

# Teacher Affirmation Cards

Empower and improve your teaching! Use these affirmations to feel empowered, think positive, and gain motivation.

Print on thick paper and cut them out to use anywhere.





I am grateful for a new day of learning with my students.



The boundaries I set are important to my mental health and it is okay to have them.



I am important and I matter.



The work I am doing matters.



I am appreciated and valued.



I make a difference in my students' lives.



I have a powerful gift that I am sharing everyday.

 Everyday I treat myself and my students with kindness and respect.

 I am making a positive impact on my students' lives.

 I am in the right place.  
I am meant to be a teacher.  
I am always doing the best that I can.

 I am grateful to have a challenging and fulfilling job.

 I am a valuable asset to my school, my district, and my community.

 I see each student as an individual for who they are, what they can do, and what they can be.

 The caring I show today will change a life.



I am a competent and capable teacher.  
I am confident in my abilities.



I make my classroom great.  
My students make my classroom great.  
Together we make magic happen.



Each challenge I encounter I am able to overcome successfully.



Today I will make one child smile.



My classroom is a positive space where students feel welcomed and supported.



I am amazing and I am prepared to succeed.



Today I will make a connection with one child.



I look for the good in even the most challenging children and support them.



Today I will make one child smile.