



Summit Year-to-Year Guide

9th Grade	10th Grade	11th Grade	12th Grade
<ul style="list-style-type: none">• Best Practices• Complete Profile over 2-3 days (90 minutes)• Lesson Plan Options:<ul style="list-style-type: none">• <i>Pre and Post Describing You</i> (15 minutes)• <i>Diving Deeper-Researching a Career</i> (homework or multi-day)• <i>Post-it Activity: Building Self-Efficacy and Self-Worth</i> (15 minutes)	<ul style="list-style-type: none">• Best Practices• If students have NOT completed Profile in 9th grade, complete over 2-3 days (90 minutes)• If students completed Profile in 9th grade, have students complete the optional Amplifier exercises (40 minutes)• Lesson Plan Options:<ul style="list-style-type: none">• <i>Pre and Post Describing You</i> (15 minutes)• <i>Diving Deeper-Researching a Career</i> (homework or multi-day)• <i>Post-it Activity: Building Self-Efficacy and Self-Worth</i> (15 minutes)• <i>Conducting Mock Interviews</i> (15 minutes/student)	<ul style="list-style-type: none">• Best Practices• If students have not completed the optional Amplifier exercises, have them complete (40 minutes)• Lesson Plan Options:<ul style="list-style-type: none">• <i>Conducting Mock Interviews</i> (15 minutes/student)• <i>Informational Interviews</i> (homework)• <i>College Search and Exploration</i> (15 minutes)• <i>Resume Language</i> (15 minutes)• <i>Cover Letter Exercise</i> (45 minutes)	<ul style="list-style-type: none">• Best Practices• If students have not completed the optional Amplifier exercises, have them complete (40 minutes)• Reset Interest Inventory and have students retake to see how interests have changed (YouScience can reset for students) (5 minutes)• Lesson Plan Options:<ul style="list-style-type: none">• <i>Informational Interviews</i> (homework)• <i>College Search and Exploration</i> (15 minutes)• <i>Resume Language</i> (15 minutes)• <i>Cover Letter Exercise</i> (45 Minutes)• <i>Postsecondary Next Steps</i> (15 minutes)

Best Practices

1. Plan your implementation with your administration. Consider whether YouScience fits into other required testing from your state. Many schools use PSAT dates or end-of-course exams to administer.
2. Have any staff working with YouScience complete the exercises – [youscience.com/request](https://www.youscience.com/request)
3. Show students the Introduction to YS PowerPoint up to a week before they complete so they understand the value of YouScience
4. Email parents and share resources they can use with their children - <https://www.youscience.com/schooltools/>
5. All lesson plans listed above can be accessed at - https://knowledgebase.youscience.com/hs_lesson-plans