

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We are providing weekly updates to keep you all informed on what is happening at our communities and organization-wide.

- 1. Shout-Out to our Residents
- 2. COVID-19 Update
- 3. Visitor Guidelines
- 4. Outings and Overnight Stay Guide
- 5. Let's all get Boosted!
- 6. Recreation Calendars
- 7. Great Opportunities for Caring People

We hope these weekly updates are helpful. Thank you all for your continued support.



AgeCare Weekly Update

#### Friday, February 18, 2022

## Shout-Out to our Wonderful Residents

The AgecCare family is blessed to have so many kind, patient, good-natured residents who never fail to offer a smile or cheerful comment to others! The impacts of this pandemic and the safety precautions that followed have been hard on everyone, but many of our cherished seniors seem to take these changes in stride... perhaps harvesting seeds of wisdom from their many years of living and learning.

This week we pay special tribute to our residents. You are our heroes and our greatest source of purpose, inspiration and joy.

## COVID-19 Update

If step two is implemented as planned for March 1, members of the public can look forward to:

- Mandatory work-from-home requirement lifted
- Indoor and outdoor social gathering limits lifted
- Capacity on all large venues and entertainment venues lifted.
- Removal of youth screening activities for entertainment and sports activities.
- Indoor masking is no longer required.
  - **NOTE**: continuous masking is still required in continuing care homes across Alberta.

## Visitor Guide

As per the latest order from the Chief Medical Officer of Health (CMOH), **our continuous masking and current** <u>Visitor Guidelines</u> remain in effect until further notice.

Remember! Help us limit potential exposure to COVID by only visiting with your loved one – not in group settings.

Coming for a visit? Please familiarize yourself with these guidelines. Download the Visitor Guide (PDF) -->



## Outings and Overnight Stay Guide

As per the latest CMOH order, our Outings and Overnight Stay Guide has been updated.

For the safety of residents and staff, please download and follow our Outings & Overnight Stays Guidelines (PDF) -->

#### **Fully Vaccinated Residents**

If the absence is greater than 24 hours, fully vaccinated residents will be:

□ screened for symptoms for 10 days.

If the resident develops symptoms, the resident will be immediately be placed on contact and droplet isolation and their family will be notified.

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### Not Fully Vaccinated Residents

If the absence is greater than 24 hours, residents who are not fully vaccinated will need to wear a mask for 10 days in common areas, except when eating or drinking. Medical masks will be provided.

In addition, the resident will be:

- □ screened for symptoms for 10 days, and
- □ rapid antigen screened on days 1, 3 and 7.

*Note:* Residents who have tested positive for COVID-19 in the past 21 days will not be required to be rapid antigen screened to prevent false positives.

If any rapid antigen screening result returns as positive for COVID-19 or the resident develops symptoms, the resident will be placed on contact and droplet isolation and their family will be notified.

All other outings and overnight stay guidelines remain in effect.

## Let's all get Boosted!

Vaccine effectiveness against infection may decline over time – especially with the highly transmissible Omicron variant – but they remain the best way to prevent severe illness and death. Additional doses can boost immunity to improve protection and limit spread.

#### Who can book?

• Anyone over the age of 18, five months after your second dose.

#### How to book:

• Book online or by phone here or call 811.

Visit bookvaccine.alberta.ca or call 811 to book your 3rd dose.





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## **Recreation Calendars**

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on our residents' well-being.

Please note that communities on outbreak may have different recreation restrictions in effect. Contact your community or sign up for email updates to stay informed on the latest information.

#### View the Recreation Calendars for your AgeCare Community:

AgeCare Columbia	AgeCare Seton
AgeCare Glenmore	AgeCare Skypointe
AgeCare Midnapore	AgeCare Sunrise Gardens
AgeCare Orchard Manor	AgeCare Valleyview
AgeCare Sagewood	AgeCare Walden Heights

## We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at <u>www.agecare.ca/careers</u>

