Friday, November 19, 2021

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. As such, we are providing weekly updates to keep you all informed on what is happening at our communities and organization-wide.

- 1. <u>Weekly Shout Out</u> Thank you to our teams in BC. We are incredibly grateful!
- 2. <u>Staying Safe In the Community</u> Reducing the transmission of COVID and Influenza.
- 3. <u>Visitor Guidelines</u> Everything you need to know for a safe visit.
- 4. <u>Booster Doses for AgeCare Staff</u> Booster doses of the COVID-19 for health care workers.
- 5. <u>Recreation Calendars</u> Staying active, intellectually stimulated, and socially connected.
- 6. <u>We're Hiring</u> Did you know AgeCare is hiring? Great opportunities for caring people.

We hope these weekly updates are helpful. Thank you all for your continued support.

Weekly Shout Out

With the flooding, evacuation orders, and state of emergency, we wanted to take a moment to recognize our incredible teams in our BC AgeCare communities. Whether dealing with power outages or welcoming evacuated residents from other Long-Term Care communities, your dedication to providing high-quality care and services is astounding.

We are incredibly grateful for each and every one of you. Thank you for your unrelenting efforts in ensuring the safety of all our residents within our AgeCare family.

Staying Safe in the Community

While COVID-19 case numbers and hospitalizations have dropped since the height of the pandemic's fourth wave, when things get colder, more and more events begin taking place inside, increasing the likelihood of COVID-19 transmission. It's also now flu season, and we expect to see an increase in respiratory symptoms and other illnesses, including seasonal influenza.

Measures like wearing masks, staying home when sick, practising good hand hygiene and limiting the number of in-person interactions will reduce the likelihood of both COVID-19 and flu transmission.

Getting your Flu Shot

On October 19, 2021, the Ministry of Health announced a universal influenza immunization program. Influenza immunization is a priority this year, with the unique circumstances of the COVID-19 pandemic and the strain it has put on the healthcare system.

All British Columbians are being encouraged to protect themselves and those around them against influenza this year by getting a flu shot.

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Visitor Guidelines

<u>Visitation guidelines</u> are in effect requiring all eligible persons over the age of 12 to be fully vaccinated.

Care starts at the door, so please be kind when asked by our greeters to check in. If you have any questions or concerns regarding our visitor guidelines, please contact your General Manager or Administrator directly.



Note that Communities with an exposure or on outbreak may have different restrictions in effect. Contact your community or <u>sign up for email updates</u> to stay informed on the latest information.

To allow for screening, visiting hours are:

Harmony Court

Daily, 9:30 am to 12:00 pm 1:30 pm to 5:00 pm 6:30 pm to 8:00 pm Brandt's Creek Mews Daily, 8:30 am – 5:00 pm Cariboo Place Daily, 9 am – 12 pm | 1 pm – 5 pm Monashee Mews Daily, 9:00 am – 5:00 pm Mount Ida Mews Daily, 9:00 am – 5:00 pm

Please familiarize yourself with these guidelines should you choose to visit. <u>Download the Visitor Guide (PDF) --></u>

Booster Doses of the COVID-19 Vaccine for Staff

Booster doses of the COVID019 vaccine are now being offered to health care workers. AgeCare is encouraging all eligible staff to book their booster dose to help protect themselves, their family, community, and residents.

Read more at **Booster Dose for Health Care Workers** and **BC Centre for Disease Control**

Recreation Calendars

Our recreation team is working hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on resident well-being.

At this time, visitors are not permitted to attend indoor recreations programming, including concerts. We appreciate your understanding.

View the Recreation Calendars for your AgeCare Community:

Harmony Court Care Centre	Brandt's Creek Mews - Coming Soon	Cariboo Place - <i>Coming</i> Soon
Harmony Court Estate	Monashee Mews	Mount Ida Mews

AgeCare Weekly Update

Friday, November 12, 2021

Please note that communities with an exposure or on outbreak may have different recreation restrictions in effect. Contact your community or <u>sign up for email updates</u> to stay informed on the latest information.

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at www.agecare.ca/hiring

