket, & 1 sleeping bag
3. 1 sleeping bag & 1 wool or microfleece blanket*

**Campers attending Flying Cloud and Red Spruce Grove should choose option #3*

***Campers attending Saltash Mountain should choose #2 or #3*



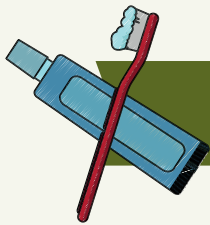
CLOTHING

- **Minimum of 16 cloth, reusable face masks** - label ALL masks with your camper's name on the outside
[EXAMPLE 1](#) [EXAMPLE 2](#) [EXAMPLE 3](#)
[Make Your Own](#)
- **2 small mesh laundry bags** - for mask storage/laundry. [EXAMPLE](#)
- **3-4 pairs of regular socks**
- **4-6 pairs of boot-length wool socks** - wool/nylon blend OK, machine washable. [EXAMPLES](#)
- **1 pair of hiking/work boots** - broken in and fit well for working and hiking.
[HOW TO BREAK IN BOOTS](#)
- **1 pair of sneakers**
- **1 pair of flip flops or similar** - for showers or swim time
- **1 pair rubber boots** - for in-camp rainy days
- **4-6 short-sleeved shirts**
- **2 long-sleeved shirts**
- **2 pairs of long pants**
- **4-6 pairs of shorts**
- **2 additional tops for layering** - polypro, wool, or cotton/poly blend



CLOTHING CONTINUED...

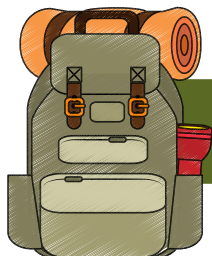
- **1 pair of long underwear, separate top and bottom** - wool or any wicking synthetic material, NO cotton
- **10+ pairs of underwear** - based on the number of days your child will be at camp
- **2-3 bras** - as appropriate for your child with at least one sports bra
- **1 heavier sweater or jacket** - wool or fleece, NO cotton
- **1-2 bathing suits**
- **1 set of sleepwear**
- **1 rain gear set** - nylon poncho or raincoat & pants
- **1 brimmed hat** - baseball cap or similar for sun protection
- **1 knit hat** - wool or fleece



MISCELLANEOUS

- **Toiletries Kit**
 - **Toothbrush** - with toothbrush holder or baggie
 - **Toothpaste** - enough for entire stay
 - **2 travel sized bottles of hand sanitizer** - 70% alcohol or more
 - **Biodegradable soap** - EXAMPLES
 - **Shampoo**
 - **Mesh or heavy duty seal-able bag** to store all the above items
- **2 towels**
- **1 large mesh laundry bag** - for dirty laundry to be stored and laundered in - don't forget to label it - EXAMPLE
- **Menstrual supplies** - enough for whole summer with a seal-able bag to hold them and keep them dry
- **Sunblock** - SPF 30 or higher
- **Medications/vitamins** - enough for the entire stay at camp, must be given to the nurse on the first day
- **Insect repellent** - NO AEROSOLS. It is recommended to treat clothing with a Permethrin spray prior to arrival.
- **Stationary** - with stamps already on the envelopes in seal-able bag to keep the envelopes dry and from sticking shut in humidity





CAMPING GEAR

- **2 sturdy 1-liter waterbottles**
- **1 flashlight or headlamp** - with new & spare batteries.
**No flashlights or headlamps at Flying Cloud or Red Spruce Grove*
- **1 whistle** - and a cord that fits over your head
- **2 bandanas**
- **2-3 pairs of liner socks** - not cotton, to be worn under wool socks to help prevent blisters.
- **Eating dishes & utensils for trail use:**
 - 1 sturdy reusable cup
 - 1 8-inch plate or shallow bowl
 - 1 stainless steel spoon and fork
 - 1 container to hold all dishes and utensils



- **1 sleeping bag**
 - Synthetic fill (polaguard, Quallofill, Hollofil, etc.)
 - With nylon shell, no cotton
 - Please bring straps so it can be easily carried or strapped to a backpack
 - this can be the SAME sleeping bag if you choose to bring one for bedding
- **1 sleeping pad**
- **1 day pack** - large enough to hold camping gear.

[EXAMPLE 1](#)

[EXAMPLE 2](#)

***Note: Saltash Mountain has an additional camping gear item
See Page 7***





OPTIONAL ITEMS

- **A washable sleeping bag liner** - for hotter nights when you may not want to be in your sleeping bag
- **Inexpensive camera** - battery operated only. Film is best, but if it's a digital camera, turn the auto-review function/screen off.
- **Musical instrument with protective storage case** - inexpensive and able to stand up to the rigors of a rustic environment. We cannot replace the instrument if it is lost or damaged.
- **Camp chair** - small, pack-able chair like a [trail chair or stool](#)
- **Compass** - with lanyard
- **Sketch pad or journal** - with crayons or pencils
- **Leather or canvas work gloves** for work projects
- **Sunglasses** - with a case
- **Books** - limit to a few, we have a library with some popular books available to all campers.
- **Games** - easy, quick, compact board or card games with little to no pieces are best. We also have a few for campers to use.
- **Basic sewing kit** - we may sew, but this item is not critical considering each camp has it's own arts and crafts area
- **Mosquito screens and nets** - soft-mesh mosquito netting; this comes in standard sizes and can be tacked and draped around campers bunks as needed. **We provide this for Saltash Mountain*
- **Costumes or dress-up pieces** - see note on page 8
- **Fixed-blade, sheath knife** - no longer than 4 inches with non-serrated blade with sharpening stone
 - We have knives for camper to borrow during lessons and activities
 - We recommend the two brand options below
 - [Mora from Sweden](#)
 - [Opinel from France](#)
 - We train and test our staff and campers to use these tools properly
 - Improper use or use without training with result in the temporary suspension of knife privileges until they have been re-tested
 - No multi-blade tools permitted



CAMP SPECIFIC

| Flying Cloud |

- 1 wool or microfleece blanket
- 2 6'x8' ground tarps, waterproof
- 6-12 utility candles - [EXAMPLE](#)

Do not bring flashlights, watches, or electronics of any kind. Disposable cameras OK. Check with director about digital cameras.

| Indian Brook |

no additional items

| Questers |

separate packing list

| Red Spruce Grove |

- One 6'x8' ground tarp, waterproof
- Lightweight sun shirt & sun hat
- 1 pair of long pants made of heavy denim or cotton (Carhartts, Dickies, thick jeans)

Do not bring flashlights, watches, or electronics of any kind. Disposable cameras OK. Check with director about digital cameras.



| Saltash Mountain |

- 1 Frame Backpack
 - Internal or external frame [EXAMPLE](#)
 - Capacity of about 65 liters
 - Be sure all straps and buckles are in working order
 - Fill the interior with some heavy stuff, and walk around in it to make sure it is comfortable
 - Day packs or book bags are NOT adequate substitutes

**We have limited supplies for campers to borrow - contact the Saltash Mountain director for more information.*

[HELPFUL PACK FITTING VIDEO GUIDE](#)

Remember: fit is more important than capacity for a frame backpack. Smaller than 65 liters is fine if it means a better fit

| Timberlake |

no additional items

| ALL CAMPS |

Note about dress-up items or costumes

Campers are encouraged to bring a few pieces of fun, optional dress-up items, keeping in mind we cannot share among friends this year. Some camps may choose have their usual costume areas to borrow items and wash after each use, while other camps may choose to not offer costume rooms this summer.



DO NOT BRING

- Electronics - *Cameras are OK as long as there is no auto-review screen. Cannot require to be plugged in to charge.*
- Money
- Food of ANY kind
- Valuable and irreplaceable items
- Hatchets
- Firearms or weapons of ANY kind
- Tobacco, drugs, vape materials - no smoking, drug use, or vaping is permitted on Farm & Wilderness property
- Knives with blades longer than 4 inches, folding knives, or multi blades like Swiss Army knife
- Candles, lighters, or matches - we have fire making supplies for when it is needed. *(exception - Flying Cloud see page 7)*
- Breakable or glass bottles
- Aerosol sprays





WHERE TO GET GEAR

BLUE = link.
Click on it!

Buy used, local, & thrifty when you can! It's good for your budget and good for the environment if you need to buy "new" used clothing and gear for camp. Below is a list of suggested retail stores that offer used or consignment items. If you are going to buy new, we suggest investing in gear that your child won't quickly outgrow, such as a backpack or sleeping bag.

If you forgot to pack an essential item when you arrive to camp or if there are camping items on this list which are out of your family's price range, please let your camp director know and make arrangements BEFORE arriving at camp. We have limited supplies of larger, pricier items for campers to borrow, like frame packs or sleeping bags.

Suggested Used, Trade-in, Outlets, & Consignment Outdoor Gear & Clothing Stores

[Arc'Teryx Used Gear](#)
[eBay Camping & Hiking Equipment](#)
[Eastern Mountain Sports \(EMS\) Outlet](#)
[Geartrade](#)
[Goodwill](#)
[North Face Renewed](#)
[Outdoor Gear Exchange Consignment](#)
[OutdoorsGeek](#)
[Patagonia Worn Wear](#)
[REI Outlet](#)
[REI Good & Used Clothing Store](#)
[Sierra Trading Post](#)
[ThredUp](#)
[Tuff Kids Outdoors](#)

Suggested Outdoor Gear Retail Stores or Brands

[Backcountry](#)
[Campmor](#)
[Carhartt](#)
[Columbia](#)
[Cotopaxi](#)
[Dovetail Workwear](#)
[Eastern Mountain Sports \(EMS\)](#)
[Granite Gear](#)
[Liberty Mountain](#)
[Marmot](#)
[Merrell](#)
[Moosejaw](#)
[Oboz Footwear](#)
[Outdoor Gear Exchange](#)
[REI](#)
[Vasque Footwear](#)



Don't Forget to check out the new online Farm & Wilderness Store!

[CHECK IT OUT!](#)

