



Friday, January 7, 2022

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We are providing weekly updates to keep you all informed on what is happening at our communities and organization-wide.

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We hope these weekly updates are helpful. Thank you all for your continued support.



A Special Message to our Staff and Partners

These are challenging times for all of us, on so many different fronts. Some of you are dealing with kids out of school – or kids going back which might also feel equally stressful. Some are dealing with parents who are unwell or experiencing anxiety around the pandemic. Some are propping up friends and family when you could use a little propping up yourself. ALL of us in this AgeCare family are working under extreme stress and pressure; perhaps working during a pandemic tops the list of challenges you are facing at this moment.

But don't forget that as impossible as things might seem, we will get through this, and we will get through it together. We have some of the most extraordinary people in our AgeCare family, just look around you, and then look in the mirror. You are all doing your very best, and your very best is heroic.

Thank you for your unfaltering efforts to ensure our residents receive the care they need and deserve. Your efforts matter. We notice. Thank you.



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Outings & Overnight Stays

Residents are welcome to go on community walks, outings, and overnight stays as long as they follow all of the [current provincial guidelines](#).

If a resident is absent from the community for more than 24 hours, they are required to:

- be Rapid Antigen Screened (RAS) at point of entry,
- be actively screened daily for COVID-19 symptoms,
- wear a medical mask when outside of their room for 14 days post-return, and
- be swabbed for COVID-19 on Day 3 and Day 7.

All other [outings and overnight stay guidelines](#) remain in effect.

For the safety of residents and staff, please download and follow our [Outings & Overnight Stays Guidelines \(PDF\)](#) -->



Visitor Guide & RAS Clinics

Our [visitor guidelines](#) with continuous masking remain in place for both Designated Family/Support Persons (DFSP) and Social Visitors. All visitors continue to be screened upon entry to the building.

Coming for a visit?

Please familiarize yourself with these guidelines.
[Download the Visitor Guide \(PDF\)](#) -->



All visitors are strongly encouraged to take a Rapid Antigen Test or visit our clinics before visiting their loved ones. [Rapid Antigen Screening Clinics](#) are available in each of our communities, including:

Columbia	Mon to Sun 9:30 am - 10:30 am 3:30 pm - 4:30 pm	Seton	Mon to Sun 5:30 am - 12:00 am (midnight)
Glenmore	Mon to Fri 7:00 am - 8:30 am 11:00 am - 7:00 pm Sat to Sun 9:00 am - 7:00 pm	SkyPointe	Mon to Sun 9:00 am - 9:00 pm
Midnapore	Mon to Sun 9:00 am - 12:00 pm 1:00 pm - 5:00 pm	Sunrise Gardens	Mon to Sun 6:15 am - 9:00 am 2:15 pm - 5:15 pm
Orchard Manor	Mon to Sun 6:15 am - 9:00 am 2:15 pm - 5:15 pm	Valleyview	Mon to Fri 9:30 am - 11:30 am 1:30 pm - 2:30 pm Sat to Sun 10:30 am - 11:30 am 3:15 pm - 4:30 pm
Sagewood	Mon to Sun 11:00 am - 7:00 pm	Walden Heights	Mon to Sun 9:00 am - 6:00 pm



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Reminder to Book Your 3rd Dose of the Vaccine

A third dose can help keep you, your family, your co-workers, and your community safe. Albertans over the age of 18 who are 5 months past their second dose are eligible.

Visit bookvaccine.alberta.ca or call 811 to book your 3rd dose.

Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on our residents' well-being.

Please note that communities on outbreak may have different recreation restrictions in effect. Contact your community or [sign up for email updates](#) to stay informed on the latest information.

View the Recreation Calendars for your AgeCare Community:

AgeCare Columbia	AgeCare Seton
AgeCare Glenmore	AgeCare Skypointe
AgeCare Midnapore	AgeCare Sunrise Gardens
AgeCare Orchard Manor	AgeCare Valleyview
AgeCare Sagewood	AgeCare Walden Heights

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at www.agecare.ca/careers



WE'RE HIRING!
Great Opportunities for Caring People