



CLINICAL SLEEP EDUCATOR (CSE) CPAP COMPLIANCE INITIATIVE

Background: Also called a sleep health educator, the CSE provides comprehensive education and resolves barriers to compliance. While other sleep center roles are focused more on diagnosis and treatment, the CSE ensures patient *compliance* with treatment. Skills for the role include a) a strong foundation in sleep technology; b) a comprehensive understanding of teaching and motivational skills; c) proficiency in program and business management by confirming insurance verification/authorization requirements and patient financial responsibility; d) communication and organization needed to coordinate DME supply.

The following guide is provided by Circadiance, the maker of SleepWeaver line of skin-friendly, all-cloth masks. It is intended to support and enhance the role of the CSE by providing a broad set of tools befitting the role to promote patient compliance with CPAP treatment for obstructive sleep apnea (OSA).

Patient (and CSE) Sleep Apnea Resources

Am I at Risk for Sleep Apnea?

Take this free [STOP-Bang questionnaire Screening Tool](#)

Learn More About Sleep Disorders

[National Sleep Foundation \(NSF\)](#)

[American Sleep Apnea Association \(ASAA\)](#)

Sleep Apnea Tests & Treatments

[Find an accredited sleep center](#)

[PAP Therapy Review](#)

SleepWeaver PAP Masks

[SleepWeaver line of skin-friendly, all-cloth masks](#)

[SleepWeaver videos](#)

Mask Matcher SleepWeaver Fitting Tool (form attached // linked)

More Sleep Solutions

[Good Sleep Habits](#) (NSF resource)

Tools & Resources

[Circadiance Blog](#)

[CPAP Therapy Support](#) (ASAA resource)

[I Need a-, to Donate a CPAP Machine](#) (ASAA resource)

I Need a-, to Donate a CPAP Machine, [additional resource](#) (The Reggie White Foundation)



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[Online outlet for discounted new, and low hour Used CPAP and Used BIPAP equipment](#)
(SecondwindCPAP)

Clinical Sleep Educator Workflow Resources

CSE Sleep Study Insurance Precertification and Resources (Lab- or Clinic-based)

Clinical Summary Insurance Authorization Application Template (attached // need link)

Sleep Study Prescription Template (order attached // need link)

Remote Patient Monitoring (RPM) Coding & Reimbursement (resource attached // need link)

Insurance Authorization Prerequisites & Guidelines (example template attached // need link)

CSE DME Equipment Resource (Lab- or Clinic-based)

Circadiance Prescription for DME Template (order attached // need link)

CSE Compliance Protocols (Lab-, clinic-, and Inpatient-based)

AAST [Patient Education Curriculum](#) (Sleep Apnea Self-Management Education (SASME) and SOAP documentation, AAST resources).

CPAP Mask Accommodation (PPT deck attached // need link)

Sleep Navigator [best practice](#) and [pre- and post-operative OSA monitoring](#) (AAST resources)