

## Express Picnic Party Games Challenge List

Challenge Name	Challenge Description	Type	Points
Start Here	Tips and Tricks	Photo	1
A Little Extra	Who participates in an extracurricular activity with coworkers outside of work, such as playing on a sports team, running partners, or regular volunteer work. Snap a photo of that person pretending to do their after-work activity. Enter their name and the activity in the caption space.	Photo	20
Balancing Act	Have one teammate lay on the ground and place an uncapped bottle of water on their forehead. Record a 5-second video of them trying to stand up without spilling!	Video	80
Beach Art	Collect stones, shells, seaweed, or driftwood to make a sand "painting" and snap a photo of your team with it	Photo	40
Beach Darts	Draw a dart board in the sand and record a 5-second video of two teams playing beach darts by throwing small shells or rocks onto the board from at least 15-feet away.	Video	40
Brain Freeze	Record a 5-second video of a teammate getting a brain freeze by eating a frozen dessert or drinking an ice-cold bottle of water as quickly as possible.	Video	40
Bust a Rhyme	Write a rap or rhyme of at least 4 lines about your party in the park and record a 5-second video of at least 2 teammates performing it. Be sure to include your organization's name.	Video	40
Catapulting Cuisine	Use a spoon to catapult a bite-sized food item to another teammate from 10 feet away. Record a 5-second video of the teammate successfully catching it in their mouth! Select "retake" if you need to try again.	Video	50
Change Your Perspective	Search for the tallest tree in the area. Then snap a "feet-up" style photo with your team's backs to the ground, feet in the air, and the entire tree in the shot.	Photo	30
Chug Challenge	Who can chug an entire bottle of water or soda the fastest? Record a 5-second video of one teammate challenging someone from another team or another teammate in this thirst quenching challenge.	Video	50
Commonalities	Determine your team's most unique commonality and write a poem of 3-4 lines about it. Record a 5-second video of a teammate performing your poem.	Video	40
Dizzying Dare	Have one teammate spin around in a circle 10 times and then record a 5-second video of them trying to walk in a straight line afterward.	Video	50
Draw a Line in the Sand	Collect a rope, towel, blanket or whatever is available and stage a tug of war with another team. Record a 5-second video of your battle for victory.	Video	60
Gone Wild	Snap a photo of someone who has visited a National Park or wilderness area within the past six months acting out something from their last adventure in the great outdoors. Enter their name and the name of the park in the caption space.	Photo	40
Feathered Friends	Snap a team photo with a bird in the shot. Make sure the bird is clearly visible.	Photo	40

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Footbag	Using a small ball, crushed can or balled up piece of paper, form a hacky sack circle with your team and record a 5-second video of at least 3 teammates successfully passing the ball using their feet, knees, head or any body part except hands.	Video	50
Garden Delight	Who has a garden with either flowering or food plants? Snap a photo of that person and list at least 3 types of plants in their garden in the caption space.	Photo	30
Get Some Air	Snap a photo of each member of your team high fiving members of another team while all jumping high in the air.	Photo	40
Gotcha	Strike up a conversation with someone from another team. Then record a 5-second video of a teammate catching them saying "picnic." You may prompt them in any way, but you may not say the word "picnic" yourself. Select "retake" if you need to try again with a different person.	Video	80
Happy Birthday	Who is celebrating a birthday this month? Snap a photo with that person and position the image of the birthday hat on their head.	AR-Photo	30
Head Over Heels	Snap a photo of 2 teammates doing cartwheels in sync when their hands are on the ground and feet in the air.	Photo	40
Holiday at Sea	Who has recently been on a cruise? Snap a photo of that person reliving their trip and looking relaxed. Then enter their name and the location where they cruised in the caption space.	Photo	30
Insects Among Us	Search for a beetle, ant or other small insect in the park and snap a closeup photo of it so the insect is clearly visible.	Photo	30
Juggling Responsibilities	Who can juggle? Record a 5-second video of that person juggling 3 or more objects.	Video	40
Long Jumpers	Mark a starting line in the sand and have 2 members from different teams compete to see who can jump the farthest. Snap a photo of the two jumpers at the spot where they land.	Photo	30
Look Ma, No Hands!	Who can hang a plastic spoon from their nose? Snap a photo of a teammate performing this balancing act with no hands.	Photo	20
Park Bench Plank	Snap a photo of two teammates planking on a park bench at the same time.	Photo	20
Photobomb!	Snap a photo of a team member secretly photobombing another team's photo as they complete a challenge.	Photo	20
Need for Speed	Have a teammate engage in a footrace with someone from a different team between two points. Record a 5-second video mid-race.	Video	40

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Photo Booth	Collect whatever props are available and stage a photo booth shoot at the beach. Position the image of the beach scene in the shot and snap a creatively posed team photo.	AR-Photo	40
#Photooftheday	Post your favorite photo from today's activity to a teammate's social media profile with the hashtag #photooftheday. Upload a screenshot of the post to complete this challenge.	Photo	30
Reach for the Sky	Find someone to take picture of your entire team showing how far they can jump off the ground and touch the sky! Everyone must have their hands in the air, feet off the ground, and the sky in the background to successfully complete this challenge.	Photo	30
Riddle Me This	Determine the answer to this riddle and snap a photo of the answer: Wherever you go I am always near. When night time comes I always disappear.	Photo	20
Ring Toss	Collect a water bottle and a paper plate. Tear a hole in the plate and place the water bottle upright on the ground at least 10 feet away. Then record a 5-second video of a teammate successfully tossing the plate over the bottle. Select "retake" if you need to try again.	Video	20
Rock On	Who has been to an outdoor concert? Snap a photo of that person and enter the name of the band they saw in the caption space.	Photo	20
Shark Bait	Who has gone scuba diving or swimming with sharks? Snap a photo of that person and place the image of the scuba mask on their face.	AR-Photo	40
Sand Angels	Snap a photo of at least 3 teammates making sand angels by laying on the sand and moving their arms and legs.	Photo	50
Sea Creatures	Snap a photo of a teammate with a crab or seagull clearly visible in the shot.	Photo	20
Shell Race	Collect 2 small shells and challenge a member from another team to a race. Each racer must place a shell on their forehead and race to the finish line while balancing the shell. Snap a photo mid-race.	Photo	30
Splash Fight	Challenge a member of another team to a water fight. The two must battle in the surf to see who gets the wettest while another teammate records a 5-second video of the battle.	Video	60
Summer Songs	What's your team's favorite summertime song? Record a 5-second video of your team plus 3 other people all belting out the song and singing along together.	Video	40
The White Album	Using whatever materials are available, create your team's album cover. Your album cover must feature your team's name and your entire team. Snap a photo of your album cover to complete this challenge.	Photo	40
Three-Legged Race	Two teammates must challenge 2 members of another team to a 3-legged race. Tie the ankles of each pair together using whatever is available and record a 5-second video mid-race.	Video	50

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Tourist Trap	Create an advertisement for the local tourism board. Search for the most interesting or appealing spot in the immediate area and stage a posed photo shoot showing how much fun your team is having today. Use any props available to add to the creativity.	Photo	40
We've Got the Beat	Who must have tunes when they're at the beach or on a picnic? Snap a photo of that person jamming out while holding the image of the boom box.	AR-Photo	40
Worst. Dance Off. Ever.	Challenge another team to a dance off and record a 5-second video of it. One team must perform "The Chicken Dance" while the other responds with "The Macarena." The team you challenge gets to pick their dance.	Video	50