



Friday, December 17, 2021

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. As such, we are providing weekly updates to keep you all informed on what is happening at our communities and organization-wide.

1. [Holiday Greetings](#) from all of us, to all of you.
2. [COVID Updates](#) from the Alberta Government including Rapid Tests, 3rd Doses, and Social Gatherings.
3. [WOW – Tickets are Rolling In!](#) - Give the 'gift of a lift' to those you appreciate at AgeCare.
4. [Visitor Guide](#) – Everything you need to know for a safe visit.
5. [The Importance of Being Immunized](#) – Protecting yourself and others against influenza.
6. [Recreation Calendars](#) – Staying active, intellectually stimulated, and socially connected.
7. [We're Hiring](#) – Did you know AgeCare is hiring? Great opportunities for caring people.

We hope these weekly updates are helpful. Thank you all for your continued support.

Holiday Greetings

Greetings to you all - our cherished friends, residents and family members. As the holiday season blankets us in bright lights and shiny decor, may each of you know the true meaning of love and joy, and may you uncover new and precious moments to fortify your spirit for days ahead.

Whatever you wish for, whatever makes your eyes twinkle and your heart sing, this is what we wish for you this holiday season.

From all of us, to all of you, Oh Happy Holidays!





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COVID Updates from the Alberta Government

We are pleased to bring you Alberta's COVID-19 updates announced on December 15th.

Rapid Test Kits

As of today, Rapid Test kits containing five tests will be available to Albertans free of charge at select AHS locations and pharmacies while supplies last. This will allow Albertans to do a simple COVID test at home. Learn more at alberta.ca/rapidtesting

3rd Doses of

Albertans aged 50 and older and all health care workers are now eligible for a third dose provided it has been 6 months or longer since their previous vaccine. Visit bookvaccine.alberta.ca or call 811 to book an appointment.

Indoor Social Gatherings

Indoor social gatherings are no longer limited to two households. Indoor social gatherings can now be up to 10 vaccinated or unvaccinated adults. There are no limits for children under the age of 18.

Individuals attending larger gatherings should do their best to wear masks and physically distance where possible. In addition, it is strongly recommended that [Rapid Antigen Test Kits](#) are used to test attendees – especially if they are unvaccinated.

Outdoor Social Gatherings

Outdoor social gatherings remain limited to a maximum of 20 people, with 2-metre physical distancing between households at all times.



PLEASE NOTE:

Our outings & overnight stay guidelines remain in place.

If you are planning on gathering off-site with a resident,

[Please download the Guide \(PDF\) -->](#)

WOW – Tickets are Rolling In!

Thank you for WOWing us with your incredible praise and appreciation! You have no idea what a lift it gives staff when people take the time to share the positive impacts they make on a daily basis! It is truly heartwarming for us all. Here are just a couple of the many awesome comments we have received:

“This Team performs duties and responsibilities for me as I can no longer look after my husband's care. I feel secure knowing that this team tries their best to keep my husband comfortable and feel cared for. It isn't always easy for the Staff to be perfect, but they come pretty close! I can sleep at night knowing he is looked after. Thank you, each and every one who have contact with my husband. Because of you I have enjoyed a few extra years of life. May God's blessings be upon each and every one of you according to your ability to receive,” – Delena

“The wonderful staff have made the transition into a more assisted lifestyle very comfortable. They are kind and supportive and always ready with a smile and greeting. We love the feeling of belonging and appreciate



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everyone going above and beyond to ensure a safe and happy environment. Thank you so much you are greatly appreciated!" – David and family

Please remember, you are invited to WOW us whenever the spirit moves you and as often as you like throughout the year. For those who are new to AgeCare's WOW Ticket concept, here is all you need to know to give the 'gift of a lift' to those you appreciate at AgeCare:

- Fill out a [WOW ticket online today](#)

OR

- Look for our **WOW tickets** next to the nomination box in your community.
- Fill in the **WOW ticket** by naming your recipient and sharing what they mean to you.
- Give your 'special recipient' the coloured copy and put the yellow copy in the nomination box.
- Enjoy the feeling that you have made someone's day, and you are helping spread the AgeCare '**LOV.**' (*Living Our Values)



Visitor Guide

[Visitation guidelines](#) with continuous masking are in effect.

Communities on outbreak may have different visitation restrictions in effect. Contact your community or [sign up for email updates](#) to stay informed on the latest information.

Coming for a visit? Please familiarize yourself with these guidelines.

[Download the Visitor Guide \(PDF\) -->](#)



The Importance of Being Immunized: Influenza

As the COVID-19 pandemic continues to be a serious concern, we are also preparing for the increased spread of another virus: influenza, more commonly known as the flu.

Flu cases were low last year because we were in a province-wide lockdown. This year, however, more people are socializing in-person, commuting to work, travelling, and being out and about in the community.

This means we will likely see an increase in all viruses compared to last year, including COVID-19 and the flu.

To help protect our residents, who are most at risk of experiencing serious complications due to the influenza virus, we hosted flu clinics at all of our sites. We encourage you and your families to help keep yourselves and our residents safe and healthy by booking your free flu shot this year.

Visit immunizealberta.ca to learn more and book your flu shot.



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Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on resident well-being. **View the Recreation Calendars for your AgeCare Community:**

AgeCare Columbia	AgeCare Seton
AgeCare Glenmore	AgeCare Skypointe
AgeCare Midnapore	AgeCare Sunrise Gardens
AgeCare Orchard Manor	AgeCare Valleyview
AgeCare Sagewood	AgeCare Walden Heights

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at www.agecare.ca/careers



WE'RE HIRING!
Great Opportunities for Caring People