## Pinnacle Pacer Schedule

December 17-19, 2021

Location: JCCC Fieldhouse 12345 College Blvd Overland Park, KS 66210

https://info.pinngym.com/pinnacle-pacer

Masks are required on the JCCC campus. Athletes may remove their masks while participating in the competition.

There are no spectator limits.



|               | Xcel Platinum and Diamond | Open Stretch  | 11:00 AM |
|---------------|---------------------------|---------------|----------|
|               |                           | March In      | 11:20 AM |
| Friday,       |                           | Timed Warm Up | 11:30 AM |
|               | Level 6 and 7             | Open Stretch  | 2:00 PM  |
| l liady,      |                           | March In      | 2:20 PM  |
| December 17th |                           | Timed Warm Up | 2:30 PM  |
|               | Level 8, 9, and 10        | Open Stretch  | 5:00 PM  |
|               |                           | March In      | 5:20 PM  |
|               |                           | Timed Warm Up | 5:30 PM  |

|               | Level 3       | Open Stretch  | 8:30 AM  |
|---------------|---------------|---------------|----------|
|               |               | March In      | 8:50 AM  |
|               |               | Timed Warm Up | 9:00 AM  |
|               | Level 4 and 5 | Open Stretch  | 11:00 AM |
| Catanalan     |               | March In      | 11:20 AM |
| Saturday,     |               | Timed Warm Up | 11:30 AM |
| December 18th | Xcel Gold     | Open Stretch  | 2:30 PM  |
|               |               | March In      | 2:50 PM  |
|               |               | Timed Warm Up | 3:00 PM  |
|               | Xcel Silver   | Open Stretch  | 5:30 PM  |
|               |               | March In      | 5:50 PM  |
|               |               | Timed Warm Up | 6:00 PM  |

|               | Xcel Bronze | Open Stretch  | 9:00 AM |
|---------------|-------------|---------------|---------|
| Sunday,       |             | March In      | 9:20 AM |
| December 19th |             | Timed Warm Up | 9:30 AM |