



TRAVEL ASIA!

BOREDOM BUSTER FOR 1:1 OR INDIVIDUAL ACTIVITIES
ACTIVITY DIRECTORS' QUICK GUIDE

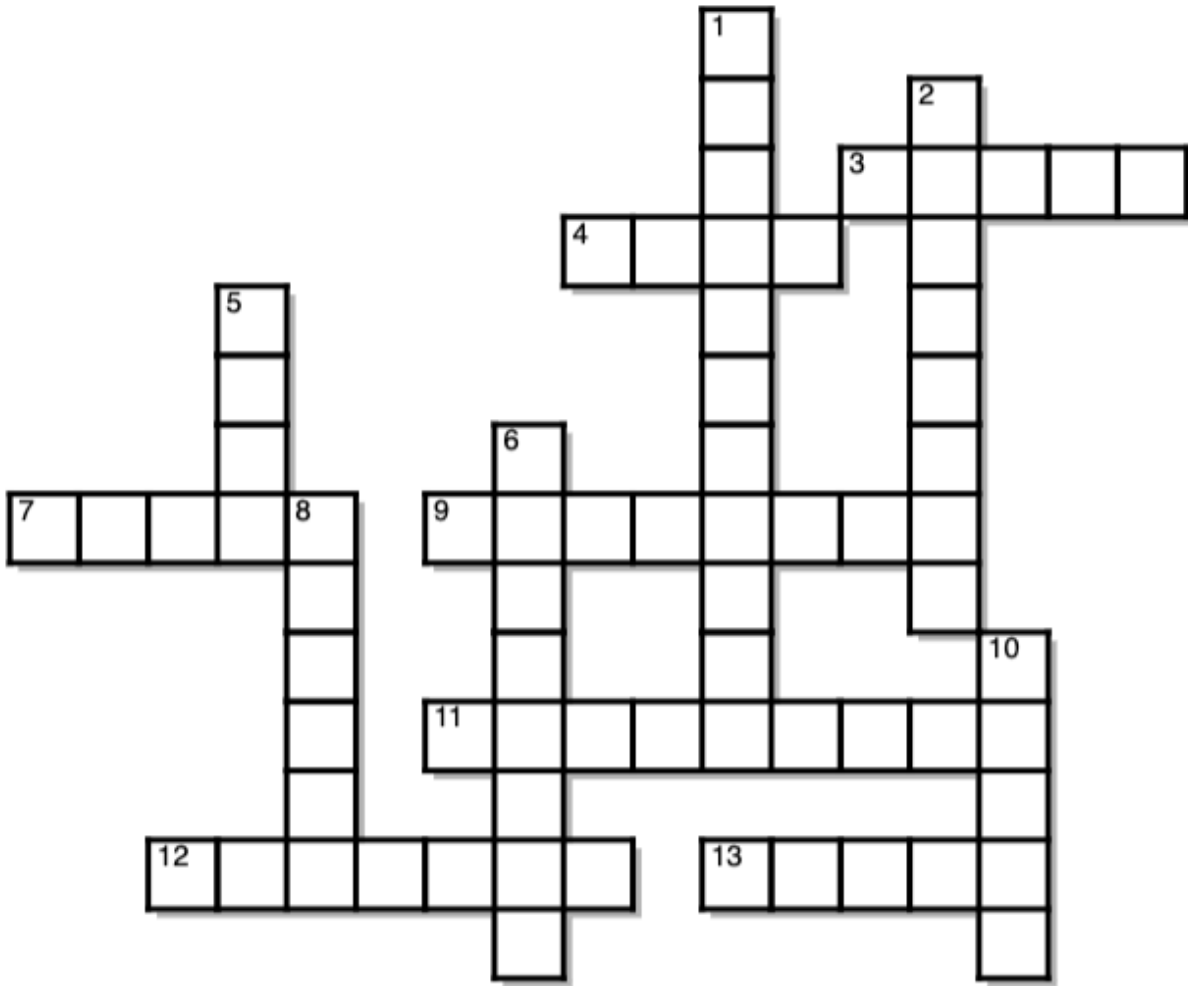


TRAVEL ASIA!

"Wheresoever you go, go with all your heart"

—Confucius

Crossword – Answers page 23



Across

3. Country that borders 14 others but has just 1 time zone
4. Only landlocked country in SE Asia
7. Richest country in the world
9. Widest spoken language on the Asian continent
11. Surviving city-state; Monaco, Vatican City and _____
12. Lowest point on Earth in Asia
13. Taj Mahal is located here

Down

1. Located in modern-day Iraq, center of early civilization
2. SE Asian country never colonized by a European power
5. Most populated continent
6. This island nation in South Asia is the smallest Asian country.
8. Country is part of Asian and Europe
10. Home of Mount Everest

Sudoku - Answers on page 24

How to play:

- Use Numbers 1-9 to fill empty boxes.
- Don't Repeat Any Numbers in any 3x3 square, row or column.
- Use Process of Elimination.

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123456789	123456789	123456789	123456789	123456789	123456789	123456789	123456789	123456789
			5	1		6	7	
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5	1	7				9		
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			3					
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Word Jumble

D	B	U	H	S	I	M	D
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A	A	D	N	P
---	---	---	---	---

I	Y	N		A	N	G	Y
---	---	---	--	---	---	---	---

A	T	G	R	E		L	W	L	A
---	---	---	---	---	--	---	---	---	---

N	D	R	G	A	O
---	---	---	---	---	---

Answers: Buddhism, Panda, Yin Yang, Great Wall, Dragon

Reflections

Have you traveled to Asia? If so where?

Where in Asia would you like to visit?

Do you have a favorite Asian cuisine?

Do you have a favorite animal native to Asia?

What do you enjoy about Asian culture? Food? Technology?

Trivia!

1. What is the most populated country in Asia
 - a. China
 - b. India
 - c. Indonesia
 - d. Pakistan

2. What is the largest island in Asia
 - a. Sumatra
 - b. New Guinea
 - c. Java
 - d. Borneo

3. What is the most common language in Asia
 - a. Chinese
 - b. Hindi
 - c. Russian
 - d. English

4. What is the capital of Afghanistan?
 - a. Teran
 - b. Tbilisi
 - c. Baghdad
 - d. Kabul

5. Mt. Fuji is the highest point in what Asian country?
 - a. Japan
 - b. China
 - c. Vietnam
 - d. Mongolia

6. What tiny country, known to its inhabitants as Druk Yul (Land of the Thunder Dragon), is sandwiched between China and India?
 - a. Burma
 - b. Bhutan
 - c. Bangladesh
 - d. Mongolia

7. What mountain range runs along the northern border of India?
 - a. Urul Mountains
 - b. Himalayan Mountains
 - c. Tarta Mountains
 - d. Xiao Hinggan Ling Mountains

8. What Chinese city is situated at the mouth of the Chang Jiang (Yangtze) River?
- a. Shanghai
 - b. Beijing
 - c. Taipei
 - d. Hong Kong
9. What is the tallest mountain in Asia?
- a. Mount Fuji
 - b. Mount Kilimanjaro
 - c. Mount McKinley
 - d. Mount Everest
10. Iran is slightly larger than what U.S. state?
- a. Alaska
 - b. Rhode Island
 - c. Texas
 - d. Montana

Answers: 1. A / 2. D / 3. A / 4. D / 5. A / 6. B / 7. B / 8. A / 9. D / 10. A

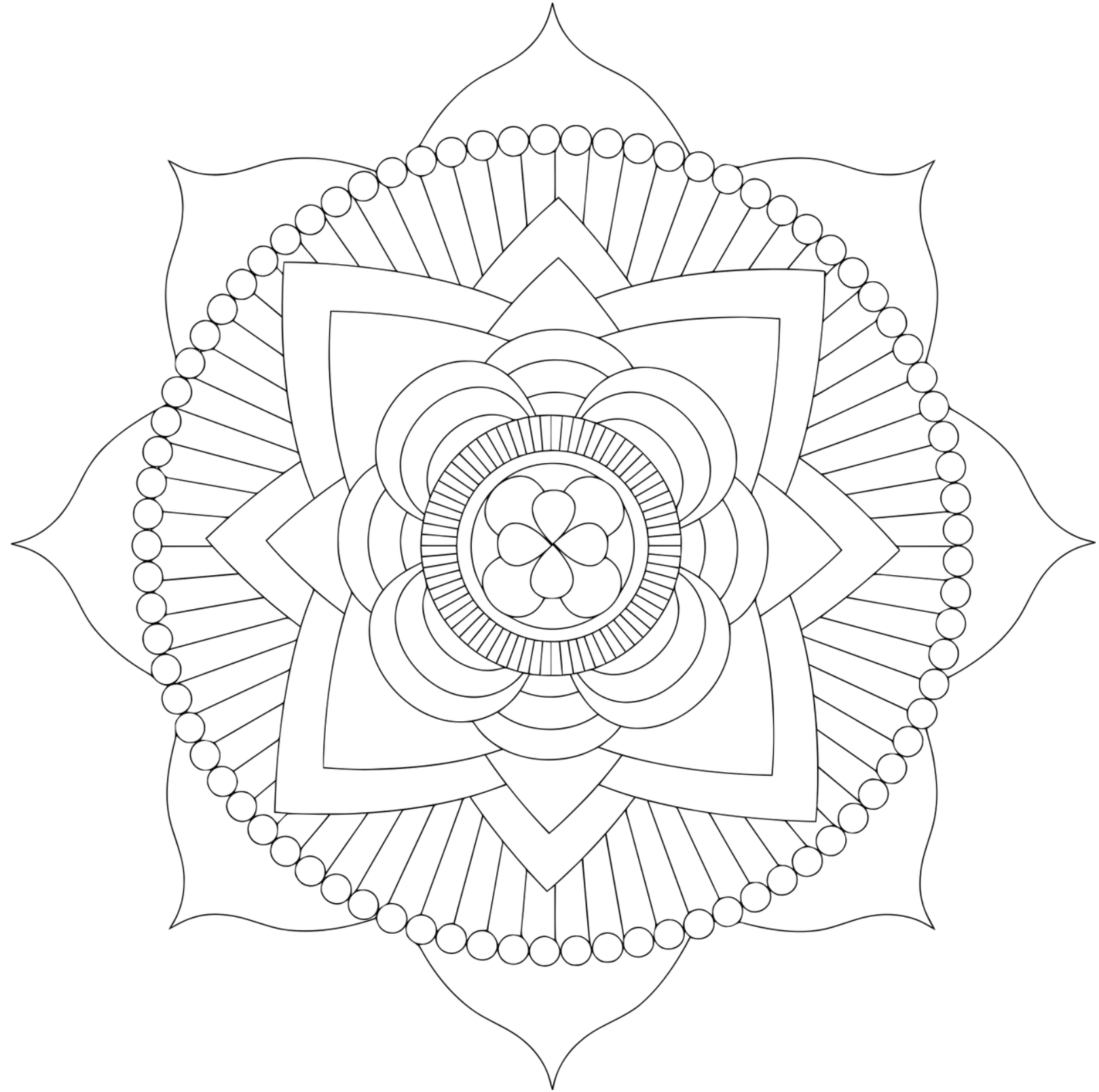
Fish Wind Kite!



- 1) Lay your construction paper horizontally. Create a line along the bottom in glue and place a row of fish scales. Keep line of scales as straight as possible.
- 2) Repeat the first three steps to make 5 or 6 rows of scales. Each row will overlap the previous row.
- 3) Cut a strip of black construction paper about 2 inches wide and glue it across the top layer of scales. This will hide the ends and serve as the line separating the face and body of the carp. Glue eyes as shown in the photo.
- 4) Flip your project upside down. Cut strips of colorful crepe paper and glue them along the bottom side of the construction paper.
- 5) Roll your paper to connect the edges. Use a glue to connect the ends near the top, bottom, and if possible the center. If you cannot reach the center with your stapler, use a small bit of glue to help seal the connection.
- 6) Use a hole puncher to place to small holes on either side of the top of the kite. Connect a small piece of yarn through the holes to hang your carp windsock.

Craft & Photos Courtesy of Buddy & Buggy

Coloring for Mindfulness



Coloring for Mindfulness



Matching Game!

- | | | |
|----------|-------------|----------------|
| 1. _____ | Tokyo | A. Mongolia |
| 2. _____ | Beijing | B. Vietnam |
| 3. _____ | Seoul | C. Thailand |
| 4. _____ | Hanoi | D. China |
| 5. _____ | Ulaanbaatar | E. Japan |
| 6. _____ | Bangkok | F. Sri Lanka |
| 7. _____ | Colombo | G. South Korea |
| 8. _____ | Taipei | H. Philippines |
| 9. _____ | Manila | I. Taiwan |

Answers: 1. E / 2. D / 3. G / 4. B / 5. A / 6. C / 7. F / 8. I / 9. H

Chinese New Year Traditions

From ChinaTravel.com

Traditional Customs for Chinese New Year



House Cleaning:

Doing away with the "old" and preparing for the "new".



House Decorations:

In the hope of attracting good luck.



Spring Couplets:

Posted in pairs, express people's hopes in the New Year.



Family Reunion Dinner:

A banquet with all family members getting together on lunar New Year's Eve.



Staying up Late:

After the great dinner, families sit together and chat happily, to welcome in the New Year.



Setting Off Firecrackers:

To drive away evil spirits.



New Year's Greetings:

Wear new clothes and greet relatives and friends with bows and congratulations on the first day of the New Year.



Lucky Money:

With the hope of bringing good luck and warding off monsters.

The Colorado Burma Princess

My name is Inge Sargent, and I am a retired schoolteacher from Boulder, Colorado. I am also a former princess from Burma in the Shan State of Hsipaw. I never imagined I would live this life.

For nine years, I was married to the Shan prince Sao Kya Seng. Now, I spend my time helping refugees flee from Burma's military. I don't fight with weapons, but with words of encouragement and empowerment. I struggle to help oppressed people from Burma because I was forced to leave. Here is my story.

In the Beginning

I grew up in Austria, which is in Europe and not in Asia at all. I worried a lot when I was young because I was just six years old when the German Nazis marched into my village. My mother was arrested three times, and many of my neighbors disappeared, and never returned.

Things were tough after the war, so I decided to study abroad. In 1952, I came to Colorado. It was here I met the man who changed my life forever.

Sao Kya Seng was a handsome youth studying engineering and the American political system. I fell in love with his smile and thoughtfulness. We were soon married and literally sailed off into the sunset to live in Burma. When we reached port in Rangoon, hundreds of people gathered on the dock. Brightly colored boats floated nearby. Everyone held up signs welcoming the Princess.

"There must be someone important onboard the ship," I said to my husband. It was only then he made his confession. I was shocked as he told me who he was — the Prince of Hsipaw. I still laugh when I think about it because what I said was, "I wish you had told me! I would have worn a different dress!"

I was very hurt that Sao hid his identity, but I understood. He wanted a normal student life in America, and he wanted to know for sure I loved him for himself. It really didn't take long for me to get used to royal life. You could probably get used to being a princess pretty easily, too! I worked hard to learn the Burmese and Shan languages, and

the names of our 46 palace servants. We were blessed with two daughters, Mayari and Kennari.

Sao established a salt mine and a mining company. Because of his time in America, he appreciated the freedom of speech and equality. So, he abolished servants kneeling and gave away his rice fields to the farmers working them.

I was busy building a birthing clinic, teaching villagers about nutrition, and founding a trilingual school. For nine happy years, we lived our fairytale life.

The Fairytale Ends

My husband kept talking about democracy, which angered the military. So, in 1962, while he was attending some parliament meetings, the Burmese military staged a coup. My dear Sao was arrested, and I have never seen him again. Eventually, I got word that he was killed. For two years, my two daughters lived with me in terror as we were held under house arrest. Eventually, with the assistance of the Austrian Ambassador, we escaped, with only one suitcase each.

I returned to Colorado. Now a single working mother, I wanted to build a good home for my girls. Life was different than being a Burmese Princess, but I was determined. I taught high school German, and my daughters were able to adapt to life in America. In 1968, I married Howard (Tad) Sargent, who later adopted the girls.



In 1995, we established the Burma Lifeline Foundation. We raise funds to help people fleeing from the military regime in Burma. In 2000, I was awarded the International Human Rights Award for my continuing support of ethnic minorities. "I am connected to the Shan people in Burma. I have lived with them, and I lost my heart there. How can I not help them? Someone has to help them."

Categories

Name an item that fits in each category and starts with the corresponding letter!

Asian City				
Asian Food or Drink				
Asian Monument				
Asian Company				
Asian Topography				

Word Search

B U D D T A I S E N O D N I
 A H U S P L R H I N N E Q F
 N M M Z Q G K D E F L J I M
 G A A C B E H P N L R N Y O
 L N L K J E A K A N I H C W
 A T D Z D L K X I X L A O S
 D E I P H I L I P P I N E S
 E I V N R D K Z S D T G O G
 S V E U R J T X K T E M R S
 H H S N U N P D A N A P A J
 E C A M B O D I A D B N K Y
 A K N A L I R S K H S B F U
 Y N A D R O J M Y A N M A R
 S S I T H A I L A N D N L U

MALDIVES
JAPAN
NEPAL
JORDAN
LAOS

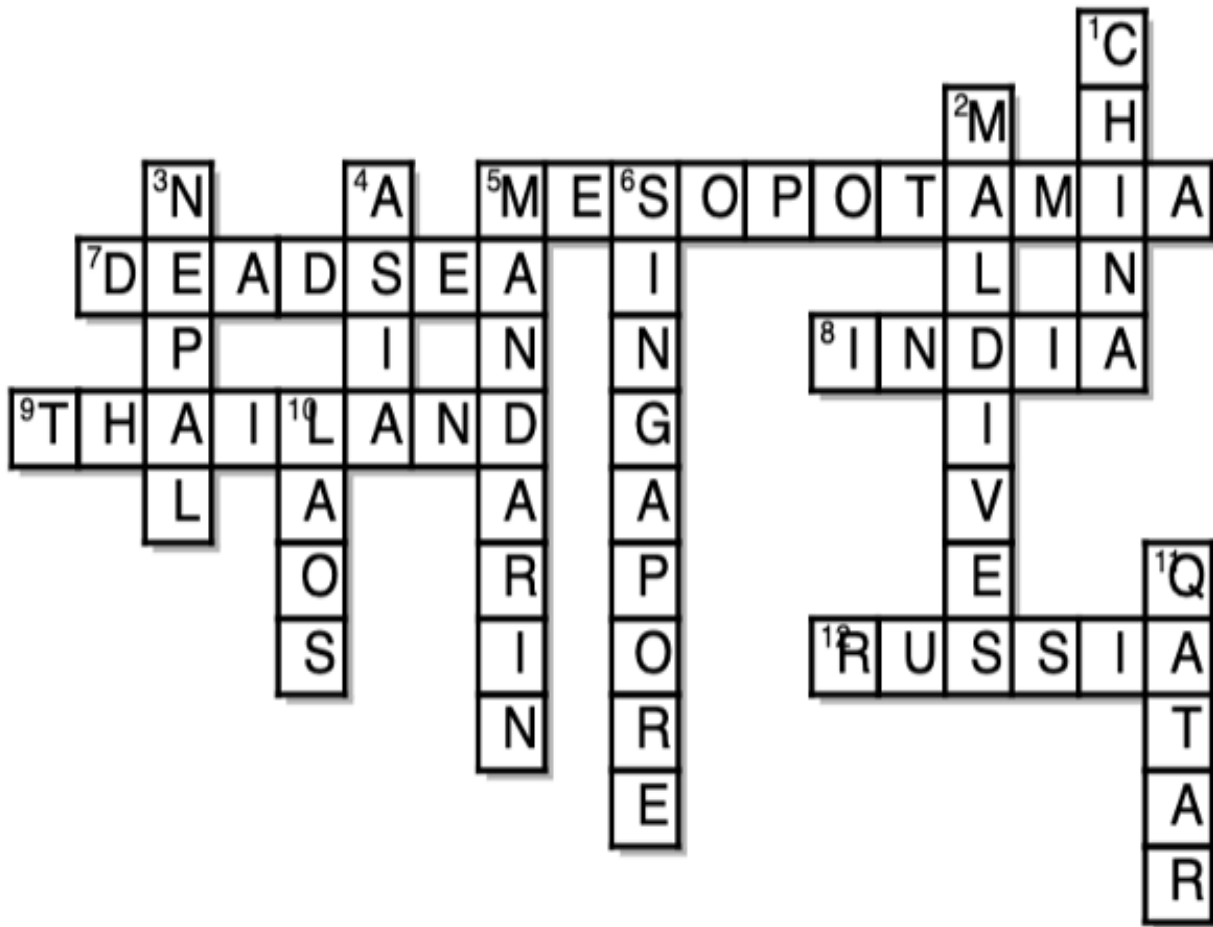
CHINA
PHILIPPINES
VIETNAM
THAILAND
INDONESIA

BANGLADESH
MYANMAR
UZBEKISTAN
SRI LANKA
CAMBODIA



ANSWER KEY

Crossword Answers



Sudoku Answers

8	7	5	2	3	6	4	9	1
3	2	9	5	1	4	6	7	8
1	4	6	7	8	9	3	5	2
2	3	1	8	9	5	7	6	4
6	5	4	1	7	3	2	8	9
7	9	8	4	6	2	1	3	5
4	6	3	9	5	1	8	2	7
5	1	7	6	2	8	9	4	3
9	8	2	3	4	7	5	1	6