

# LIPODISSOLVE FAT-DISSOLVING INJECTIONS

Lipodissolve Fat-Dissolving Injections help to remove small fatty deposits in various areas of the body. Rather than acting as a weight loss tool, the procedures uses fat-dissolving injections to contour and sculpt areas of the body which typically hold small, localised pockets of fat. The injections are a safe, non-surgical way to eliminate fat deposits and benign lipomas without surgery.

Please note: Lipodissolve Fat-Dissolving Injections act as an adjunct to healthy eating habits and regular exercise, and not as a replacement. Patients are encouraged to undergo positive lifestyle changes to improve their treatment outcomes.

**This information sheet outlines the suggested treatment, its risks, and pre- and post-treatment care instructions. It is important that you read all information carefully and completely. Your doctor may provide you with additional or different information which is based on your particular case.**

## TREATMENT AREAS

- |                 |                  |               |
|-----------------|------------------|---------------|
| • Cheeks        | • Iliac crest    | • Saddle bags |
| • Double chin   | • Love handles   | • Thighs      |
| • Jowls         | • Gluteal banana | • Stomach     |
| • Axillary fold | • Buttocks       | • Upper arms  |

## PRE-TREATMENT

Please keep your skin free of makeup on the day of your treatment. In addition, you should not be treated with Lipodissolve injections if you:

- are pregnant or breastfeeding;
- are under 18; or
- have vascular disease microangiopathies.

Your doctor will assess your circumstances and decide if you should proceed with treatment if you have:

- auto-immune problems;
- diabetes;
- serious liver disease;
- acute infections;
- serious adiposity;
- hypersensitivity against soybeans;
- renal disease;
- allergies; or
- coagulation defects.

# **LIPODISSOLVE FAT-DISSOLVING INJECTIONS**

## **PROCEDURE**

Lipodissolve Fat-Dissolving Injections involve injecting small amounts of phosphatidylcholine – a fat-dissolving liquid derived from soya beans – directly into fat deposits, without the need for anaesthesia or invasive surgery.

The procedure takes 15-45 minutes, depending on the treatment area. There is little pain during the injections and minimal bruising afterwards. We can apply a topical anaesthetic, provide stress balls, and apply cooling aids such as ice packs and fans during the treatment. Our doctors are fully qualified and very experienced in ensuring you are well looked after with minimal discomfort.

## **SIDE EFFECTS**

Following pre- and post-treatment care guidelines will help optimise your results. Our doctors will walk you through any contraindications or side-effects that might impact you.

There is a small amount of downtime involved. The treatment area may be swollen and tender for up to 4-5 days. In some areas such as under the chin, the short-term swelling (sometimes described as a 'bullfrog' look) can be noticeable and difficult to hide. Other areas of the body may be easier to cover up and therefore require less downtime, but swelling and tenderness will still occur.

Additional side effects may include haematoma and pressure sensitivity.

## **RESULTS**

The number of required treatments range between 2-4 sessions. Results can be seen after 2-3 treatments over a period of 6 months. Intervals between treatments may be 6-8 weeks. Results can be sustained long-term where a healthy eating and exercise plan is followed to prevent future fat deposits in the treated area.

## **NOTES**

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**If you have any questions or concerns, please call us on 6240 4820.**