

# HIFU ECLIP THERAPY

High Intensity Focused Ultrasound (or HIFU) uses ultrasound technology to stimulate the skin for a non-surgical facelift. The ultrasound creates gentle thermal injury to assist in soft tissue production, restoring the skin's vitality with no downtime. HIFU is an advanced, long-lasting treatment that penetrates deeper and lasts longer than fractional laser or radiofrequency technology.

**This information sheet outlines the treatment, its risks, and pre- and post-treatment care instructions. It is important that you read all information carefully. Your Skin Doctor or Therapist may provide you with additional or different information which is based on your particular case.**

## IDEAL TREATMENT FOR

- The neck, jawline, chin, brow, under-eyes, nasolabial folds and lower face
- Lifting and tightening the skin
- Restoring skin vitality
- Reducing lax or sagging skin

## CONTRAINDICATIONS

Some patients are not suitable for HIFU Eclip Therapy. The treatment should be avoided if:

- You have aesthetic threads, implants or recent dermal fillers in the treatment area.
- You are pregnant.
- You have open wounds or lesions on the treatment area.
- You have cystic acne.
- You have a pacemaker or electronic device implants in the treatment area.

If you have a history of cold sores, preventative oral antiviral tablets are recommended before and after treatment.

## THE PROCEDURE

The ultrasound energy is applied deep into the dermis, subcutaneous fat and muscle layers to create gentle thermal injury. HIFU is a non-invasive procedure that uses the body's own healing response to lift and tighten loose skin in problem areas like the neck, jawline, chin, brow, under-eyes, nasolabial folds and lower face. This gives a lifting affect to your skin and helps restore its youth and vitality.

During the treatment, an ultrasound gel is applied, then the HIFU hand piece is applied over the treatment area. Rows of rapid, precise ultrasonic heat energy is released, causing a warm prickling sensation. This is repeated over the whole treatment area. The procedure takes 30-60 minutes.

### **SIDE EFFECTS**

Following pre- and post-treatment care guidelines will help optimise your results. Your Doctor or Skin Therapist will walk you through any contraindications or side effects that might impact you.

HIFU is considered very safe if performed by a trained and qualified professional. Some side effects may include:

- Slight redness or swelling
- Light tingling sensation of the treated area
- Treated area may appear flushed/red
- Temporary numbness or bruising (rarely)

### **AFTERCARE**

HIFU Eclip Therapy is usually well tolerated and you can resume your normal activities immediately after the treatment. A small amount of mineral make up is okay to apply. Avoid saunas, steam baths and exercise for 24 hours after treatment. Apply broad-spectrum sunscreen for a week after treatment.

### **RESULTS**

Long lasting results will gradually develop over time and you will initially see effects after one month, which will continue to improve for up to nine months. Results can last 1-3 years. It is recommended to leave at least 4 weeks in between HIFU treatment sessions.

### **NOTES**

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**If you have any questions or concerns, please call us on 4566 0580.**