AgeCare Weekly Update

### Friday, November 26, 2021

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. As such, we are providing weekly updates to keep you all informed on what is happening at our communities and organization-wide.

- 1. <u>Weekly Shout Out</u> Thank you to the Calgary Wildlife Rehabilitation Society for their visit.
- 2. <u>Getting your Flu Shot</u> Protect yourself and those around you against influenza.
- 3. <u>COVID-19 Vaccine for Children Under 12</u> Appointments for the 1st dose of the Pfizer are available
- 4. Vaccine Record with QR code How to get your QR vaccine record.
- 5. Visits, Outings and Overnight Stay Guidelines Everything you need to know for a safe visit.
- 6. <u>3rd Dose for AgeCare Staff</u> Third doses of the COVID-19 vaccine are now being offered to front-line health care workers.
- 7. <u>Recreation Calendars</u> Staying active, intellectually stimulated, and socially connected.
- 8. <u>We're Hiring</u> Did you know AgeCare is hiring? Great opportunities for caring people.

We hope these weekly updates are helpful. Thank you all for your continued support.

### Weekly Shout Out

Retirement Living residents at Midnapore Estate had an exciting visit from this beautiful Great Horned Owl last month! The <u>Calgary Wildlife Rehabilitation Society</u> (<u>CWRS</u>) taught us all about this special bird and the work they do to treat injured and orphaned wildlife. Needless to say, he had many admirers from residents and staff.

# Getting your Flu Shot

Influenza immunization is a priority this year, with the unique circumstances of the COVID-19 pandemic and the strain it has put on the healthcare system.

All Albertans, aged five and older, are being encouraged to protect themselves and those around them against influenza this year by getting a flu shot.



Visit immunizealberta.ca to learn more and book your flu shot.

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## COVID-19 Vaccine for Children Under 12

As of Nov. 24, appointments for the first dose of the Pfizer vaccine are available for children 5 – 11 years of age. However, these children will not be subject to Alberta's restrictions exemption program at this time.

To continue to provide a safe place for your loved one, we encourage families with younger children, who may be visiting their loved ones in our communities, to consider the vaccine for their younger children. if you have any questions about getting your children immunized we recommend talking with their pediatrician or family physician. For more information on the Pfizer vaccine for children, visit <u>ahs.ca</u>.

To book the Pfizer vaccine for your child under 12, visit ahs.ca/vaccine or call 811

## Vaccine Record with QR Code (UPDATED)

All of our communities are now fully equipped to scan the Alberta Vaccine QR codes

### QR Code for Travellers

Alberta's vaccine record is now up to date to meet the recommended Canadian standard for domestic and international travel. It includes middle names, and the record is in both official languages.

There is no need for Albertans, who already have a QR code vaccine record, to save or reprint the updated version if they do not intend to travel. You can continue to use your current QR vaccine record to visit your loved one and access local businesses and venues taking part in the Restrictions Exemption Program (REP).

### How to Get your Vaccine Record

Albertans turning 12 and older can get their vaccine record with a QR code at alberta.ca/CovidRecords.

- It's fast and easy no account required. Enter your personal healthcare number, birthdate, and month and year of vaccination.
- Download your card and print it out, or save it on your phone.
- If you were vaccinated recently, it might take up to 2 weeks for your records to be available online.

For help accessing or printing a vaccine record:

- visit a participating Registry Agent to print your record at no cost
- call 811 to have your record mailed to you
- go to alberta.ca/CovidRecordsHelp if you need technical assistance

### Safe Visits, Outings and Overnight Stays

Visitation guidelines with continuous masking are in effect.

Communities on outbreak may have different visitation restrictions in effect. Contact your community or <u>sign up for email updates</u> to stay informed on the latest information.

Coming for a visit? Please familiarize yourself with these guidelines. <u>Download the Visitor Guide (PDF) --></u>



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### **Outings and Overnight Stay Guidelines**

Residents are welcome to go on community walks, outings, and overnight stays as long as they follow all of the <u>current provincial guidelines</u>.

As cases continue to be high throughout the province, we must remain diligent and take steps to keep ourselves and our loved ones safe. **Guidelines are in effect to ensure** <u>outings and overnight stays</u> are as safe as possible.

The safety of our residents and staff remains our top priority. Please download our <u>Outings & Overnight Stays Guidelines (PDF) --></u>



# Third Doses of the COVID-19 Vaccine for Staff

Third doses of the COVID-19 vaccine are now being offered to health care workers. AgeCare is encouraging all eligible staff to book their 3<sup>rd</sup> dose to help protect themselves, their family, community, and residents.

#### Read more at 3rd Dose for Health Care Workers and at Alberta.ca

## **Recreation Calendars**

Our recreation team is working hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on resident wellbeing. View the Recreation Calendars for your AgeCare Community:

AgeCare Columbia	AgeCare Seton
AgeCare Glenmore	AgeCare Skypointe
AgeCare Midnapore	AgeCare Sunrise Gardens
AgeCare Orchard Manor	AgeCare Valleyview
AgeCare Sagewood	AgeCare Walden Heights

Please note that communities on outbreak may have different recreation restrictions in effect. Contact your community or <u>sign up for email updates</u> to stay informed on the latest information.

## We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at <u>www.agecare.ca/careers</u>

