

# MEMBER AGE LIMITS

## Age 0-3

**Inside of Fitness: Track Only!**

Child must be in a stroller, backpack, carried, or within arms reach of Adult (21 or older) at all times.

## Age 4-9

**Inside of Fitness: Pickleball courts, member basketball court, track, and ninja warrior. (Weight Area/Turf and Cardio Deck are strictly prohibited)**

All above require DIRECT Adult (21 or older) Supervision at all times.

## Age 10-15

Same as 4-9 unless Jr. Certified.

This age group is entitled to become Jr Certified, which entitles them the following (without adult supervision)

**Inside of Fitness: Pickle-ball courts, member basketball court, track, ninja warrior, turf, and Jr. Certification approved equipment both upstairs and downstairs as well as group fitness classes.**

## Ages 16 plus

Full Access!

**\*\*\*Hotel guests ages 18 years or older receive complimentary fitness access during their stay. They need to do the following:**

- \*Complete a Waiver at the hotel desk
- \*Receive a Silver Wristband
- \*Wear the Wristband at all times
- \*\*\*Ninja Warrior is NOT included in hotel stay

