

Telepsychiatry Solutions

As the industry leader and a trusted partner to health organizations nationwide, InSight + Regroup offers unparalleled resources and expertise across the continuum of care.

Why InSight + Regroup?

Premier Provider

As the nation's leading and largest provider of telepsychiatry services, InSight + Regroup leverages its deep pool of telebehavioral health specialists to deliver high-quality care to partners and their patients.

Care Across the Continuum

With scheduled, on-demand and direct-to-consumer care available, InSight + Regroup's unmatched breadth of services helps health systems and other organizations meet patient needs in any clinical setting.

Committed to Partner Success

InSight + Regroup seeks to form long-term strategic partnerships, providing partners with implementation, IT, regulatory insight and trusted guidance to help them build and deliver successful telepsychiatry programs.

Benefits of Telepsychiatry

1 Increases patient access

2 Optimizes clinical care costs

3 Supports regulatory compliance

4 Reduces recruitment and retention costs

5 Creates new revenue opportunities



77%

of healthcare organizations believe that telepsychiatry significantly increases patient access to mental health services.

Our Telepsychiatry Services

Scheduled Services

Expand access, augment in-house resources and support continuity of care by scheduling a consistent clinician or small group of clinicians to serve a regular caseload during scheduled hours. Our clinicians are well-versed in coordinating care across a care team and chart directly into your electronic health record. Organizations can access adult, child and adolescent psychiatrists; psychiatric nurse practitioners; therapists; and other levels of mental health professionals, and schedule them hourly to provide:

Capacity and Expertise

- Assessments
- Medication management
- Supervision
- Treatment team meetings

Services for Any Setting

- Community mental health centers
- Primary care sites
- Correctional facilities
- Colleges and universities
- Tribal health and wellness centers
- Residential facilities

On-Demand Services

Reduce psychiatric boarding and quickly determine the most appropriate, least restrictive level of care via on-demand psychiatric evaluations. InSight + Regroup offers access to experienced clinicians when and where you need them, providing behavioral health coverage and enhancing the bandwidth and expertise of in-house staff. Our clinicians chart directly into your electronic health record and are available on an on-demand basis to provide:

Capacity and Expertise

- Psychiatric evaluations
- Rounding
- After-hours admissions
- Crisis intervention and screening
- Consultation with onsite care team

Services for Any Setting

- Hospital emergency departments
- Psychiatric crisis centers
- Inpatient units
- Correctional facilities
- Other organizations requiring as-needed assessments and care



Direct-to-Consumer Services (Inpathy)

Inpathy is InSight + Regroup's unique direct-to-consumer division designed to bring life-changing behavioral healthcare directly into people's homes or any place they choose through secure, convenient online video calls.

About InSight + Regroup

InSight + Regroup is the leading and largest telepsychiatry service provider in the U.S. with a mission to transform access to quality behavioral healthcare. Its size, diversity of services and extensive experience and expertise have helped establish it as an industry thought leader that has helped to shape the field, define the standard of care and advocate for improved telepsychiatry-friendly regulations. To learn how InSight + Regroup can help your organization deliver quality behavioral healthcare, visit InSightTelepsychiatry.com and RegroupTelehealth.com.