Friday, January 28, 2022

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We are providing weekly updates to keep you all informed on what is happening at our communities and organization-wide.

- 1. Living our Values in Action Special Shout-Outs from Staff
- 2. Health Canada has approved Pfizer's oral antiviral treatment
- 3. Let's all get Boosted!
- 4. Visitor Guidelines
- 5. Recreation Calendars
- 6. Great Opportunities for Caring People

We hope these weekly updates are helpful. Thank you all for your continued support.

Living our Values in Action - Special Shout-Outs from Staff

A little bird has been singing your praises!

Here is what Jeannette Cuthbert, Director of Care at Monashee Mews, has been singing about:

"The staff at Monashee Mews come to work every day and always put the residents first even when they're tired, sore, and hungry. They're always making sure the residents look their best. They sing and dance with them, tell jokes and have meaningful full one-on-ones with them. I am amazed at the selflessness they show. They make sure the residents are cared for before they care for themselves, and it just makes my heart so happy to see this day after day, regardless of what's happening."

Here is what Denise Brown, Office Manager at Harmony Court, has been singing about:

"We are truly grateful to our site leader Cindy Kahon for her strength and support. She has trudged through every day, keeping us calm and informed. She keeps the staff/team going during a crisis while maintaining professionalism and composure. Cindy rises to the challenge and leads the team, short of staff, long hours, early mornings, late evenings, all while maintaining respect for all aspects of her job. She is a true leader and one we all look up to and learn from."

Well said Jeannette and Denise, and WOWSER! What an amazing bunch of humans!



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Great News in the Fight Against COVID-19!

Health Canada has approved Pfizer's oral antiviral treatment for use in those who are 18 years and older! **This** is not a replacement for the vaccine, but an added line of defence against serious illness. Read the <u>January 25 news story.</u>

Here's a quick summary of the new drug called Paxlovid:

- It helps reduce symptoms of COVID-19.
- It's pill form, available only by prescription.
- It's important to begin taking as soon as infection is detected.
- Dose is heavy 30 pills over five days.
- Pfizer's clinical trials indicated that when taken within five days of infection, Paxlovid reduced risk of hospitalization by 85%.
- Canada presently has a limited quantity but more will be available in the coming months.



As this drug becomes more available, we look forward to hearing more from <u>Health Canada</u> about its application and efficacy.

Let's all get Boosted!

Vaccine effectiveness against infection may decline over time – especially with the highly transmissible Omicron variant – but they remain the best way to prevent severe illness and death. Additional doses can boost immunity to improve protection and limit spread.

Who can book:

 Anyone over the age of 18, 6 months after receiving your second dose.



How to book:

- Register with the Get Vaccinated system
 - You will receive an invitation to book a booster dose appointment about 6 months after the date of your second dose.

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Visitor Guidelines

Coming for a visit? Please familiarize yourself with these guidelines.

Download the Visitor Guide (PDF) -->

Please note that communities with an outbreak may have different visitation restrictions. Contact your community or <u>sign up for email updates</u> to stay informed on the latest information.



Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on resident well-being. At this time, visitors are not permitted to attend indoor recreations programming, including concerts. We appreciate your understanding.

Please note that communities with an exposure or on outbreak may have different recreation restrictions in effect. Contact your community or <u>sign up for email updates</u> to stay informed on the latest information.

View the Recreation Calendars for your AgeCare Community:

Brandt's Creek Mews	Cariboo Place
Monashee Mews	Mount Ida Mews

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at www.agecare.ca/hiring

