

Group Fitness Instructors



Jennifer Durbin – BODYPUMP, Les Mills CORE, GRIT, Yoga, ZONE, TRX, Senior Classes



Angie Haas-DeMarco – BODYPUMP, BODYFLOW, Les Mills CORE, Cycle, Senior Classes



Maria Hostetter – BODYPUMP, GRIT, Les Mills CORE, Cycle, ZONE



Crissy Lefevre – BODYCOMBAT, BODYATTACK, GRIT, ZONE

Group Fitness Instructors



Julie Lichvar – BODYPUMP, Les Mills CORE, Cycle



Maureen Metcalfe – BODYATTACK, BODYFLOW, STEP, BARRE, Yoga, ZUMBA



Jena Miller – BODYPUMP, BODYFLOW, Les Mills CORE, Cycle



Jennifer Miller – ZUMBA, BODYPUMP, BODYATTACK, STEP, TRX

Group Fitness Instructors



Tammy Peifer – GROUP FITNESS MANAGER, Senior classes, BODYPUMP, Les Mills CORE, BARRE, ZUMBA



Amy Siegrist – BODYFLOW, Les Mills CORE, GRIT, ZONE, Cycle



Hanna Spratford – BODYCOMBAT, GRIT



Michelle Zachery – GRIT, BODYPUMP, BODYFLOW, Les Mills CORE, ZONE, BARRE, Senior Classes