



## CSE CPAP COMPLIANCE INITIATIVE

### Insurance Precertification // Preauthorization Guidelines:

#### “Must Haves”:

- Subscriber Name, Date of Birth and subscriber number
- Facility tax ID or NPI#
- Physician Tax ID or NPI#
- CPT Code or codes
- ICD 10 code or codes
- Clinical information (e.g., subjective and objective documentation demonstrating patient sleepiness, biopsy results if any, other related imaging)

#### Questions to consider:

- Is the facility in-network with the patient’s plan?
- Is this procedure a covered benefit?
- Does the procedure need an authorization?
- If no, does it require a pre-determination?

#### Access to websites recommendations:

- Enroll in online precertification portals when possible, to minimize delays from phone and faxing
- Single Case Agreements
- If the plan is out of network, obtain an out of network authorization
- Request that the plan negotiate a single case agreement and give them contracting’s phone number to call
- Call contracting to notify that a call will be coming from the payor & give details on the case.

#### In-Lab Sleep Studies Insurance Precertification Contacts:

- Blue Cross // Blue Shield (BCBS)— <https://www.bcbs.com/> or call 1-800-676-2583
- Cigna— <https://www.cigna.com/health-care-providers/coverage-and-claims/prior-authorization> or call 1-877-877-9899
- Health America // Health Assurance // Coventry— <http://coventrycaresoh.coventryhealthcare.com/chcpa/services-and-support/providers/secure-provider-portal/index.htm> or call 1-800-669-2202
- United Healthcare— <https://www.uhcprovider.com/en/prior-auth-advance-notification.html> or call 1-877-842-3210
- Aetna // Advantra— <https://www.aetna.com/health-care-professionals/precertification.html> or call 1-888-693-3211 or 1-888-632-3862
- Tricare— [www.hnfs.com](http://www.hnfs.com) or call 1-877-874-2273



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- Medicare—Typically no precertification required (check with your payer)
- All Other Insurances: Check for precertification requirements

Home Sleep Apnea Testing (HSAT): Typically no precertification required (check with your payer).