

YuLife's Employee Health & Wellbeing Survey 2.0



Source: YouGov survey of 2056 UK adults

The world has spent months on lockdown as living through Covid-19 became reality. Working at home, social distancing, self-entertainment, and long distance education are our new norms.

Employee benefits will be reshaped by the pandemic increasing the need for people to feel protected — whether that's protecting their health or their long-term financial security.

Companies are learning new ways to connect, expanding ways to support, and developing fresh programmes to engage with their teams.

YuLife's 2020 employee survey investigates the impact of Covid-19 on wellbeing in the workplace and the changing expectations of employees have from their employers.



The pandemic has had a profound impact on employee wellbeing & expectations

50%

of employees don't feel supported with remote working

1 in 4

believe their employer isn't looking after their wellbeing since Covid

1 in 3

say Covid has had a negative effect on their wellbeing

Parents are suffering the most with stress

45%

of people with children feel more stressed since Covid

Non traditional mental health support services are less valued

32%

of people think that their mental health is the most important thing that contributes to their general well being, and only **11% value mental health support (counselling)**

25%

of people say that they have been most **motivated to maintain their wellbeing** as a direct result of the pandemic

The demand for Life Insurance is identified as a highly important benefit has doubled

21%

view life insurance as more important now since the pandemic

compared to 14%

of people that said life insurance had become more important since the pandemic in our previous survey,

Life insurance that inspires life

Get in touch!

YuLife transforms traditional insurance and employee benefits into life-enhancing experiences every employee will value and use. This is supported by an extensive package of preventative health benefits that protect the wellbeing of employees today and in the future.

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YouGov®

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 2056 adults. Fieldwork was undertaken between 3rd-4th December 2020. The survey was carried out online. The figures have been weighted and are representative of all UK adults (aged 18+).

