



AgeCare SkyPointe Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unprecedented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

Resident Safety During Activities

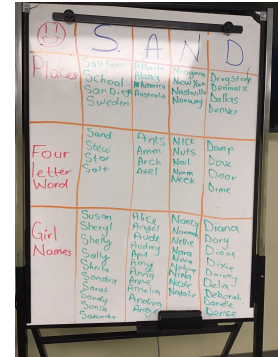
AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.

Highlights of the Week

Word Games & Puzzles

Word games and puzzle are popular on our supportive living neighbourhoods. This week residents were challenged in a Last Letter First Puzzle. How many words could they make from the last letter of each new word related to 'Summer'.



Summer Socials

Mocktails, ice cream, and freezies have been a hit during afternoon social hours. Residents have been able to enjoy the warm weather on the sun patios with a cool treat.



Mobile Monday

Each neighbourhood this past week participated in a summer craft. Resident's decorated homemade mobiles. Residents have hung them on their doors and in their windows.





Safe Visitation

AgeCare's Safe Visitation policy allows resident and visitors to remain socially and emotionally connected while staying safe and healthy. All visitors must understand the [risk of unknown exposure to COVID-19](#) for themselves and residents and assess their health before visits. Visitors must provide their name and contact information, and follow safe visiting practices, which include receiving a health assessment screening, having their temperature taken, completing proper hand hygiene, and bringing and wearing a mask.

Indoor Visits

To reserve a time-slot, call Reception at (587) 619-6363 [View Guide \(PDF\)](#)

Outdoor Visits

To reserve a time-slot, call Recreation at (587) 619-6317 [View Guide \(PDF\)](#)

Virtual Visits

To schedule a session, call Reception at (587) 619-6317 [View Guide \(PDF\)](#)

Facebook

Keep your eye out for updates on our Facebook page [@AgeCare.](#)