



AgeCare SkyPointe Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unprecedented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

To keep you informed, we will provide a weekly recreation update with highlights of the week.

Resident Safety During Activities

AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.

Highlights of the Week

SkyPointe Stampede Parade

Yahoo!

To kick off stampede week, residents and staff put on a spectacular stampede parade for each neighbourhood on July 3, 2020.

With a chuckwagon, roller skating marshall, country music float, community representatives and an AgeCare Stampede Princess; residents and staff cheered, laughed and reminisced about past parades.



Country Music

Country crooners and honky tonk music has been playing on each neighbourhood. Residents have had scheduled music programs to reminisce and sing-a-long to classic country tunes.



Pegasus Theater

Residents can enjoy classic western movies during stampede week. The recreation team has prepared a program plan that supports the enjoyment of movies in a safe and comfortable environment.

- Seating in theater will accommodate half capacity, allowing safe social distancing
- A maximum of 15 people will be allowed in the theater at one time
- There must be 2 theater seats in between each occupied seat and 6 ft. between each wheelchair
- Resident walkers will be parked outside of theater during program
- Theater programs are scheduled for each neighbourhood
- Staff will only accommodate residents from scheduled floor in the theater. No exceptions will be given at any time



Exercise and Active Games

Residents continue to enjoy exercise groups and active games that are scheduled on each neighbourhood.



Outdoor Visits, Window Visits and Video Calls

Residents, family members and friends can book outdoor in-person visits 7 days a week! SkyPointe will be using the south entrance roundabout for all outdoor visits.

- Visitations will only occur outside the building. There will be no visitations occurring inside the building – including indoor (enclosed) courtyards.
- Families must observe the limits of 2 adult visitors only. Visitors must be 18 years or older, and no pet visits at this time.
- Masks must be worn by all visitors and the resident. If you are unable to bring your own mask, one will be provided to you.
- The visits will be fully supervised by staff and are weather dependant.
- Visits may be discontinued if physical distancing of 2-meters and masking cannot be adhered to by the resident or family members.
- Families must not bring food or drinks but are welcome to bring cards or flowers. Staff will help ensure residents get the items.
- Residents who are in isolation are not permitted to visit outside. We encourage you to continue to meet with them through one of our virtual visits.
- Members of Recreation and AgeCare volunteers will help monitor these interactions to ensure appropriate physical-distancing.





Staying Connected With Your Loved One

Keep your eye out for our weekly updates. In the meantime, you can also check out our Facebook page [@AgeCare](https://www.facebook.com/agecare/) (<https://www.facebook.com/agecare/>).

AgeCare SkyPointe offers 120 outdoor in-person and virtual visit sessions per week for residents and family to choose from. Contact Marlee Dukart, Recreation Therapy Manager for supportive living neighbourhoods at 587-619-6317 or mdukart@agecare.ca or Lynne Hogan, Social Worker for long term care neighbourhoods at 587-619-6384 or lhogan@agecare.ca

For instructions on how to use technology for our virtual visits, [click here](#).