



AgeCare SkyPointe Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unprecedented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

To keep you informed, we will provide a weekly recreation update with highlights of the week.

Resident Safety During Activities

AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.

Highlights of the Week

SkyPointe Stampede

Residents and recreation staff have been busy preparing for SkyPointe Stampede. Stampede celebrations will begin **July 3, 2020 and run until July 12, 2020.**

On July 3rd, residents and staff from each neighbourhood will experience a stampede parade like no other! The recreation team will be travelling to each neighbourhood showing off a moving display reminiscent of past Stampede parades.



Group Programming

Residents will be receiving a July Program Calendar. Each neighbourhood will have programs scheduled during the month of July. Residents and family members can access all program calendars and July newsletters online at: www.agecare.ca/skypointe under *News and Events*.



Reflection Room

The reflection room is meant to serve and support all residents and the holistic wellness of the SkyPointe community. It allows individuals of all religious faiths and non-religious beliefs to experience a place for peace, prayer, meditation and/or reflection throughout the day.

- Please do not remove items that have been placed thoughtfully in this space.
- Please respect the sacredness of this by leaving food, drinks, electronics, and conversations outside.
- The room is able to comfortably accommodate up to 12 people at one time. Please be respectful of each other's quiet time and space.



Canada Day

There will be no recreation programming July 1, 2020. Residents will be celebrating the holiday with different programs on each neighbourhood throughout the week.



Outdoor Visits, Window Visits and Video Calls

Residents, family members and friends can book outdoor visits 7 days a week! SkyPointe will be using the south entrance roundabout for all outdoor visits.

- Visits will be booked for a maximum of 30 minutes. Each resident is allowed 2 visitors during one visit. All visitors must be an age of 18 years+.
- All visitors will be given a visitor number which corresponds with the visiting spot where they will be visiting with the resident.
- Visitors can park on the street outside of the roundabout. Please leave roundabout clear of vehicles for emergency purposes.
- Once visitors arrive, they will go to designated spot and await for staff to approach them to complete the visitor's acknowledgment form.
- Residents will be limited to either one visit or one video call per week. Due to the high demand for outdoor visits, video calls will only be booked during week days.
- All visitors must provide their own masks to wear for the visit and maintain safe social distancing for duration of visit.
- At this time SkyPointe asks that you do not bring coffee or treats to the visit. You are more than welcome to bring cards and flowers. Staff will assist passing items to resident.
- If weather is not ideal; raining, below 12 degrees, etc. the visit will be cancelled and rescheduled for another day.
- Any items related to laundry, care, or personal items for the resident's room must go through reception at the North entrance of the facility for tracking purposes.
- No pets are allowed during outdoor visits.
- Staff will be supporting visits to ensure safety measures are maintained and PPE is being used correctly.
- Window visits can be scheduled to accommodate inclement weather, hard of hearing residents and residents that struggle with wearing proper PPE.





Staying Connected With Your Loved One

Keep your eye out for our weekly updates. In the meantime, you can also check out our Facebook page @AgeCare (<https://www.facebook.com/agecare/>).

AgeCare SkyPointe offers 120 outdoor in-person and virtual visit sessions per week for residents and family to choose from. Contact Marlee Dukart, Recreation Therapy Manager for supportive living neighbourhoods at 587-619-6317 or mdukart@agecare.ca or Lynne Hogan, Social Worker for long term care neighbourhoods at 587-619-6384 or lhogan@agecare.ca

For instructions on how to use technology for our virtual visits, [click here](#).